

## Road board extends van pool service

Since the Oakland County Road Commission began offering ridesharing help to employers in the Big Beaver corridor last October, events have prompted extending the service countywide.

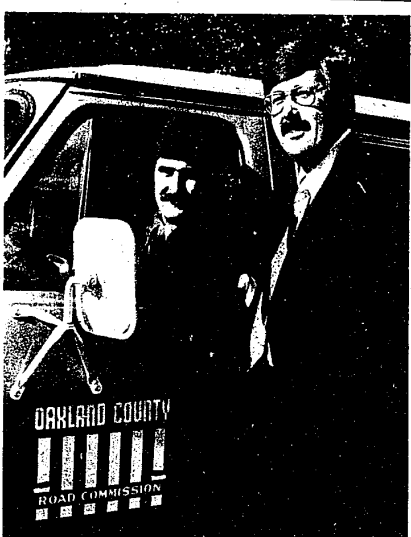
"We will help any employer who requests it," said Road Commission vice chairman John R. Gnaul Jr.

One reason the board decided to extend the service area is the number of requests that have been received, he said.

"The other reason is, of course, the increased interest in ridesharing generally since the gasoline crisis has caused dollar-a-gallon prices, lineups at the pumps and gas-less days at many stations," said Gnaul.

"We've been convinced for some time that ridesharing in the form of carpools or vanpools organized on a large group basis — which is possible when employers help — is a positive answer to energy shortages, road congestion, traffic safety, pollution and parking lot shortages," he said.

"Particularly in Oakland County, where travel patterns are too diverse for fixed rail or line-haul bus route feasibility, ridesharing makes sense."



James Barbaresso (left) and Brent Bair, staff members at the Oakland County Road Commission, will help employers set up carpool and vanpool programs.

## Teeth age well with care

Dear Dr. DeFrancesco: If one's general health remains good, and if the teeth have been well cared for during the early years, are the chances good that the person will stay healthy when he or she gets older?

T.R.

Yes. Your teeth can remain in good condition throughout the life span if they are properly cared for.

But most people neglect their teeth, and so there is dental deterioration earlier than necessary. Furthermore, most people at one time or another during their lives develop generalized diseases that influence the health of the teeth.

Dear Dr. DeFrancesco: Is it natural for teeth to fall out as people enter their 60s or 70s?

S.P.

Actually, this is not a natural phenomenon. Again, loss of teeth is due either to neglect or to some underlying diseases or disturbance in body function.

Dear Dr. DeFrancesco: Do older people have a tendency to develop dental decay?

T.W.

Yes, because calcium deficiency in the aging is quite common.

Dear Dr. DeFrancesco: How often should older people have their teeth examined?

O.S.

At least twice a year and, of course, whenever they develop symptoms.

Dear Dr. DeFrancesco: Is it dangerous to have teeth X-rayed?

T.W.

No. Recently the dangers of diagnostic X-rays have been grossly exaggerated.



Dr. Joseph DeFrancesco

Dear Dr. DeFrancesco: What is the significance of bleeding gums?

R.S.

They may indicate the presence of a local infection in the mouth or may be part of a generalized disorder. Some common causes of bleeding gums are:

- Pyorrhea.
- Trench mouth.
- A loose tooth.
- Injury secondary to strenuous brushing of the teeth.
- Deposits of tartar between the gums and teeth.
- Vitamin deficiencies, especially of vitamins C and K.
- Scurvy.
- Hemophilia, an inherited condition characterized by excessive bleeding.
- Prolonged jaundice.

Dear Dr. DeFrancesco: Is it wise for people whose gums bleed to consult their dentist and physician?

S.S.

Yes, both should be consulted. The writer is a retired dentist. He will answer questions of general interest through this column. Send your questions to him in care of this newspaper.

## Panfish are biting

By LEM MESESE  
Outdoors writer

Panfishing reports are excellent, but big gamefish are another matter in southeast Michigan.

Most Oakland County lakes are producing good crops of bluegills and other panfish. Fish are still in the shallows where they have been spawning, but any day they will begin moving into deeper water for the summer.

Reports on bass, northern pike and walleye are "fair" to "a few," which is the conservation officers' jargon for "very few."

Pike, when you can get them, are in deeper, open water. Try trolling red and white spoons to nab them. Bass are in four to six feet of water around weed beds.

Walleye fishing has been fair in the Selfridge Air Base area of Lake St. Clair. On Lake Erie, walleye fishing is only fair on the best days, but catfish angling is good in the Detroit Edison cut in Monroe County.

KENSINGTON Metropark near Milford has bicycle, paddleboat and canoe nature trips coming up.

A "Nature Cycle" begins at 6:30 p.m. Thursday, July 5, starting at the nature center on the west side of the lake. Naturalist Dave Moilanen will lead a 10-mile trip. Bring your own bike.

Early risers can take their canoes to Kensington's Windfall Hall picnic site at 8 a.m. Sunday, July 8 when the naturalist will lead an exploration of "River Life by Canoe." The two-hour trip will give you a closer look at birds, mammals and plants along the river.

An evening nature cruise aboard the Island Queen excursion boat will start at 8 p.m. Tuesday, July 10. Canoeists, great blue herons and other wildlife will be studied. There is a \$1 charge for the cruise.

Call the park office at 685-1561 to register in advance for any program.

## Trade union women will labor on campus

Registration is under way for "Building Skills for Union Women," the theme of the Sixth Annual Michigan Summer School for Women Workers to be held Aug. 16-19 on The University of Michigan campus.

Aimed at both beginners and veterans at trade union activity, the school combines daytime coursework with special evening programs, including a panel discussion, speeches, films, a banquet and social events.

The school is co-sponsored by the Program on Women and Work of the Institute of Labor and Industrial Relations (ILIR), a joint unit of UM and Wayne State University, and the Labor Program Service at Michigan State University.

Featured speakers include Joyce Kornbluh, special projects director at ILIR, and Dee Lyons of the Union Minorities-Women Leadership Training Project at MSU, speaking on "Sexual Harassment in the Workplace"; Barbara Merrill of the Amalgamated Clothing and Textile Workers of America discussing "Moving Up: The Rewards and Costs of Success," and Lisa Porterman, assistant director of the George Meany Labor Studies Center, speaking on "Education and the Labor Movement."

Four courses will be offered in an intensive two-day format: "Fundamentals of Unionism" for women new to union activity and labor education, and "Skill Building for Activists," "Working in the Community" and "Leadership Development" for involved trade unionists seeking additional skills and personal growth.

A registration fee of \$50 covers the cost of instruction, materials, a reception, banquet and graduation luncheon; dormitory accommodations are \$25 for three nights on the UM's central campus. The classes and special events will be held in the Michigan League.

## Cleanup pays

There's a reward for looking good. Deadline for entries in the 1979 Keep Michigan Beautiful Awards Program is July 16, with awards scheduled for presentation at KMB's annual meeting in Lansing Oct. 23-24.

Keep Michigan Beautiful Inc. is a non-profit, statewide organization that promotes environmental improvement, clean-up and beautification in Michigan.

KMB President James L. Risher said previous award winners have ranged from small projects such as planting trees and flowers in front of a business establishment to the big Keep Detroit Beautiful Teens clean-up drives.

Those who work to Keep Michigan Beautiful are honored in five categories: county, city, community group or organization; school club, youth group or organization; industrial or commercial enterprises; newspaper, television or radio stations, and individuals.

Entry forms can be obtained by writing Keep Michigan Beautiful Inc., Box 664, Farmington 48024, or by telephoning KMB at 477-6647.



# 4<sup>th</sup> of JULY

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