Put Goldie in the kitchen and it's Kugel vs. Kugel

Goldie Adler put her "galloping gourmet" hat on the other day and kept a large audience in stitches. The petite 71-year-old widow of Rab-is Morris Adler was featured in a pro-gram called "Nouvelle Kugel Cuisine" March 10 in Congregation Shaarey Zedek in Southfield.

Zedek in Suthfield.

Born on the lower East Side of New York City, this "Grande Dame" of Southfield came to Detroit 39 years ago and has been on the go ever since as author, ranconteur and lecturer.

More than 200 women assembled to hear Mrs. Adler create, prepare and kloit her way through 12 savory dishes fit for royalty.

The event was a prelude to the sisterhood's fund raiser "It's a Woman's World 1980" to feature award winning author Judith Viorst on April 23.

Mrs. Adler's program included samples and recipes of a baker's dozen of kugels and casseroles.

ples and recipes of a baker's dozen of kugels and casseroles. A kugel is a traditional noodle dish that is baked, cooked slightly and served cut up in small squares. Some kugels are sweet, made with cheese, cinnamon, raisins and apples. Others are made simply with eggs and spices.

Variations on the theme are as plentiful as Mrs. Adler's stories.

tional.

"Nouvelle means new," said Lois
Spector, chairperson, "and the dishes
featured today are made with ingredients not usually found in a traditional

kugel."
Ingredients such as green noodles and fresh vegetables were included in the recipes, two of which were originated by Alvin Spector, husband of the chairwoman.

chairwoman. Mouth-watering aromas wafted from the spacious kitchen where a large task force, lovingly called the "kitchen cabinet" by Mrs. Spector, prepared 39 kugels to be sampled.

Mrs. Adler swept into the kitchen, was greeted warmly, and then made it her own.

She was superpulsed at one forming.

her own.

She was everywhere at once, issuing directions and checking to see if the kugels looked as they should.

No small detail escaped her atten-

She greeted almost everyone by name and, in turn, she was saluted, kissed, hugged and touched.

Sporting an apron that read: "I'd rather be playing tennis and flanked by a racket and balls." Mrs. Adler said "You can cook and play, you can do both. There's no reason why you can't do everything you want to."

CONFIDENTLY, she admitted she's writing a cookbook, soon to be published, the theme of which is her own special idea and is a secret. Asked when she started writing the book, said:

"In 1966. I've been so busy doing million things that it's taken me 14 years."

The first course of seven kugels featured culinary masterpieces like Brocolli-Corn Pudding, Wine and Egglant Kugel, ABC Pudding (asparagus, brocolli, cauliflower), Cheese and Vegetable Kugel and Carrot Pudding Ring.

Spirits were high and so were the calories.

One attractive woman asked for a

THROUGHOUT her demonstration, Mrs. Adder gave a running commentary of personal reminiscences of the lower East Side, her husband, father and grandtchildren. Her French comes out sounding like Yiddish, she translated some of the kugel names anyhow. "Translating from one language to another is like kissing a bride through a well, it's a kiss but not the real thing," she said, quoting from the Hebrew poet, Chaim Biniciuded Fruit Noodle Rigel and Rive Pudding, each described lovingly by Mrs. Adler.

Desser't kugels included Fruit Noodle Rigel and Rive Pudding, each described lovingly by Mrs. Adler.

She added she has a terrific recipe at more for a herring salad made with excited lovingly by Mrs. Adler.

Contending food makes a fine centerplece, she said." I like a centerplece I

Scholarship winners will be named Friday

Four Bloomfield Hills School District seniors will receive the Robert C.J. Traub memorial travel scholarships next week for proficiency in art or mu-sic

Applicants for the scholarships, which will provide a summer of travel in Europe following graduation, are being adjudicated currently, in advance of the award assemblies which will be held at the district's two high schools, Andover and Lahser, on Friday, March 21.

State College of Beauty

and in art at each of the two schools, will bring to a total of 73 the number of students who have won the scholarships. The fund was established in 1956 by Elisabeth Taylor Trabb in memory of her husband, Robert C.J. Traub. The 1979 winners were Christine Leonard and Stephen Badalament, art and music winners, respectively, at Andover. Labser winners were, Amy Yamasaki, winner in art and Kerstin Allvin and Alan Ongtengco, co-winners in music.

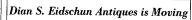
ay, March 21. THE PURPOSE OF the scholarship
The four winners, one each in music is to "enable students of good character

who show special proficiency or promise of achievement in the realms of art or music, to enjoy a summer of travel in Europe after graduation from high school and before entrance into college or university."

The scholarships are restricted to qualified graduates of a Bloomfield Hills high school and they are awarded on a basis of character, personality, citizenship responsibility, social adjustment and similar personal qualifications as well as on artistic or musical talent.

The terms of the trust also permit the judges to withhold the award dur-ing a year in which they do not consider the work submitted or performed to be sufficiently worthy

Determination of the award winners is made by Lucy Bates, granddaughter of the donor, after adjudication by the art and music faculties of the two high schools, with the assistance of Dr. Fred D. Thorin, superintendent of schools, Dr. William R. Waun, Andover principal and Dr. John W. Sanders, principal of Lahser.



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