

# 'Women in Skilled Trades' is subject of seminar at OCC

The Womencenter and Job Placement Center of Oakland Community College (OCC) join to sponsor "Women in the Skilled Trades," a seminar set to run from 9:30 a.m. to 2 p.m. Saturday, Nov. 10, on the Orchard Ridge Campus.

The day's activities will include a speaker, a panel discussion, workshops and a film.

All events set for the day are without charge and open to women of all ages who are either working now in skilled trades, or want information about available careers in the trades fields.

"Women are a permanent and growing part of the work force now," said Mary White, speaking for the sponsors of the seminar. "Like their male counterparts, they want and need good jobs and good wages. So the objectives of the seminar are to provide accurate and current information related to getting into and staying in the skilled trades."

Participants will have an opportunity to talk with women currently working in a variety of trades or apprenticeships.

They will get a chance to hear what the problems and promises are for women in the skilled trades.

RONNIE SANDLER, project coordinator for "Step Up for Women" program at Lansing Community College, is the keynote speaker for the morning session.

Her talk, called "Women in the Skilled Trades: Where We've Been and Where We're Going," begins at 10 a.m. after morning registration and coffee. A workshop, called "What It Takes to

Get Into a Skilled Trades and Apprenticeship Program" begins at 10:30 a.m.

Participants who bring their brown bag lunch can eat from 11:30 to 12:30 watching the movie, "Why Not a Woman?"

The afternoon workshop, called "Personal Dialogue With Women Workers in the Skilled Trades," begins at 12:30 p.m.

The wrap-up panel, called "What Are the Problems Women Face in Getting Into and Staying in the Skilled Trades?" begins at 1:30 p.m.

Moderator is JoAnn Sharkey from Northern Michigan University. Panel members are Julie Smith, an instrument repairperson for Great Lakes Steel; Bob Riddle, area director for the U.S. Department of Labor's Bureau of Area Apprenticeship and Training; Alvin Schoalts, from American Motors Corp.; and Ms. Sandler.

Participants may attend any or all of the events.

In addition to about a dozen professionals to help women learn about the skilled trades fields, another dozen

women, now working in the skilled trades, will be on hand to answer questions.

Carpenters, lithographers, a ceramic tile setter, a semi truck driver, electrical apprentices, plant technicians and power plant operators will attend the seminar to talk about their fields.

Childcare will be provided.

Advance registration is not necessary.

The Orchard Ridge Campus is located at 27055 Orchard Lake Rd., Farmington Hills.

Farmington Observer

## Suburban Life

### Plastic surgery

## Are you ready? Is it worth it?

By LORRAINE McCLISH

More people of all economic and social levels are turning to plastic surgery to help nature along.

Men as well as women see it as a way to gain self-confidence, improve appearance, maintain a youthful look, bolster the ego, and even heal an emotional wound.

The most frequently performed types of plastic surgery are facelifts.

Another frequently performed, but less drastic, is the lifting of the eyelids. Then, perhaps the best-known, is for the nose, called rhinoplasty.

And most recently, plastic surgery performed on the body.

Mira Linder, the Southfield esthetician who is now working with plastic surgeons in the area both before and after the surgery is performed, says that the question, "I don't look my age, do I?" is one of the most often she hears.

"What those people are saying is, 'Am I still attractive?' because the desire to look one's best is basic in all of

us," she said.

Subsequent questions are, "Is it worth it?"

Or, "At my age, is it worth it?"

A FACELIFT creates a young appearance by lifting a sagging skin that is wrinkled and lacking in elasticity.

"Before the lift, however," Ms. Linder says, "it is important that the skin be in good condition. If it is dry and neglected, or has enlarged pores, the results of the facelift will be less satisfying than if the skin is well cared for."

She advocates special hydrating facial treatments with collagen or elastine as helpful in preparing the skin by improving its elasticity.

The same applies for those contemplating surgery to lift the eyelids. This can often make a dramatic improvement in appearance. It also removes age lines in the upper lip through a chemical peeling performed by the plastic surgeon.

"Many people are bothered by having a long nose," Ms. Linder said, "but fixing the nose may not, by itself, cre-

ate the desired new look."

Additional minor, but creative plastic surgery on the lips can, however, produce very satisfactory results.

"By making the lips slightly thicker, the proportion of nose to face can often be balanced and the overall appearance improved," she said.

"Often, as people grow older, their noses seem longer," she continued.

THE FACT IS that receding gums and lack of mouth support due to loss of teeth may have caused the upper lip to turn inward and form wrinkles around the mouth area.

The lip line is changed and the nose appears longer.

"Much of this can be corrected with the right kind of dental work," Ms. Linder said, "which itself is a boon to cosmetic surgery."

As to plastic surgery performed on the body, "The sculpturing skills of the plastic surgeon can correct a sagging stomach, enlarge or reduce the size of the breasts, and firm other parts of the body, as well," Ms. Linder said.

"But each case is individual and should be discussed thoroughly with the plastic surgeon, who will undoubtedly want to know a patient's reasons for, and expectations from, the surgery," she said.

She was quick to add that if the motivations seem unreasonable, or the hopes too high, the surgeon may be reluctant to proceed.

She believes that post-operative care is extremely important.

"Lymph drainage massage by a qualified esthetician can help reduce post-operative numbness and special cooling eye gels can help lessen discomfort after eye or nose surgery," she said.

THERE ARE always secret worries connected with plastic surgery.

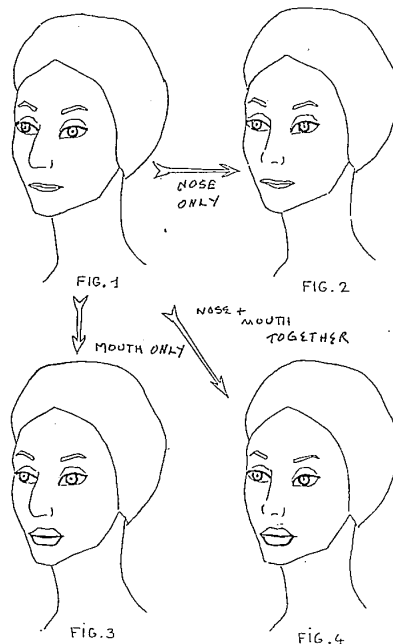
The most common one from Ms. Linder's clients are that the individual is going to look so different friends won't recognize them.

Or, conversely, that it is so late in life that any change would make no difference at all.

"Nonsense," says Ms. Linder. "Re-making your appearance may give you much more confidence and enjoyment out of life. It's never too late to improve yourself."

"Just make sure you shop well for your surgeon and know exactly what you want and what you can expect. I'll help you get your skin in good shape before you begin."

Esthetics of Mira Linder is located at 29583 Northwestern Highway, Southfield. She will give free consultations, by appointment, by calling 356-5810.



## Energy awareness events planned

In observance of November as Energy Awareness Month, Farmington Community Library's Young Adult Department has scheduled two free programs.

Both are designed to appeal to persons of all ages.

At 7 p.m. Monday, Nov. 5, Michael Melford talks about "Solar Energy: an Alternative Energy Resource."

Melford comes from Weskonson Company, a solar design-build firm, to talk on the fundamentals of solar energy. His program will be highlighted by a display of model solar structures, slide presentations and a feature film.

At 7:30 p.m. Wednesday, Nov. 14, Betty Shaw talks on "Consumer-Wise: How to Save On Utility Costs."

Ms. Shaw is the author of "Utility Bills Can Cost Less" and will give the audience timely consumer-wise tips to save both energy and money.

The Nov. 5 program will be given in the Farmington Hills Branch Library, 32737 12 Mile Rd.

The Nov. 14 program will be given in the Farmington Branch Library, 23500 Liberty St.

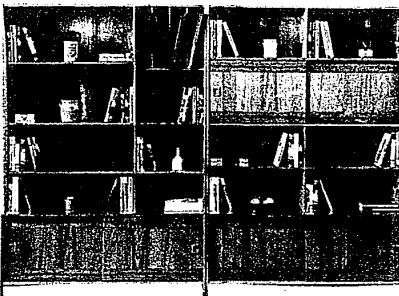


## 'Prisoner of Second Avenue'

Poor baby, little brother has lost his job and is now losing his grip on reality, in Neil Simon's comedy, "The Prisoner of Second Avenue." The play opens Friday, Nov. 2, on the Farmington Players' stage with Kathleen Monticello (at left), Ralph Rosati, John Powers, Sue Redmond and Joyce Moore. Curtain

time is 8:30 p.m. on Thursday, Friday and Saturday and at 7:30 p.m. on Sundays for the show that will run for three consecutive weekends. Tickets are on sale at the box office and can be had by calling the box office number, 477-1066.

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