

Sure Relief FOR INDIGESTION



BELLANS Hot water Sore Relief Safe Remedy MITCHELL EYE SALVE

Hay Fever and Catarrh Sufferers No-POLLEN

WOLLS SPARK PLUGS spark in oil-pumps

MAN'S BEST AGE

A man is as old as his organs; he can be as vigorous and healthy at 70 as at 35

GOLD MEDAL HAARLEM OIL CAPSULES

The world's standard remedy for kidney, liver, bladder and uric acid troubles since 1856

ASTHMA

DR. J. D. KELLOGG'S ASTHMA REMEDY for the prompt relief of Asthma and Hay Fever

DR. J. D. KELLOGG'S REMEDY

Shave With Cuticura Soap The New Way Without Mug

PARKER'S HAIR BALMS

Restores Color and Promotes Growth of the Hair

Just So. "Now they have- woman movie directors"

FREEDOM FROM LAXATIVES

Discovery by Scientists Has Replaced Them.

Pills and salts give temporary relief from constipation only

Science has found a newer, better way—a means as simple as Nature itself.

In perfect health a natural lubricant keeps the food waste soft and moves it

But when constipation exists this natural lubricant is not sufficient

Medical authorities have found that the gentle lubricating action of Nujol most closely resembles that of Nature's own lubricant

As Nujol is not a laxative it cannot grip. It is in no sense a medicine. And like pure water it is harmless and pleasant.

Nujol is prescribed by physicians used in leading hospitals. Get a bottle from your druggist today.

The miser does not own his gold—his gold owns him.



STATE NEWS IN BRIEF

Monroe—The board of education fixed the annual appropriation for the public schools at \$120,000, \$16,000 less than last year.

Flint—Naturalization petitions have been filed in Circuit Court by 62 persons. A Federal examiner will be here Sept. 15 to conduct the examinations.

Centreville—George Belote, 50 years old, experienced a sudden illness, had just time to reach the office of a physician when he fell from a stroke of apoplexy.

Big Rapids—In brushing a wasp off the neck of his mother-in-law, Mrs. Mary Holly, while driving an automobile, James Stockwell was stung himself on the neck and upset the car, breaking Mrs. Holly's arm.

Lansing—An efficiency survey of every state department will be started immediately, Gov. Grosbeck has announced. It is planned to check up on all departments with the idea of eliminating needless waste of money and labor, the Governor said.

Flint—Heavy fines, some as high as \$70, are being imposed on bus drivers convicted of speeding. Justice Tanner, in whose court speeding cases are heard, has resorted to this method of curbing the practice of speeding on the county roads.

Athens—Although Frank Shutt was struck by lightning, he was burned seriously by the flames caused by the bolt's landing on the head on which he was sleeping. Members of the family extinguished the blaze and physicians were summoned to attend the young man.

Lansing—Word was received by Samuel Odell, chairman of the state public utility commission, that the freight rate reductions on salt, which had been scheduled by the Interstate Commerce commission, have been suspended until December 1. Old rates, according to the message, will hold on Michigan shipments until that time.

Centreville—Suffering from a strange attack of aphasia, Kennear Smith, 57 years old, is under observation at the St. Joseph county jail here, one of the last battling cases the officers have had to deal with in years.

The young man was found wandering in a cornfield near Three Rivers. His horse, hitched to a buggy, was tied to a tree at the road, along the edge of the field.

Pontiac—Sheriff James S. Butler has announced a plan whereby, it is believed, the risk of driving on highways of the county can be reduced.

Following conferences with representatives of villages along Woodward avenue, it has been decided to enlist the aid of a large number of motorists who will be equipped with cards on which they will note all offenses against the traffic laws they observe.

Dowagiac—When circuit court convenes next month at Cassopolis, the county seat of Cass county, Mrs. Maude Sterick will be tried for the slaying by slow poison of her former husband, Claude Cusack.

She was arraigned here before Justice Blumberg and waived examination. Mrs. Sterick is accused of doing away with her husband so she might collect a \$1,000 insurance policy and marry Emory Sterick.

Detroit—May H. Ford, suing Henry Ford's cousin, Neys Ford, for divorce on the grounds of non-support, asked Judge Ormond F. Hunt for \$400 a month temporary alimony and \$1,000 attorney fees.

Neys Ford has a farm worth \$250,000, and has an income of \$25,000 a year. Judge Hunt awarded her \$15 a week alimony, \$50 attorney fees, and ordered her to move from the farm on or before September 4, pending the outcome of the suit.

Ontonagon—Authorities have announced that Joseph Stimas, suspected since last April of the murder of Frances Pannien, 13, daughter of an Ontonagon mill owner, Italy has confessed his guilt. Taken to the scene of the crime, a remote power-house, Stimas, it is said, broke down and admitted that he killed the girl following an assault. The alleged slayer it is said, has a severe revenge when he was discharged by the girl's father. He is held in the county jail.

Grand Rapids—Alleging no authority is vested in the board of control of the Michigan Soldiers' home to carry out an order of collecting from all inmates of the home receiving a pension of \$30 a month or more, a deposit of \$35 "to cover possible funeral expenses," Edward Rich and six other Civil war veterans, members of the home, asked in circuit court an injunction to restrain the board from carrying this order into effect. It is alleged the board will collect \$25,000 from the members, if the order is carried out.

Hart—The body of Mrs. Sallie Mosler, 58 years old, was found in a cornfield near her home by Mrs. Samuel Franklin, a neighbor. The probability is that Mrs. Mosler had been dead about four days. She lived in a little log house about a quarter of a mile from any other residence, and about one and a quarter miles from the home of her daughter, Mrs. Charly Wilson.

Mrs. Mosler had a basket and an oil can, both of which were standing upright beside the body as though dropped when she fell.

The KITCHEN CABINET

(By 1511, by Western Newspaper Union.) It ain't the guns nor armament. Nor funds that they can pay. But close co-operation. That makes them win the day. It ain't the individual. Or the army as a whole. But the everlasting teamwork. Or every blooming soul.

A CHAPTER OF DON'TS

Set the dishes left from baking at once into the sink and put them to soak; don't let the food soak in the sink.

Don't put egg dishes into hot water; it cooks the egg on the dish. Soak in cold water.

Don't pour boiling water over china or glass; it may not crack at the time, but it will drop off when least expected.

Don't forget to dip in cold water a spat of grease spilled on the floor or wooden table. It will harden and most of the grease can be scrubbed off.

Don't use silver spoons or knives about the stove for cooking; cheap ones are made for such purposes.

Don't dry soldered dishes on a hot stove, or put brittle tin dishes into greasy water; it dulls them.

Don't use steel knives or forks on the table or stove; use a small tray or a plate tin; this will hold a number of utensils and save the table.

Don't use silver spoons or knives about the stove for cooking; cheap ones are made for such purposes.

Don't salt meat before cooking; wait until it is well seared over so that the juices and flavor will be retained.

Don't forget to use at once hot compress on a stiff neck. Witch hazel should be applied every few minutes by saturating a cloth and heating it on the top of a range in a shallow pie plate.

Don't blanch a stove white hot. If at all. Simply wipe it off with a damp cloth kept for that purpose, dipping it in slightly greasy dishwater. This treatment two or three times a day will keep the stove in good appearance.

Blood stains should be soaked in cold water; then washed as usual. If very obstinate, apply hydrogen peroxide and sunshine.

Don't forget to use a good antiseptic on a small wound; such treatment may save a life.

Fashion is rarely founded on reason, usually violates common sense, some times common decency, and uniformly common sense.

SEASONABLE GOOD THINGS

There is nothing that can take the place of the good old-fashioned dumpling, but for a change try

Apple Dumplings With Peanut Butter—Sprinkle 1 cup of flour, two teaspoons of baking powder, one-half teaspoonful of salt, then rub in one-half cupful of peanut butter; moisten with ice water as for a pie crust. Roll and cut in squares. Lay on each square a core of peeled apple, sprinkle with sugar and cinnamon and pinch the edges. Bake and serve with cream and sugar.

Green Grape Preserves—When the grapes have grown full size, but before they begin to turn in color is the time to prepare them for the preserves. Cook until soft, remove the seeds then cook and pulp with an equal measure of sugar until thick. Put in glasses and seal. Prepared in this way they keep their beautiful green color and are very attractive for garnishing.

Green Grape Ice Cream—Take one cupful of grape juice, add a pint of thin cream, a tablespoonful of lemon juice and sugar to sweeten. Mix well and freeze. This makes an ice cream of a beautiful, interesting pink.

Delicious T. Biscuit—Prepare a baking powder, biscuit dough, roll out and spread with creamed butter, sprinkle thick with maple sugar, chopped nuts, and a little nutmeg or cinnamon. Roll up and cut in slices. Bake in a hot oven.

Green and White Salad—Cut cooked chicken or sweetbreads in small cubes, mix with seeded skinned grapes and tender stalks of white celery; take equal parts of meat and celery. Mix with French dressing and let stand an hour before serving.

Quince and Apple Jelly—Cut up the quinces without peeling and cook until nearly tender. Drain and put in a jelly jelly. The jelly will be a beautiful color and a distinct flavor.

Chestnuts Cooked in chicken broth and mixed with equal parts of white tender celery and served with French dressing, make a most delicious salad.

Butter Scotch—Take one cupful of sugar, two tablespoonfuls of butter, one-fourth of a cupful of milk. Boil until it hairs. Use on spice cake.

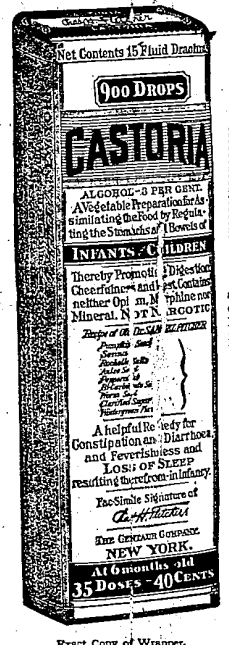
Nellie Maxwell

Shame on Them.

PERHAPS there are a few mothers who do not know the virtues of Fletcher's Castoria. Perhaps there are a few who know that there are imitations on the market, and knowing this demand Fletcher's. It is to ALL motherhood, then, that we call attention to the numerous imitations and counterfeits that may be set before them.

It is to all motherhood everywhere that we ring out the warning to beware of the "Just-as-good's." For over thirty years Fletcher's Castoria has been an aid in the upbuilding, of our population; an aid in the saving of babies.

And yet there are those who would ask you to try something new. Try this. Try that. Even try the same remedy for the tiny, scarcely breathing, babe that you in all your robust womanhood would use for yourself. Shame on them.



Children Cry For Fletcher's CASTORIA

Your Friend, the Physician. The history of all medicines carries with it the story of battles against popular beliefs; fights against prejudice; even differences of opinion among scientists and men devoting their lives to research work.

Believe him when he tells you—as he will—that Fletcher's Castoria has never harmed the slightest babe, and that it is a good thing to keep in the house. He knows. MOTHERS SHOULD READ THE BOOKLET THAT IS AROUND EVERY BOTTLE OF FLETCHER'S CASTORIA

GENUINE CASTORIA ALWAYS Bears the Signature of

Chas. H. Fletcher. THE CENTAUR COMPANY, NEW YORK CITY.

10 Cents Gives Charming New Shade to Old Lingerie PUTNAM FADELESS DYES—dyes or tints as you wish

Speaking of well-preserved women, a man often feels the loss of his first wife most after securing a second. A few people read the Declaration of Independence and tell the rest what's in it.

Almost as soon as a man joins a Don't Worry club they begin making trouble for him about his cues. Wages of sin is death; and the salary of sin doesn't go on for a noticeably longer period. Hardly ever, now, does the splendor of anything surprise you because of its cheapness.

LOOK FOR

The Baking Powder that Gives the Best Service in Your Kitchen

CALUMET

The Economy BAKING POWDER

GUARANTEES Pure and Wholesome Foods

No Failures No Waste

When a "Big and Cheap" can of baking powder is offered you—LOOK OUT. The moderate cost of Calumet combined with the highest merit establishes the greatest of baking powder economy.

Every can of Calumet is the same—of equal quality Perfect—last spoonful good as the first. BEST BY TEST

The World's Greatest Baking Powder

