

# Men don't have to be helpless

Many men have been programmed by society to be dependent on women as far as household tasks are concerned. These individuals may be competent and reliable at work, said Farmington therapist Lew Zalewski, but at home they can't make coffee or start the washing machine.

"It's folly the way we have been trained to be dependent," said Zalewski, 50 per cent of whose practice is made up of males.

It will be the aim of the therapist to inspire men to want to change this situation in a workshop scheduled from 9 a.m. until noon Saturday, March 17, at Schoolcraft College.

Sponsored by the Women's Resource Center, the event will take place in Newman House on Haggerty north of Six Mile. It is titled "A Single Man Can More Than Just Survive." The fee is \$10. Men's dependence sur-

faces when he is left alone through divorce, death or separation, said Zalewski. "People tell him he ought to find a wife," he continued. "Males get married quickly after a divorce because of loneliness and because they can't take care of themselves. This is a generalization, of course, and it doesn't apply to all men."

"But many of them can be heads of corporations and not be able to cook."

"This kind of dependence is a heck of a way to thing on which to base a marriage. It is a sad reason for marriage."

The therapist, whose office is at 32425 Grand River, Farmington, does individual and marriage counseling. He has found that men feel very threatened when a wife no longer finds homemaking totally satisfying. They wonder,

"What will she need me for?" Women complain to him during counseling that their men are not tender and giving. Instead they are highly competitive and show little understanding of human emotions, and are not good fathers.

Men come to see him

because of two main crisis situations. Either his job or his marriage is going down the tube. Some say that things have gone bad and they want to turn their life around.

"Once they make a commitment to becoming more of a total human

being, they usually start growing and growing tremendously," said Zalewski.

"There are two elements that increase their chances of success. These are a woman who will be supportive in their effort of their spouse to grow, and male role models who are not totally macho."

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## Fertilizer sale launched

The Boy Scouts of Troop 179 have launched their annual early bird sale of fertilizer with members knocking on doors and others posted by telephones to receive sale orders.

The sale is the major fund-raising event for the troop to carry on troop activities.

The boys' Scoutmaster, Kenneth Milliken, urges participation in the sale, advocating it as both a community service and a method for the young men to learn as they earn.

Douglas Madaleno, chairman of the fund-

raising event will take orders at 478-5856.

Milliken will take inquiries on scout membership at 474-8806.

The sale of fertilizer is conducted by scouts from 11-18 years of age and will run through March 31.

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## Entertaining with a flair

Geri Rinschler concludes the Farmington Community Center's "Entertaining With a Flair" series beginning at noon Wednesday, March 14. "Italian Brunch" is the order of the day, demonstrated and prepared by the Birmingham woman who studied culinary art under Madeleine Kamman, of Modern Groumet in Boston and in France. Reservations are \$5, through the center at 477-8404.

## Family conference runs all day March 17

A day-long "Conference for the Family," begins at 9 a.m. Saturday, March 17 in Mersey Center, on Eleven Mile east of Middlebelt. The event is sponsored by Family Life Today.

William Greenman, a Christian Family counselor and psychologist in the Wayne Westland School District, will be the guest speaker. Marilyn Van

Wingerden, president and founder of Family Life Today, will also speak on the program which runs from 9 a.m. to 4 p.m. and from 6:30-8:30 p.m.

A complete brochure can be had by calling Family Life Today, and reservations can be made by calling 478-5699.



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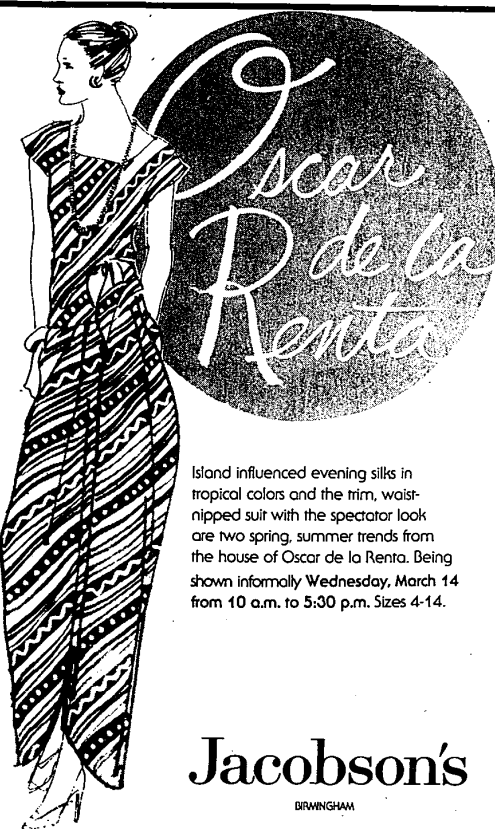
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