

Witch Watch

by GUNDELLA



Dreamer can't shout; has real life problem

Dear Gundezza: Last night I dreamed that something terrible was about to happen. I tried to cry out for help, but I could not make any noise. This was a horrible dream. What does it mean?

Mary S., Livonia
Dear Mary: The dream you described is a very common one. Most people have had this dream at one time or another in their lives.

It usually indicates that, in their waking hours, they are having difficulty really communicating with those they care about. Someone in their life does not understand them, and they are trying to make their feelings known.

In order to avoid this nightmare, work to improve your communication and understanding with those around you in your waking hours.

Dear Gundezza: What does it mean when you dream of a baby?

Sandy M., Redford
Dear Sandy: There is no one correct answer to your question. It depends on the other circumstances of the dream, as well as what your own emotions about babies are in your waking life.

In a dream, a baby might symbolize many things. It might represent a secret desire that you have to produce a child, or it could represent your desire to be a child again. It might even be a symbol that you, or someone close to you, may be "acting like a baby."

Still another possibility is that it might symbolize anything new now taking place, or about to take place, in your life.

It would help if you could tell me some more about this dream. Was the baby well and happy, or uncomfortable and crying? What were you doing in this dream?

Every dream you have is connected to your present life situation in your waking hours. Only you can know for sure what the correct interpretation is.

NOTE TO READERS: In keeping a record of your dreams, or in writing to me about them, try to include four things, if you can:
1) Your environment in the dream. Where does it take place?
2) Who was in the dream. List all the characters or people who were there.

3) What was in the dream. Any object that appears in a dream has some symbolic meaning.
4) What was happening in the dream and — most important — how you felt about it. Did it make you happy, unhappy, worried, frightened or what?

NOTE: On May 19-20, Gundezza will conduct a weekend workshop in psychic sciences. For more information, call her at 427-1072.

Drug overdose victims need constant attention

It is estimated that in the United States alone, 8 million to 12 million people have experimented with drugs at least once. Occasionally, these people need first-aid treatment because of drug overdoses.

Diagnosis of an overdose is best done by a physician, but in a medical emergency, when drugs are suspected, the following steps should be taken while awaiting professional help:

1. If the person is conscious, observe him constantly.
2. If the person is unconscious, ob-

serve pulse and respiration. Maintain an airway.

3. If breathing stops, give artificial respiration.

4. Keep him in a quiet, non-threatening place if hyperactive. Remain patient, sympathetic, and restrain him only if necessary to keep him from injuring himself.

5. If a person shows signs of hallucinating — hearing voices, seeing images, etc. — try talking quietly to relieve the apprehension and anxiety.

6. Check for physical injuries.

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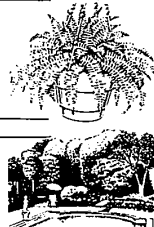
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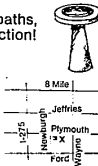
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Rochester Road construction bid accepted

The Michigan Department of Transportation will spend more than \$10 million to reconstruct 4.3 miles of M-150 (Rochester Road) in Troy. The department accepted the low bid of M&B Contracting Corp. of Novi at \$10,046,741 for work on the trunkline from south of I-75 northward to 800 feet south of South Blvd.

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