

EMI problem mainly nuisance

What is EMI? I know it has something to do with air ways but not much else.

Robert H. Southfield

Electromagnetic Interference. Many articles in newspapers and magazines have dealt with the issue of EMI in the last few months, causing increased public interest and some concern. Paul Brodeur explored the subject of EMI in his recently published book, "The Zapping of America." Brodeur claims that the radiation associated with EMI is capable of causing long-range health problems in people frequently exposed.

Many of the problems associated with EMI however, are merely nuisances: mixed commercial radio signals, television programs jammed by

nearby CB or ham radio transmissions and one celebrated case of the toaster that actually burst out in song because of the powerful EMI caused by a nearby radio broadcasting tower.

I would like to reduce my use of hot water in as many ways as I can. My son and daughter like to wash their hair in the shower which results in long showers that occasionally even empty our hot water heater. What can I do to get them to use less hot water?

Mrs. A. T. Troy

Install a flow restrictor. The more expensive types are cylinders that fit between the shower arm and the shower head; the less expensive ones are in-

serts designed to be slipped into the threaded fitting of the shower head itself. The prices range from \$1-\$7. The restrictors do cut water usage but can also affect the shower quality.

So shop carefully for the type that best suits your families showering habits.

My 16-year-old son plays his stereo so loud that I am convinced he will damage his hearing. Do you have any literature I can give him to read that will support my fears? Or am I just an "old fashioned mother?"

Mrs. John D. Garden City.

The Environmental Protection Agency (EPA) estimates that 20 million or more Americans are exposed daily to

noise that is permanently damaging their hearing. So you're right to worry. Sound is measured in decibels. A soft whisper produces 30 decibels, freeway traffic 80 decibels at a distance of 50 feet, a chain saw over 100 decibels and a stereo up to 120.

Two booklets that may help convince your son of the dangers of prolonged excessive noise are available free from the EPA. "Noise: A Health Problem," discusses the various harmful effects of noise on sleep, safety and mental well-being. "Quieting in the Home" contains many practical and detailed suggestions for suppressing noise around the house. For your copies, write to: Office of Noise Abatement and Control, Environmental Protection Agency, Washington, 20460

School children may see Detroit history

Though historic Fort Wayne is closed for the winter, its education program continues. Yesterday On Tour, a "hands-on" history program, is being offered to schools and community groups throughout the metropolitan area.

William Phenix, curator of military history at the fort, said the program has been seen by thousands of school children in the tri-county area.

"The four participants in the program have traveled to many Detroit

schools as well as schools in Troy, Plymouth, Rochester and Birmingham," he added.

"Everywhere they have gone, they have created a greater interest in local and national history and historic Fort Wayne as well."

Billed as "a field trip without the cost, labor and expense of leaving school," Yesterday On Tour combines "Hardtack and Coffee," last year's popular outreach program on the Civil War, with "Les Français a Detroit,"

which deals with Detroit's 18th century French period.

As in last year's program, Michael Jones and Nora White of the fort's interpretive staff play the roles of Jacob Genner, a Civil War soldier, and Lydia Hall, a woman of the 1860s, as they demonstrate how people lived during that era. Their presentation includes discussions of Civil War army life, a typical soldier's uniform and equipment, and domestic life during the war—especially women's active contributions to the war effort.

This year, two characters have been added to the program, Dennis Charboneau and Jeanne Godfroy, portrayed by Dennis Charboneau and Jean

LaViolette, both also from the interpretive staff.

Through artifacts and story, they describe the life of the adventurous French "habitants" and "Coureur du bois" (rover of the woods) in 18th century Michigan.

Yesterday On Tour is available to school grades three through eight and limited adult presentations. Each program lasts approximately 45-60 minutes and is adaptable to shorter lengths. The fee for one presentation is \$35 but the cost is reduced when more than one presentation is scheduled at one location.

More information is available by calling Fort Wayne at 833-9776.

Assertion at Continuum in March

The Continuum Center for Adult Counseling and Leadership Training will offer a five-session program in assertiveness training March 1 to 29 at the Carriage House, Meadowbrook Hall, Oakland University.

The program will run from 9:30 a.m. to 12:30 p.m. Thursdays in this location, where it is being offered for the first time.

The training program, which is open to men and women of all ages, will be led by Judy Schneider,

of Franklin, a counselor on the Continuum Center staff.

For information on this program, contact the Continuum Center at Oakland University in Rochester, or telephone 377-3033.

Media careers to be explored

Transition 79, Detroit's fifth annual communications career conference, will be held Saturday in Roma's of Bloomfield.

Some 1,000 students and professionals are expected to attend workshops on careers in radio, television, newspapers, magazines, advertising, public relations and business communication.

Among the 24 seminars will be: "Buying and Selling Freelance Writing: Where's the Market?" "The New Woman Network—Helping One Another Along the Way," "Creating the 1979 New Horizon (Chrysler) Campaign," and "The New, Softer, Flashier News-

paper." In addition, the conference will present a daylong exhibit of communications technology, including word processing, photo typesetting and videotape systems.

For registration information, call 962-7225 or write Transition 79, 2630 Book Tower Building, Detroit 48226.

The conference is sponsored by The Adcraft Club, American Women in Radio and Television, The International Association of Business Communicators, the Public Relations Society of America, the Society of Professional Journalists, Women's Advertising Club and Women in Communications, Inc.

Nursery calls tots for registration

Mayfair Cooperative Nursery School is now accepting applications for its fall sessions for children who are 3-5 years old. The nursery classes meet in Orchard United Methodist Church, Farmington Road, south of Fourteen Mile.

Sessions run Monday, Wednesday and Friday mornings for the four year

olds, or in the afternoons for the four and five year olds.

Tuition is \$19 a month for the two day program, and \$26 a month for the three day program.

Inquiries and registrations will be taken by calling Mary Sue Munter, 477-0752.

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3. Unusual bleeding or discharge
4. Thickening or lump in breast or elsewhere
5. Indigestion or difficulty in swallowing
6. Obvious change in wart or mole
7. Hoarseness or change in voice
8. A fear of cancer that can prevent you from detecting cancer at an early stage. A stage when it is highly curable. Everyone's afraid of cancer, but don't let it scare you to death.

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