

Oakland U. classes designed for elderly coming in June

Older persons are invited to participate in one of two Elderhostel programs to be held in June at Oakland University.

The Elderhostel program is specifically targeted to give older persons new academic, cultural and social experiences.

The students attend week-long non-credit courses, meet informally with faculty and other students, and engage in a variety of social and cultural activities during their campus stay.

The OU programs are slated for June 10-16 and June 17-23 with the same course selections available during each session.

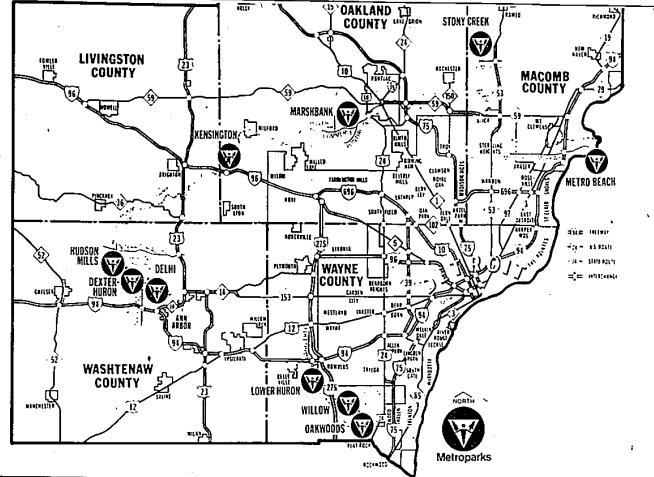
The national Elderhostel movement is patterned after European youth hostels and folk camps. Housing is provided in a regular university residence hall, and the participants take their meals in the university dining hall.

OU classes designed for the Elderhostel program include: intergenerational communication for older persons with Adela Werner of the Gardner Institute; a look at life in the ocean complete with demonstrations on how to build a salt water aquarium with Bill Forbes, professor of biology; and a dance exercise segment taught by Karen Ross of the Farmington Hills Senior Adult Program.

The final offering is a four-session course looking at the sociological, psychological, economic, and cultural developments of the past few decades and the implications for the future. Ed Bantel of the psychology and education department, will discuss changes in technology in family living over the past 70 years; Harold Zepelin, of the psychology department, will discuss the sleep research program he is conducting; and discuss the sleep patterns in humans and animals. Sid Miller, of the economics and management staff will cover economic changes and speak on estate planning; and Barbara Tyson, of the staff will give a presentation on Tudor architecture and link Meadow Brook Hall, the 100-room mansion on campus, with its parentage house in England.

For registration information, call Oakland University at 377-3060. All participants must register in advance by May 26.

Other Elderhostel programs scheduled for Michigan are at Alma College, Cranbrook Educational Community, Ferris State College, Lake Superior State College, and Western Michigan University.



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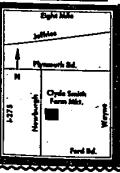
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