

The majority come for treatment of depression

By LORAIN McCLISH

Every week 1,100 to 1,200 persons pass through the doors of the Midwest Mental Health Clinic's six facilities in metropolitan Detroit.

The majority come for treatment of depression and alcoholism according to Dr. Eugene Donovan, a Farmington Hills resident who is founder and director of the largest privately operated clinic of its kind in Michigan.

"The two may very well go hand in hand," Donovan said.

"I think our standard of living has progressed so fast in the past generation or two that people are wondering what went wrong. They are searching for a meaning as to what it (life) is all about," said Dr. Boyd K. Bresnahan, psychiatrist and director of the clinic operations in Troy and Frazier.

"It has to do with a style of living today that I call the front-porch-syn-drome," said Jeffrey Forsythe, director of outreach for the clinic's alcoholic treatment program in Plymouth.

"We used to sit out on our front porches where we were seen by everybody. Now we're hiding in our dens. Our family units are breaking down. We throw our seniors into nursing homes," Forsythe added.

ROBERT DILLABER, who directs alcoholism treatment programs at the clinic's two hospitals, said, "I have a son in Berkeley's school system whose friends in eighth grade are going to school high and getting busted. This is commonplace.

"You have to wonder what is going to happen to them later. Or what will happen to a girl in her child bearing years," Dillaber said.

"What will happen is that we're going to be suffering a loss in functioning people," Bresnahan answered. Midwest Mental Health Clinic has been in existence for 29 years, although its phenomenal growth has come in the past six. A staff of 80 now works in all mental health disciplines. There are four

out-patient clinics in Dearborn, Plymouth, Frazier and Troy, Deacons Hospital in Detroit and River District Hospital in St. Clair are also part of the organization.

Donovan, Bresnahan, Forsythe and Dillaber credit the growth to awareness of the troubled individual who realizes that help can be found, coupled with the professional's ability to give that help.

"There was a time in America when just focusing on getting enough to eat was about all one could handle," Bresnahan said.

"Now, you'd be amazed at just how many clients we get from out of the Yellow Pages," Dillaber added.

REFERRALS HAVE come generally from physicians, clergy and community service agencies, but most recently a big jump has come from business, industry and labor unions concerned with the employee with a problem.

Spotting the employee on the job in the early stages of depression or alcoholism has "had amazing success," Forsythe said.

The depressed person, sometimes for no obvious reason, begins to feel sad, lose interest in whatever is around, and has serious trouble sleeping or eating. This is turn often leads to alcoholism. Many experts describe alcoholism as the number one health problem in America today.

Psychotherapy alone is usually not sufficient to effect recovery. Clinicians are finding that psychotherapy must be mixed with medical management, education and participation in Alcoholics Anonymous (AA). The involvement of all members of the family is also important.

Anxiety-ridden persons, who live with constant inner tensions which can lead to panic, are also numerous. The sufferer may have no idea of the cause. According to Donovan, he faced out his one-man practise and opted to build his out-patient clinic "because one man



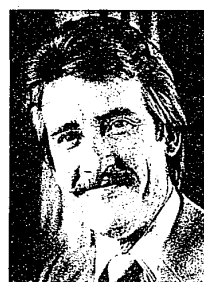
DR. EUGENE DONOVAN



DR. BOYD BRESNAHAN



JEFFREY FORSYTHE



ROBERT DILLABER

can't know everything."

"MOST OF US tend to be specialists today, so the more specialists the greater the diversification, and the more problems we are qualified to help."

He also believes there are many people in hospitals who do not have prob-

lems sufficient enough to warrant hospitalization.

Escalating medical costs was another reason for building the out patient clinic, Donovan added. A large clinic is able to keep costs down, he said.

"Medical costs have increased 10 per cent annually, while we've increased a

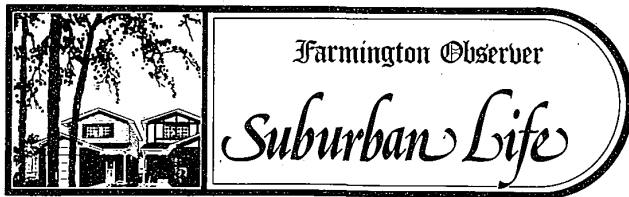
total of 12.5 percent since 1972," Donovan boasted.

Midwest Mental Health Clinic was the first organization to bring to hospital patients a program for alcoholics.

It is also conducting extensive statistical research on released clients. "We have the time and the staff to do that now," Donovan said.

The overall philosophy of the clinic is treatment for the whole person and his or her individual needs. It may be individualized treatment or participation with many different persons who touch the patient's life.

The clinic also operates a Psychiatric Crisis Service which is available 24 hours a day by calling 336-9110.



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Presbyterian women bring back SERRV Boutique

By LORAIN McCLISH

SERRV Boutique, the equivalent of an international gift shop, comes back to the area for the pre-Christmas season, administered by the Women's Association of First Presbyterian Church of Farmington.

The acronym stands for Sales Exchange for Refugee Rehabilitation. The boutique offers the handmade works of artisans from about 60 of the developing countries in the world.

Shopping hours run from noon to 8 p.m. Monday through Thursday, Nov. 5-8, in the fellowship hall of the church at the corner of Farmington and 11 Mile roads.

In observance of the Year of the Child, the boutique will stress the child's role in making many items in the sale.

"In many countries the children learn the handicrafts of the culture from their parents," said Ruth McKinnon, who chairs the boutique in Farmington Hills for the fifth consecutive year.

"A few examples of this where children learn at very young ages are wood

carving in Africa, braiding jute in Bangladesh and warping yarn in Guatemala," Ms. McKinnon said.

Some of the items coming to the boutique Ms. McKinnon singled out as being exceptional were brass from India, Korea and Hong Kong and "new and delightfully different Christmas tree ornaments."

PRESBYTERIAN women's associations from throughout the U.S. will be manning SERRV boutiques running from now until Christmas "giving persons with marketable skills but little or no market an outlet to sell their products and earn a livelihood," Ms. McKinnon said.

The operation is run on a non-profit basis with a high percentage of the retail price going to the producer.

SERRV is administered and operated by World Ministries Commission, a unit of the Church of the Brethren Service Commission.

Directors of the operation stress that the boutiques are not held to furnish a steady supply of moderately priced gifts for Americans, but to provide a

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Handwoven pieces in the SERRV Boutique coming to Farmington Hills next week come from the Sra Masaquea Family Workshop in Ambato, Ecuador. The Latin American country also produces beautiful

woodcarvings for the export market that is important for increased economic welfare of the craftsmen. Other items that come from Ecuador are made of straw, bamboo and macrame.

Artist club's new president is ready for next show and sale

Frank J. Lohan, newly-elected president and a longtime member of Farmington Artists Club, is giving the group's fall exhibit top pri-

ority. The exhibit will run Friday through Sunday, Nov. 16-18 in Mercy Center.

The biannual show and sale fol-

lows the tradition of past shows with two galleries, one juried and one open.

Another tradition is the unframed art section, where original art may be purchased for as little as \$1. The popular vote tradition is where guests vote for a favorite painting or piece in the show.

Lohan is well known in the art community for his expertise in the area of pen and ink drawings. He is the author of "Pen and Ink Techniques."

The book was published last year and was based on his notes and experiences, gleaned in the five years he taught the subject in several surrounding communities.

"Pen and ink is my first love," he said. "I have spent the last 28 years developing my personal techniques in this medium."

Lohan's work will be seen in the fall exhibit with an estimated 2,000 other pieces.

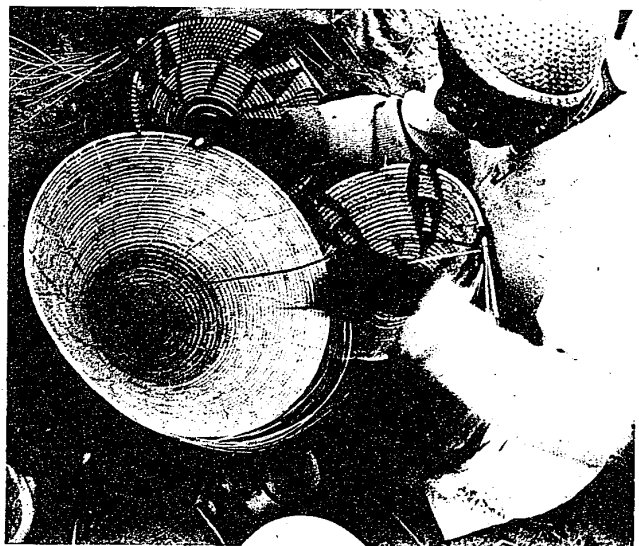
Charles McGee, an art teacher at Eastern Michigan University has been chosen as the show's juror.

Show hours are from 10 a.m. to 5 p.m. Friday and Saturday and from noon to 5 p.m. Sunday.

There is no admission charge. Refreshments are complimentary.



Frank Lohan, newly elected president of the Farmington Artists Club, confers with Ceil Surbrook on plans for the group's fall show and sale. The club is in its 17th year.



Botswana craft is a weaving unique to natives of Botswana, Africa, another country caught in the backwash of war, natural disaster or chronic poverty, where the basic need is income-producing ac-

tivity. SERRV offers a market for the crafts and returns a high percentage of the retail price direct to the producer.