

Put Goldie in the kitchen and it's Kugel vs. Kugel

By SUSAN ZEITZ

Goldie Adler put her "galloping gourmet" hat on the other day and kept a large audience in stitches.

The petite 71-year-old widow of Rabbi Morris Adler was featured in a program called "Nouvelle Kugel Cuisine" March 10 in Congregation Shaare Zedek in Southfield.

Born on the lower East Side of New York City, this "Grande Dame" of Southfield came to Detroit 39 years ago and has been on the go ever since as author, raconteur and lecturer.

More than 200 women assembled to hear Mrs. Adler create, prepare and kibitz her way through 12 savory dishes fit for royalty.

The event was a prelude to the sisterhood's fund raiser "It's a Woman's World 1980" to feature award-winning author Judith Viorst on April 23.

Mrs. Adler's program included samples and recipes of a baker's dozen of kugels and casseroles.

A kugel is a traditional noodle dish that is baked, cooked slightly and served cut up in small squares. Cheese kugels are sweet, made with cinnamon, raisins and apples.

Others are made simply with eggs and spices.

Variations on the theme are plentiful as Mrs. Adler's stories.

MONDAY'S kugels were not traditional.

"Nouvelle means new," said Lois Spector, chairperson, "and the dishes featured today are made with ingredients not usually found in a traditional kugel."

Ingredients such as green noodles and fresh vegetables were included in the recipes, two of which were originated by Alvin Spector, husband of the chairwoman.

Mouth-watering aromas wafted from the spacious kitchen where a large task force, lovingly called the "kitchen cabinet" by Mrs. Spector, prepared 39 kugels to be sampled.

Mrs. Adler swept into the kitchen, was greeted warmly, and then made it her own.

She was everywhere at once, issuing directions and checking to see if the kugels looked as they should.

No small detail escaped her attention.

She greeted almost everyone by name and, in turn, she was saluted, kissed, hugged and touched.

Sporting an apron that read "I'd rather be playing tennis and flanked by a racket and balls," Mrs. Adler said "You can cook and play, you can do both. There's no reason why you can't do everything you want to."

CONFIDENTLY, she admitted she's writing a cookbook, soon to be published, the theme of which is her own special idea and is a secret. Asked when she started writing the book, she said:

"In 1956, I've been so busy doing a million things that it's taken me 14 years."

The first course of seven kugels featured culinary masterpieces like Broccoli-Corn Pudding, Wine and Eggplant Kugel, ABC Pudding (asparagus, broccoli, cauliflower), Cheese and Vegetable Kugel and Carrot Pudding Ring.

Spirits were high and so were the calories.

One attractive woman asked for a

low cal sweetener explaining she was on a strict diet.

And someone told a story about Mrs. Adler winning a free membership at a local health club and promptly trading it for some boxes of chocolate candy.

Some recipes were contributed by members of the sisterhood, but Mrs. Adler demonstrated how to make her own Tasty Tomato Pudding, an "energy crisis" dish in which day-old bread can be used up.

Asked where all her recipe ideas come from, Mrs. Adler said:

"When you take from one, you're a plagiarist. When you take from many, you're doing research. We did a lot of research."

THROUGHOUT her demonstration, Mrs. Adler gave a running commentary of personal reminiscences of the lower East Side, her husband, father and grandchildren.

Though she insists her French comes out sounding like Yiddish, she translated some of the kugel names anyhow.

"Translating from one language to another is like kissing a bride through a veil, it's a kiss but not the real thing," she said, quoting from the Hebrew poet, Chaim Bialik.

Dessert kugels included Fruit Noodle Kugel and Rice Pudding, each described lovingly by Mrs. Adler.

Contending food makes a fine centerpiece, she said: "I like a centerpiece I

can eat. Flowers die right in front of you while you're eating."

Mrs. Adler believes that recipes should be easy and food should have eye appeal.

"When I was first married, I made the most gorgeous salad, carefully arranged on the plate," she recalled.

When my husband came home, he asked 'Goldie, how am I going to mess up that work of art?' So from then on we tossed our salads, but not at each other."

She added she has a terrific recipe at home for a herring salad made with Scotch whiskey.

"Imagine eating and getting drunk at the same time," she said.

Scholarship winners will be named Friday

Four Bloomfield Hills School District seniors will receive the Robert C.J. Traub memorial travel scholarships next week for proficiency in art or music.

Applicants for the scholarships, which will provide a summer of travel in Europe following graduation, are being adjudicated currently, in advance of the award assemblies which will be held at the district's two high schools, Andover and Lahser, on Friday, March 21.

The four winners, one each in music

and in art at each of the two schools, will bring to a total of 73 the number of students who have won the scholarships. The fund was established in 1956 by Elizabeth Taylor Traub in memory of her husband, Robert C.J. Traub. The 1979 winners were Christine Leonard and Stephen Badalament, art and music winners, respectively, at Andover.

Lahser winners were, Amy Yamasaki, winner in art and Kerstin Alvin and Alan Onglesco, co-winners in music.

THE PURPOSE OF the scholarship is to "enable students of good character

who show special proficiency or promise of achievement in the realms of art or music, to enjoy a summer of travel in Europe after graduation from high school and before entrance into college or university."

The scholarships are restricted to qualified graduates of a Bloomfield Hills high school and they are awarded on a basis of character, personality, citizenship responsibility, social adjustment and similar personal qualifications as well as on artistic or musical talent.

The terms of the trust also permit the judges to withhold the award during a year in which they do not consider the work submitted or performed to be sufficiently worthy.

Determination of the award winners is made by Lucy Bates, granddaughter of the donor, after adjudication by the art and music faculties of the two high schools, with the assistance of Dr. Fred D. Thorin, superintendent of schools, Dr. William R. Waun, Andover principal and Dr. John W. Sanders, principal of Lahser.

Dian S. Eidschun Antiques is Moving

TO BIRMINGHAM IN APRIL

In Order to Simplify our Move, We've
**REDUCED ALL INVENTORY
20% OFF**

Sale at: Pine Lake Mall
4337 Orchard Lake Rd.
Corner Lone Pine Rd.
626-5440

5,000 Sq. Ft. Showroom
Tues.-Sat. 10-5
other times by
appointment

DO-IT-YOURSELF!

Z-BRICK®

**DEMO
SALE!**

**DEMONSTRATION
SATURDAY 10-2 PM
SAVE 25% THE WHOLE DAY**

ON BEAUTIFUL, FIREPROOF, WEATHERPROOF
Z-BRICK, EASY TO INSTALL YOURSELF!

FREE
BALLOONS
FOR
KIDDS!



APPLY Z-MENT PRESS INTO PLACE SMOOTH AND SEAL

HANDY SLICES OF REAL BRICK

COME AND ENJOY COFFEE & DONUTS WITH
US DURING THE DEMONSTRATION

6' WORK BENCH KIT
STURDY 2x6 TOP
& 2x4 LEGS
\$19.95 K.D.
PRE-CUT FOR EASY ASSEMBLY

ECONOMY STUDS
2x4-8'
84¢ EACH

Ruff-It
2 Gal. Full
acrylic sculpture coat
NOW **\$10.95**
REG. \$14.95

**SEE OUR DECK
DISPLAY AT THE
ORCHARD MALL
UNTIL MARCH 30**

#960 WORK LITE
2 LAMP LIGHTING FIXTURE
\$13.49

ILLUSTRATION NOT EXACT
BULBS INCLUDE REG. \$18.95
* LAUNDRY * HOT HOUSE
WORK SHOP * UTILITY ROOM * GARAGE * POOL ROOM

ALL PRICES CASH-N-CARRY
HAGGERTY LUMBER & SUPPLY COMPANY
2055 HAGGERTY RD., WALLED LAKE (313) 624-4551 OR 356-6166
227 N. BARNARD, HOWELL (517) 546-9320
WALLED LAKE MON.-FRI. 8-6, SAT. 8-5, SUN. 10-3
HOWELL MON. THRU SAT. 8-5

State College of Beauty
2165 S. TELEGRAPH
BLOOMFIELD HILLS
"I.B.A. Prestige Colleges Where Beauty Begins"
• Enrollments each month
• Financial Aid available
• Beauty Services at fantastic prices
335-9240

The Decorative Interiors Touch...
is more than distinctive furniture. At our shop you will find talented, knowledgeable interior designers to help you with all your decorating needs.
DECORATIVE INTERIORS
Orchard Mall
Orchard Lake Road, north of Maple 851-3200
Thursday & Friday open until 9 p.m.

HAPPY HOUR
BOB MILNE
This well known artist entertains nightly from 4:30-7 PM in Scandal's Lounge
RELAX IN SCANDAL'S LOUNGE WITH A COCKTAIL & ENJOY COMPLEMENTARY Hors D'oeuvres
RAMADA INN
28225 Telegraph, Southfield

PREVIEW
SHOWING MONDAY, FEB. 14, 1980 ONLY!!!
STARRING WAYNE AND OAKLAND ADVERTISERS IN
HOME AND GARDEN
RATED G
LOOK FOR IT IN YOUR FAVORITE LOCAL NEWSPAPER
WHO SHOULD SEE IT? YOU!
LIVONIA • NEWBURGH PLAZA
37101 W. SIX MILE AT NEWBURGH RD.
464-7660
M-F 10:00-6:00 SAT. 10:00-5:00
SORRY, NO LAYAWAYS
DETROIT • PLYMOUTH • EVERGREEN SHOPPING CENTER
3015 PLYMOUTH RD.
838-5174
MON.-SAT. 9:30-6:00

MARILYN FRENCH
A love story for adults.
\$12.95
ANALYZE THE ALTHOUGH The Women's Room
bookpeople
Town Center: 358-4646
Monday-Friday 9:30-5:30
Orchard Mall: 851-9150
Monday-Friday 10-10
Saturday 10-8
Sunday 12-5

KLEIN'S SPRING SAVINGS SALE!
20% OFF!
everything in the store
FAMOUS NAMES LIKE THESE AND MORE!!

FOR WOMEN:	FOR MEN:
QUEEN CASUALS	LEVIS
TRISSI	ARROW
JANTZEN	HAGGER
SHIP 'N SHORE	GLEN OAKS
COS COB	LEVI PANATELA
DEVON	CAMPUS
LEVI'S JEANS/BENDOVERS	PURITAN
MELISSA LANE DRESSES	LEE
PLAYTEX	JOCKEY
MAGIC LADY	HANES
BURLINGTON SOCKS	BURLINGTON SOCKS
HUSH PUPPIES	HUSH PUPPIES
CHARM STEP	BELTS/TIES
ACCESSORIES	ACCESSORIES

EXTRA SPECIAL
LEVI'S JEANS AND CORDS
WAIST SIZES 25-38
\$14.99
BIG BELLS, FLARES, STRAIGHTS

• 4 DAYS ONLY •
WEDNESDAY, MARCH 19TH THRU SATURDAY, MARCH 22

KLEIN'S