

## Leftover Turkey Pilgrim Fare Too

In the year 1621, Pilgrim housewives had many of the same Thanksgiving problems as homemakers of today. For instance, what to do with leftover turkey. According to Gov. Bradford's diary, they prepared a Thanksgiving feast that included, "as much fowle as with a little helpe beside, served the company almost a weeke."

That must have been a lot of turkey, because the governor invited Chief Massasoit and 80 of his Indian braves to join his hardy band of 54 Pilgrims for the first Thanksgiving dinner. Pity the poor Puritan women cooking turkeys and pumpkin pie with their primitive fireplaces and ovens. It was a far cry from today's electric ovens and electric roasters.

BUT THERE are a few things the early pilgrims did to celebrate Thanksgiving that we might well borrow today. Here are a combination of "then" and "now" hints for the celebration of Thanksgiving.

● Hang a basket filled with autumn leaves and Indian corn outside the front door for a decoration.

● Make a ceremony with the children of breaking the turkey wishbone.

● Pack small wicker baskets from the dime store with goodies for guests to take home: cookies, nuts, a bunch of grapes, some turkey slices and dressing wrapped in foil.

● Make a centerpiece by filling a wooden bowl with bitersweet and arrange a variety of nuts in it. Or hollow out a pumpkin, set a jar filled with water inside and fill with chrysanthemums.

● For something different on the menu, serve oyster stew in mugs in the living room before dinner or chop a quarter of a cup of pecans and press them into the pie crust before you add the pumpkin pie filling for baking.

● Finally, plan dinner for a time that won't interfere with the men watching the football game.



The Observer

## Women

### We Gather Together....



Thanksgiving, like all holidays, is family day for the James Dupuie clan that lives at 11305 Auburndale, Livonia.

Six young Dupuies all take part in the preparation of turkey and fixings.

"The older girls give the table a special setting and then they work on the dishes later," she adds. "The boys take care of clearing the table."

Before dinner, everyone enjoys watching the Thanksgiving Day parades on television. Gathered around the family's color set tomorrow will be Cheryl, 13; Denise, 12; Jimmy, 10;

Jerry, 8; John, 6, and Michelle, 4.

Mrs. Dupuie's mother, Mrs. Claude Knight, of Highland, is visiting the family this holiday, and all the Dupuies hope to have Grandfather Knight home from a hospital stay to join in the celebration.

And between parades, dinner and football games, they'll probably put in a long distance call for a Thanksgiving chat with Dupuie's parents in California.

Pictured here, from left, are Dupuie, Michelle, Jerry, Denise, Jim, Cheryl, John and Mrs. Dupuie.

## m. m. memos

When I was a kid we called them galoshes. Now they're known as boots.

They're better looking now, and if you read the ads you're convinced they are great fashion.

But as far as I'm concerned, they're still a blessing you can't really live without in Michigan winters but a bare no family can live with.

In the girls' early years, I used to dread the pulling and tugging of boot season. Several snowsuits I could take, but getting those darned boots onto several sets of small feet made me almost ready to forget any trip outdoors.

They do their own pulling and tugging now, but there are other problems.

One is the matter of inventory, which I never manage until the day of the first boot-style snow. This year, it turned out that everyone had a pair, and that seemed too good to be true. It was. One of the pairs of shoe boots is losing its lining and must be replaced.

Shoe boots, of course, bring their own woes. They require a shoe bag to tote the shoes back and forth, and I've found those bags one of the most perishable commodities on today's market.

Even worse, they require a memory to pick up the bag on the way to school and on the way home. And that's even more perishable.

Then, if by some miracle I manage to get every one's shoes going back and forth properly, there's still the problem of where to put all those boots at home. The natural spot is the middle of the front hallway, and I spend half my life fighting what comes naturally.

I'm afraid I'll never boot the boots. I'd just like to learn to live in peace with them.

— Margaret Miller

## Lecture Considers Prejudice



DR. ABRAHAM CITRON

Dr. Abraham F. Citron of Wayne State University will speak on social prejudice in a 7 p.m. lecture Tuesday, Dec. 2, in the Madonna College science lecture hall.

His talk is part of a Madonna lecture series called "Community and Social Issues."

He plans to describe ways in which children become prejudiced, pointing out sociological and cultural forces that produce feelings of "the rightness of whiteness."

THE SPEAKER also will emphasize factors of socio-psychological dynamics, conformity, pressure, selective perception and memory and stereo-type thinking.

Dr. Citron is an associate professor of education in the WSU department of educational sociology and also director of the Intergroup Relations Center in the University's College of Education.

HE IS FOUNDER of both the Metropolitan Conference on Religion and Race and the Greater Detroit Committee for Equality of Opportunity in Housing, and is executive secretary of the Bagley Community Council in northwest Detroit.

A native of Illinois, he earned his doctorate in sociology at Columbia University in 1952. Admission to the lecture is free.

## When Dorothy Sarnoff Speaks

### It's Time To Modulate Voices

By ELIZABETH WISSMAN

Probably no woman left the Farmington - Novi Soroptimist Club's Town Hall last week without modulating her voice.

The Town Hall speaker was Dorothy Sarnoff of New York, actress, stage star, singer and, more pertinent to the day's lecture, an expert in "speech cosmetics."

As Miss Sarnoff specified, her talk was "not a lecture, but a conversation on thoughts and observations on speech and conversation."

ENDOWED with a beautiful voice herself, and trained in public speaking and languages at Cornell University, Miss Sarnoff impressed on the women in the Northland Theatre audience that they too could speak in beautiful tones.

She listed rules and regulations applied in lessons at her Speech Dynamics, Inc., where brokers, advertising men, teachers and just plain people come to learn the technique of good voice.

"If you have a blemish on your face," she said, "you see it in your mirror. When one has blemishes of voice and speech, you don't know you have them. It is hard for us to realize that we are noxious in that department."

AT THE CELEBRITY Luncheon in Glen Oaks Country Club, Miss Sarnoff was asked how a person could find out if her tones were "noxious" without using a tape recorder.

Miss Sarnoff answered: "Put your nose in a corner and cup your ears. You will get a magnified sound that will tell you. Or put your nose in a magazine, but it's practically impossible to hear your own voice without a tape recorder unless you have a superb ear."

THE LADY had already made her audience very voice conscious during her lecture with such remarks as:

"I don't know why women buy all those aids to glamor and then open their mouths."

"The greatest aid to beauty a woman has is her voice."

SHE LISTED these voice "blemishes":

Nasality, stridency and shrillness, lack of projection, monotony of tone, speaking with clenched jaw, defective vowel and consonant pronunciation, slurring of "r's", padding of conversation with "you know," etc., speed talking by youth, physical distractors, lack of eye contact.

The speech expert also loves good conversation, remarking that she's allergic to alcohol,

but can "get drunk on good conversation."

"Conversation should be like a well-balanced meal," she pointed out.

SHE LISTED her "10 commandments" for being a good conversationalist.

Continued on Page 2C



GUEST — Dorothy Sarnoff (left), speaker at the Farmington-Novu Soroptimist Town Hall last week, chats with Pearl Briggs at the celebrity luncheon in Glen Oaks Country Club.

(Evert photo)

## Sorority To Offer Fellowship

Alpha Xi Delta, national social fraternity for women, is accepting applications for the annual \$1,500 graduate fellowship for study in the field of social service.

The award was made first in 1959 and is being continued because the group believes there is an increasing need for trained personnel to work with young people.

TO BE ELIGIBLE for the fellowship, applicants must have graduated from an accredited college or university

with at least a B average and be interested in working with children and combating juvenile delinquency.

Those interested may obtain applications from Mrs. Fred Sigmon, 42377 Hamill Lane, Plymouth, 48170.

Completed applications should be mailed to the sorority's national philanthropy chairman, Mrs. Robert F. Batchelder, 6186 Soledad Mountain Road, LaJolla, Calif., 92037. The deadline is Jan. 31, 1970.

IN KEEPING with its belief

that combating juvenile delinquency is a major objective in this nation, Alpha Xi Delta has made study in the area and the fellowship its major national philanthropy since 1958.

Members of the local Western Wayne County Alumnae chapter work with children in the Plymouth State home.

In addition to money gifts, they have made "Touch and Feel" books for the children, donated clothing, toys and sports equipment for older youth. They also have made arrangements for field trips.

## New RSL Program

### You Are Needed As A P.A.L.

There are 400 people in the Plymouth State Home who need pals — so the Redford Suburban League is going after them with a P.A.L. program.

Presents And Love is the full name of the league's new project, and the women hope to have it in full swing before Christmas.

The idea is to find someone to be a special pal to each of the 400 "forgotten" folks, ranging in age from infancy to 40 years, in the state home for the mentally retarded.

These people either have no families in this area or are large, neglected by their relatives.

MRS. GORDON BRASCH, president of the RSL and a longtime worker with the retarded and emotionally disturbed, conceived the idea of providing a pal for each of the forgotten ones.

The decision to go to the community for help came because the Redford Suburban League numbers just 284 and most members of busy women.

"The league has always worked for the Plymouth State Home," explained Mrs. Rene, "but this is the first

time we've gone outside for help.

"We feel this is a fine opportunity for women who can't help in other ways, since it doesn't require visiting — just sending cards and gifts."

EACH VOLUNTEER in the P.A.L. program will ask to be a pal to one patient, by sending a small gift at Christmas and birthday time and a card

every month. The cards are to be signed "Your Pal."

"If there is no specific card for a given month," a league statement said, "an attractive Secret Pal card would be fine."

For a child, a balloon, a stick of gum or anything small enough to slip in the envelope would be an additional surprise. Five dollars could cover the expense for a whole year.

All who indicate an interest

in the program will be given full details on sizes and special preferences for the person assigned to them.

Those participating may choose sex and age bracket if they wish, and these will be honored as closely as possible.

"This is not a temporary arrangement," the RSL statement said. Those who take a name will be asked to notify the league if they wish to dis-

continue, so that the patient may be reassigned.

Cards will be mailed direct to the home, and gifts will be sent to a member of the RSL volunteer services committee for delivery.

Those interested in the program are asked to call Mrs. Rene, KE 4-1746, or Mrs. Virginia Schuere, KE 4-9070.



tents of the home. From left are Mrs. Gordon Brasch, holding Charlie, Peter Schweitzer of the PSH staff and Mrs. William Schuere holding Sally.

(Observer photo.)

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