

# Oregano, thyme liven up facial care recipe

By SHIRLEE IDEN

Decades ago, Magda Moursi's grandmother practiced botanic medicine in Egypt. Today she uses plants and herbs to rejuvenate skin of the face and neck.

Miss Moursi, whose home and business are both in Southfield, left Egypt herself 13 years ago.

"I spent five years studying skin care in Paris," she said. "I learned a great deal, but I can still remember watching my grandmother fix some of her ointments made from herbs."

"I know they worked too."

A graduate of the Stendhal School for Skin Care in Paris, Miss Moursi has been in the business for 11 years. Her present location in Southfield has been open about one year.

"Everyone needs to pay attention to skin care," she contends. "Pollution is everywhere and it causes sluggishness. The herbs we use stimulate blood circulation and help the skin to oxidize the pollutants in the air."

One of her regular customers is Barbara Kaplan, a Bloomfield Hills resident. She visits the salon about every four weeks in summer and less frequently in the winter months.

"Magda does wonders for me," she said. "The treatments keep my pores clean and it feels great."

"I'm in the sun a lot and my face gets very dry. Now that I know more about skin care, I worry about it more."

Miss Moursi believes everyone should be concerned beginning with puberty years.

"As soon as adolescence begins, it is vital begin a systematic program of skin care, especially skin cleanliness," she said.

à la mode

"Teenagers can benefit greater because the cleaner the skin, the better."

"I don't promise miracles, but I know I do help the skin fulfill its function. We can always help and halt damage and aging, though we can't always reverse it."

What Miss Moursi tries to do in her facials and treatments is to bring the skin balance back to normal.

"Women don't have to go from use of cosmetics straight to a plastic surgeon," she asserts. "Many problems can be averted."

Some of the problems encountered can stem from use of damaging products, she contends.

One of the first discoveries Mrs. Kaplan made was that the astringent she was using had a high alcoholic content and it dried her skin even more than her habitual over-exposure to the sun.

Some of the products she uses are made from herbs, lavender, camomile, sage and thyme. Another that can be found in many kitchens and herb gardens is oregano.

"Thyme is a natural disinfectant and cloves, sage and oregano have a profound healing effect," she explained.

Miss Moursi's facial treatment begins with a two-hour treatment with subsequent visits for 90 minutes. They always begin with steaming and thorough cleansing.

First, she uses soft sponges and cream to clean the skin. This is fol-

lowed by a second cleansing with another product.

"Facials are primarily a deep cleansing process," she said.

Gentle massage is also part of the treatment and extends over the neck and down to the shoulders. The massage is used to stimulate the blood circulation.

"I give a shoulder deep facial," Miss Moursi said, smiling. And her client added, "it is like heaven."

The treatment's benefits are softer skin, a stimulated blood circulation and a complete cleansing of the pores. "I remove all the whiteheads and blackheads," she said.

"Relaxation is part of the treatments, but the deep cleaning is what's really important. If pores are not cleaned properly and there's any imbalance of oil, then the oil glands will secrete even more and if elasticity of the skin isn't good, the person ends up with enlarged pores."

Miss Moursi urges her customers to be careful about exposure to the sun which can be very bad for the skin. She recommends a sun screen which, she says, allows tanning without burning.

"Women today use a lot of makeup, but their skin care habits are quite poor," she contends. "It doesn't matter how expensive your makeup is, it won't look good without good skin care."

She recommends water-based makeup, which is less apt to clog the pores.

Treatments in her Southfield Road salon are completely individualized.



Gentle hands massage Barbara Kaplan's face during a two-hour massage, the main purpose of which is deep cleansing. (Staff photos by Gary Friedman)

She works alone, but has an arrangement for her phones to be answered so that the customer get her complete attention.

"I don't like distractions and it's really important for the customer to

relax," she said. "In our busy life many have forgotten how to unwind."

Facials are \$25 for each session and each is tailored to the special needs of the client. Miss Moursi also works on

men, but said they are just beginning to get into facials.

"Facials are like hygiene and should be part of daily life."

For more information, call Magda Moursi at 644-1331.

## fashion

Tuesday, April 24

Cooper's Arms — Designer fashions from Janet Varner's of Rochester are informally modeled from noon to 1:30 p.m. each Tuesday September through May at Cooper's Arms restaurant, 306 Main St., Rochester.

Wednesday, April 25

Jacobson's — A must-see exhibit for needlepoint lovers features hand-pointed canvases created by Rosalie Peters, founder of Shariene. Lois Walker will show a large and exciting group of canvases from 10 a.m. to 4 p.m. on Saturday. At the Birmingham store.

Halston — Introducing an exciting new color collection, Halston's makeup artist will provide personal consultation through Thursday between 11 a.m. and 5 p.m. at the Renaissance Designer Boutiques. Please call for an appointment, Halston Boutique, 259-5122.

Christies of Clarkston Mills — A fashion show is presented every Wednesday from noon to 1 p.m. at Carmen's restaurant, Ortonville. For information, call 628-3231 or 624-4677.

"Splash of Spring" — The Auxiliary to the Salvation Army will present Fashions by Matthews, et al during a luncheon at The Community House, 380 S. Bates, Birmingham. Open to the public, tickets for the luncheon and show are \$12.50 per person, with proceeds going to support the Booth Memorial Hospital, Echo Grove Camp, Eventide, Edwin Denby Children's Home and the Evangeline Family Services. For information, call Mrs. John Wendt at 553-2149.

Saks Fifth Avenue — Jeanne Marc introduces colorful, quilted cotton jackets, vests and coordinates in Designer Sportswear on the first floor of the Somerset Mall store. Informal model-

ing of the collection from 11 a.m. to 4 p.m.

Saturday, April 28

"Discover a New You" — The second of two programs featuring revitalizing programs of fitness, self-improvement and awareness, skin care and cosmetics will be presented at the Hyatt Regency Dearborn. Features include aerobic dance-exercise and yoga, a film, lecture and discussion. Included in the overnight package will be the program and accommodations. Cost is \$59 for single occupancy, \$79 for double occupancy. For information, call 593-1234, ext 2162.

Jacobson's — That special gown for that starstruck night, the prom, will be formally modeled at 1 p.m. followed by informal modeling of the collection until 3 p.m. It's Prom Week at the Birmingham store, with daily demonstrations of prom hairstyles and makeup. Monday through Saturday.

## OU course helps cope with divorce

The Continuum Center for Adult Counseling and Leadership Training has scheduled a five-session program for men and women coping with the problems of divorce.

The program will be held 7:30-10 p.m., Wednesdays, from April 25 through May 23 at the Continuum Center, on the east side of the Oakland University campus, on Adams Road at Butler in Rochester.

Frank Saylor of Franklin and Margie Potter of Troy will lead the sessions, which include both supportive small group discussions and factual information about specific problems. Such problems may include loneliness, guilt, budget and household management, child-raising, concerns about sexuality, and communicating with former spouses.

Advance registration is required for this program, because of limited enrollment. The fee is \$35.

For information and advance registration, contact the Continuum Center at Oakland University in Rochester or call 377-3033.



Magda Moursi uses soft sponges to remove the creams made from herbs she uses in her skin care salon.



## Where It's At

By JUDY SOLOMON

### Going to pieces

These jigsaw puzzles from Cargo Hold offer a lot of fun gift-giving possibilities. For the 16-year-old who just got a driver's license or for the family who just moved to this area, there's a Detroit road map with one hundred interlocking pieces (\$1.99). For friends planning their summer vacations, there are 500 piece puzzles (\$5.99) featuring maps of the Paris Metro, the Montreal Metro, the London Subway and the New York City subway. Finally, for the masochists among you, there's a puzzle of the 1040 income tax form.

Cargo Hold, 202 E. Maple, Birmingham, 842-8661.

### Top Choice

If your kids are too old for regular camp but too young or not quite ready to go out and supplement the family income, don't give up the ship. Susan Klingbeil is an expert on interesting and creative summer opportunities for young people. Depending on their interests, literally hundreds of things are available from computer science to mountaineering, spelunking (exploring caves), flying, waterskiing, snow skiing, study tours and fashion design. Ms. Klingbeil has 30 years' experience in the field and has had personal contact with all the programs she recommends.

Susan S. Klingbeil, consultant, 885-6176.

### New Arrivals

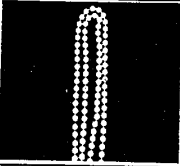
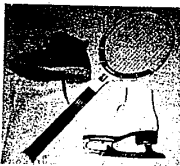
"Annie" aficionados take heart! "Annie" may have left The Fisher Theater but her dog, Sandy, has just arrived at The Continental Watch and Jewelry Shop. Priced at \$9.50, the 15-inch furry beige dog is lovable and scraggly, just like the real McCoy. Then again if "Annie" is not your bag, but gnomes (as in the bestseller book "Gnomes") are, the shop sells wristwatches from the Gnomes Timekeeping Collection. Featuring color illustrations from the book on the watch dials, each shock proof watch (\$25) has a gold plated case, a jeweled Swiss movement and a special inscription on the back.

Continental Watch and Jewelry Shop in The Continental Market, 210 S. Woodward, 642-0423.

### A Girl's Best Friend

If you're like most people, you probably have some old jewelry lying around that you never wear but don't know what to do with. Keeping that in mind, Claire Pearone has come up with a very clever idea. From now through May 5, gemologists from Charterhouse of Grosse Pointe will be on hand to appraise your fine jewels. Then, you can either trade them for her jewelry pieces or you can use the appraisal as a credit on clothes at Claire Pearone. The credit must be used by Sept. 30, 1979.

Claire Pearone, Somerset Mall, Troy, 643-0770.



Turn on the brights! You're going to want to see every inch of these colorific jeans and one very clingy tube top that's positively...bare-able! So, now that you're craving to look this long and leggy...you know you can do it coolly in cotton: The tube, one size, '6, the jeans for sizes 5 to 13, '24, both in a plethora of very Hot colors. In Young Circle®...where we are all the things you are.

Saks Fifth Avenue, Detroit, Second at Lothrop, open Monday through Saturday, 9:30 AM to 5:30 PM; Troy, Somerset Mall, Big Beaver at Coolidge, open Mondays, Thursdays and Fridays, 10 AM to 9 PM; Tuesdays, Wednesdays and Saturdays, 10 AM to 6 PM; Sundays, Noon to 5 PM.