

# Witch Watch

by GUNDELLA



## Crystal ball projects subconscious images

Dear Gundella:

I was given a crystal ball for my birthday, and I don't know how to use it. I think I am quite psychic, but I haven't been able to see a thing in it. Can you tell me the right way to use it?

Stacey M., Livonia

Dear Stacey:

I'm sure you have psychic powers; we all do. The crystal ball is one of many fine tools that can help us use them. You must realize that the ball itself is not magic and has no power. It simply acts as a movie screen on which you project the mental images that come through your own subconscious mind.

This is called "scrying." In order to see anything, you must first induce an altered state of consciousness, a trance-like state. You might even call it self-hypnosis. There are certain conditions that you may set up which will enable you to do this more readily.

It is best to be in a semi-dark room, with all light source coming from behind you.

It is important to be completely comfortable and relaxed. Wear loose clothing, and sit on a straight-backed chair so that your circulation is in no way impaired.

Some people find it helpful to fast for several hours before using the crystal. This isn't necessary. However, if you try scrying right after a big meal, you are likely to go to sleep.

Place the ball on a dark surface (a black cloth works nicely), on a table in front of you, and focus your gaze on the center of the ball. Remove all thoughts from your conscious mind and gaze steadily at that point.

Soon one of two things will happen: either the ball will appear milky or cloudy, or it will turn very, very dark.

## Med school at OU?

Oakland University is studying the possibility of establishing a medical school.

But President Donald O'Dowd said it wouldn't be a traditional, "clinically based" school.

In a state of the university address Monday to a campus audience, O'Dowd said a modest-sized, innovative school that would take advantage of existing clinical facilities, at area hospitals would make some sense.

And it is conceivable such a hospital will be built in the region, the president added.

OAKLAND University, with its campus near Rochester, has been using a \$140,000 state grant to study the feasibility of establishing extensive new health care programs — including a medical school — either at OU or elsewhere in the southeast Michigan region.

O'Dowd said the medical talent, clinical facilities and patient base all exist now. Public universities with medical schools are the University of Michigan,

Ann Arbor; Wayne State University, Detroit; and Michigan State University, East Lansing.

Expensive clinical facilities exist at each of those institutions.

IN A WIDE-RANGING address, O'Dowd underscored other concerns at OU:

- Paying more attention to "numerical literacy" and devising means to insure OU graduates have some math skills that will make them more attractive to prospective employers.

- Seeing that every student, regardless of field of study, will be able to use the computer as a "tool" in his or her academic discipline.

- Developing groups of courses to supplement the traditional liberal arts majors and make these students more marketable.

- Establishing internship opportunities for OU students.

- And making OU's graduate program better known.

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