

# Treat your skin like a flower, says salon owner

By CAROL MAHONEY

It may have been winter outside, but it was spring inside one day last week for the residents of the Oakland Park Towers apartments in Troy.

Almost one hundred ladies who live in the senior citizens' building crammed a meeting room for a luncheon and fashion show designed especially for them.

The program, arranged by Vivian Dunn, a resident volunteer exercise instructor, was called "Spring Fling." A parade of summer fashions from Her Corner was modeled by four building residents.

Mira Linder, owner of a Southfield salon, spoke to the women about skin care. Ms. Linder reminded her audience that "There is no beauty without skin care. You can change your clothes every day, you can change your hairstyle, but there is one thing you cannot change. You have to wear your face every day."

She urged the women to treat their skin as they would a flower. Moisture is necessary for it to bloom. "SELECTING a volunteer from the audience Ms. Linder cleaned the woman's face with a milk-based cleanser, cautioning her audience against the drying effects of soap and water."

She added that not every product is right for everyone. "The type of product you use must be adjusted to the type of skin you have," she said.

Ms. Linder also warned about unnecessary rubbing or stretching of skin while cleaning it. "Mature skin loses its elasticity," she said. She suggested gentle patting with a sponge.

After the demonstration she took questions from her listeners. One resident asked what could be done about the brown spots which show up as a person ages.

Ms. Linder answered candidly, "Not much. Anyone who tells you something can be done is not telling the truth."

She said no product has yet been discovered to eliminate the condition. To stop it from becoming worse she advised the woman to protect her skin from the sun.

VIVIAN DUNN, a vivacious 70-year-old, livened up the atmosphere when she came out wearing a black leotard and lights, then proceeded to do a series of exercises that would wear out a teenager.

Mrs. Dunn leads an exercise class each morning, Monday through Friday, at the Oakland Park Towers. She said her advanced class works out for about an hour. A recently formed a beginner

class exercises for half an hour.

Demonstrating her repertoire of exercises she told the women that even if they did not care to attempt all of them they could at least pick one or two that would be right for them.

Summer sport clothes modeled in

more realistic sizes than those shown in fashion magazines were a big hit with the ladies.

VIOLA IROIN's golf shirt, top, and jaunty terry cloth golf hat was a popular outfit with the audience.

A jacket dress with a polka dot bod-

ice was much admired, but its \$108 price brought gasps from onlookers.

Suzanne McKee, commentator from Her Corner, hastened to remind the women that the store always offers a 20 percent discount to senior citizens.

"There's only one catch," she said

with a sly grin. "You have to look like a senior citizen. We'd never ask."

The models wore hairstyles done by Helen Batkie, who co-commentated the show with Ms. McKee. Ms. Batkie operates a beauty salon in the building for the residents.



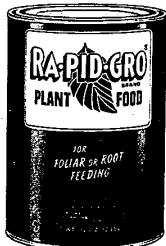
Mira Linder, Southfield salon owner, believes there is no beauty without skin care. (Staff photo by Gary Friedman)

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