

Moist skin is the most

The newest facial treatments as we approach the '80s are aimed at keeping skin moist.

That simply means well supplied with water, and in Michigan, the water wonderland of the nation, this shouldn't be too difficult, I thought.

But, as facial specialist Kitty Wagner demonstrated, skin will not absorb moisture unless the water is combined with an absorbing agent.

You can try the test at home. First apply a little vaseline or baby oil to the back of your hand and then spritz the area with water. You will note that the water beads and simply slides around on top of the oil. Now, spritz the back of the other hand with water. It will simply run off the surface of the skin.

Next, smooth a small amount of moisture lotion or creme on your skin, spritz with water and watch the skin absorb all the moisture.

"Dry skin," Ms. Wagner explained, "is like a dry leaf. Put it in oil and it will stay dry. Put it in water and it will soften and plump up."

HER SPECIAL hydrating facials and products will do the same thing for the skin, she said. "The treatments plump the skin and wrinkles are less noticeable." Plumping the skin with moisture, of course, is a temporary visual effect but continued use of the moisturizing methods will keep the skin plumped-up and the results are younger, fresher looking skin.

Monthly facials have long been recommended as a necessary part of a woman's grooming routine. Salon treatments, done by a specialist and followed by proper home care, can keep skin more moist and supple.

Facials may be considered a luxury in this country, but in Europe, said Ms. Wagner, "a facial is a routine weekly experience for both men and women."

The object of a facial is to cleanse and thoroughly stimulate the skin. There is very little manipulation of the skin done today. Cleansing and toning products are floated on the skin. When massage is done, it is done very carefully to enhance the underlying muscle tone.

The special Kitty Wagner facial treatment for hydrating the skin begins with a thorough cleansing of the skin with hydrating cleansing milk. After

the fashion plate by Rustle Shand



Kitty Wagner and her daughter Suzette keep skin young by moisturizing.

the face is clean it is massaged with moisture creme and two teaspoons of water until all the water and creme have been absorbed into the skin.

"THIS MOISTURE massage also includes the neck, shoulder and decollete area," Ms. Wagner said, "because the new revealing fashions should also reveal a beautiful skin."

When the massage is completed, a vapor machine is used to fully penetrate the pores with moisture. "Then the skin is deeply cleansed and the circulation stimulated," Ms. Wagner said.

Next a creme masque is applied along with a hot compress which has been dipped in camomile tea to further relax and moisten the face. When this masque has cooled, a second masque is applied to close the pores.

The last step is the application of toning lotion which is used to refine the texture of the skin. A complete makeup follows.

Volunteers

The Oakland County Volunteer Bureau, a program of the Volunteer Action Center of United Community Services, has weekly listings of volunteer opportunities. Further information about these and other volunteer needs at over 200 agencies may be obtained by calling the bureau at 642-7272. Any non-profit group needing volunteer assistance also may call the bureau.

ACTIVITIES ASSISTANTS — Volunteers are now being recruited for a new physical education program at Wing Lake School, a Birmingham facility for retarded children. The goal of the program is to teach children simple activities they can do with their families during leisure time. Help is needed on a one-to-one basis to teach basic skills leading up to bicycling, hiking, roller skating, etc. Hours are flexible on Tuesdays or Thursdays during the school year. Volunteers work with teaching staff members.

ART COORDINATORS — Volunteers interested in increasing public awareness of art and new artists are invited to join forces with Cultural Arts, a Southfield Parks and Recreation Program. Coordinators visit public buildings to determine needs and requirements for wall paintings, contact area artists to determine their interest in hanging paintings, and follow through on the actual receipt and placement of art works.

SOUTHFIELD COURT WATCHER — Volunteers interested in attending sessions of the 46th District Court are being recruited by Southfield Court Watchers. Court Watchers attend sessions at their own convenience and complete report forms on the proceedings. Training is provided.

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Pioneer Women will show film

Israel Chapter of Pioneer Women will sponsor a film, "Roots of Hate," in conjunction with four other chapters at 12:30 p.m. Saturday, Oct. 27, in the Labor Zionist Institute, 2855 Middlebelt, Farmington Hills.

Following the film's showing, Norman Naimark, president of the Labor Zionist Alliance, and Harold Norris, professor of law at Detroit College of Law, will discuss the topic "Building Coalitions in a Pluralistic Society."

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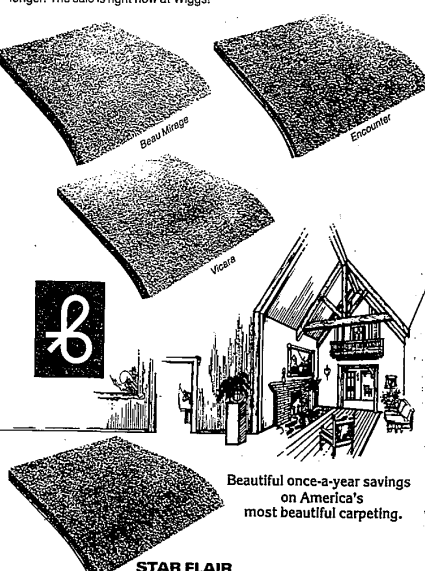
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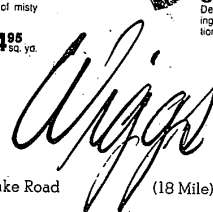
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