

Oakland swimmers shine in NCAA finals

Oakland University's men's swimming team earned the school's first-ever national championship by defeating defending champion California State-Northridge in the NCAA Division II championships last weekend at Youngstown State University in Youngstown, Ohio.

OU collected 312 team points to 263 for Northridge. California State-Chico placed third with 225 points with the University of Puget Sound in Oregon fourth (202) and California State-Davis fifth (191). There were 11 other teams competing in the championship meet.

Pioneer coach Ernie Maglischo was named national coach of the year for his team's performance. Maglischo re-

turned to coaching this season after a three year layoff. From 1973 to 1976 he coached California State-Chico to four consecutive national championships.

The Pioneer's coach attributed his success to one thing: "Luck. That's all it is — being in the right place at the right time."

"I thought we might have an outside chance of winning the title but we had to depend on a lot of things and no one has a right to expect that because it is too far beyond normal expectations. There are a lot of things that happened, however, and we won."

Defending national champions Mark Doyle (100-yard backstroke) and Ian Dittus (200-yard butterfly) retained

their titles for OU and were joined in the winner's circle by OU sophomore Mark Vagle (200-yard freestyle). Mercy won 111 and lost 21 during that span, including four Catholic League division titles, two state district crowns and two state regional championships.

Swidzinski was named Catholic League Coach of the Year in 1974 for basketball and in 1975 for volleyball.

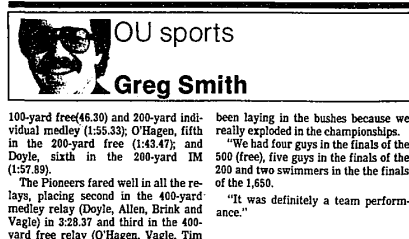
DOYLE BESTED last year's winning time (52.45) by taking the 100-yard back in 52.19. He headed a second victory in the 200-yard back, going the distance in school and national record time (1:53.65).

Dittus also set school and national

marks while winning the 200-yard fly (1:52.11). Vagle broke a school record in winning the 200-yard free (1:44.58).

The OU 800-yard free relay team of Mike O'Hagen, Gordy Geheb, Dittus and Vagle set another school record in a winning effort (8:49.22).

Other top-six finishers for OU in individual events included Dittus, second in the 400-yard individual medley (4:03.98) and sixth in the 500-yard free (4:36.76); Geheb, third in the 200-yard free (1:42.66) and sixth in the 50-yard free (21.53); Mike Sammons, third in the 1,500-yard free (16:05.96); Tom Allen, third in the 200-yard breast stroke (2:08.27); Brian Brink, fourth in the 100-yard fly (51.47); Vagle, fifth in both the



been laying in the bushes because we really exploded in the championships. "We had four guys in the finals of the 500 (free), five guys in the finals of the 200 and two swimmers in the finals of the 1,500."

"It was definitely a team performance."

MEN'S TENNIS

"We began the year planning for the national championships," Maglischo said. "Last year when Northridge won, 384-170 over Oakland, we scored only two points in all the freestyle events."

"We figured we had to score in the freestyle events to offset their points. There was no indication by in large that we were going to do anything in those events, but the guys must have

OU women's cage coach to leave

Rose Swidzinski, Oakland University's girls basketball and softball coach for the past four seasons, has announced she will resign from those positions on Aug. 5.

The resignation was somewhat of a shock to OU officials. The girls' basketball team was coming off its finest season in which it won 17 of 28 games. The Pioneer finished as state runners-up to University of Detroit.

Early reports indicated that a rift had developed between Swidzinski and

athletic director Corey Van Fleet. However, Swidzinski denied those reports.

"I simply felt that I had done all I could here," Swidzinski said. "I'm not even sure I want to stay in coaching. There are other business opportunities I want to consider, and I'm thinking about law school."

Another OU source said that Swidzinski's market value as a basketball coach was now at a premium after the past season and that she was looking

for a coaching position at a NCAA Division I school.

In her three years as head coach of the girls' basketball team, OU compiled a 64-39 won-lost record, including a second place finish in the state this year and a berth in the regional tournament. The Pioneer finished third in the state last season.

Swidzinski was named the Great Lakes Intercollegiate Athletic Conference (GLIAC) Coach of the Year for softball in 1978, when her team posted

a 17-5 record. She also coached the OU volleyball team in 1977 and 1978.

Before coming to OU, Swidzinski coached Farmington Our Lady of Mercy's basketball team for six seasons.

Hypnotist plans clinic for golfers

By DENNIS O'CONNOR

Golfers who take the sport seriously are constantly looking for ways to improve their game.

As frustrating as the sport can be, golfers, both professionals and amateurs, always try to better their game with a different putting stroke, better concentration, or a more comfortable drive from the tee.

Dr. Saul Morris offers another method for golfers to improve their game — through self-hypnosis.

Morris, 38, who runs a private practice in Southfield, is conducting a golf seminar, which includes self-hypnosis, next month for anyone interested in participating.

The seminar, for both females and males, will be on three consecutive Saturdays; April 19, 26 and May 3, at Bannister Hall on Nine Mile and Harper in Grosse Pointe. The three two-hour group sessions cost \$100.

Anyone interested may call Morris' office for an application at 552-1160. Morris has a 24-hour answering service so persons can leave their name and address for an application.

MORRIS HAS TAKEN an interest in sports hypnosis in recent years. The Oak Park resident is known for conducting sessions for the Detroit Red Wings professional hockey club — and goalie Reggie Vachon, in particular.

"I think there is a big demand for hypnosis in sports," Morris said. "I think the fact that I get a lot of people who come in and want hypnosis for sports shows the demand."

Although not a golfer himself, Morris has conducted many hypnosis sessions for golfers during his 15 years of private practice. Next month's group seminar is the first Morris has organized.

"Golfers are strange people," Morris said. "Golfers go out for the purpose of fun and relaxation, and they go out and get frustrated."

"Golfing is a very unconscious sport. It's controlled by muscles and nerves. If they (golfers) have a negative habit, they reinforce those habits everytime they play."

"People are going to think this is silly — those who've played the game for a long time and are frustrated with it — (but) it is a simple matter to open the subconscious mind (through hypnosis) and feed positive thoughts."

"You can't get rid of the negative habits, but you can feed the positive."

Morris explained that the additional positive reinforcement "fed" to the subconscious can counterbalance the negative habits and make persons better golfers.

EACH SESSION of the seminar will include separate groups for females and males. Morris said the reason for splitting the groups by sexes is because of the number of husband-wife golfers who register. He feels there would not be complete concentration if couples were in the same group.

The real bonus of this group seminar comes the third week when participants are taught the techniques of self-hypnosis — techniques used by many golfers on today's professional tour.

Morris said private sessions, which cost \$35 each, don't include the self-hypnosis instruction.

The session's first Saturday finds Morris hypnotizing and recording the experience for each member. Each golfer will be given a tape of the session and must listen to it for one hour daily before the next session.

Participants will be under hypnosis the second week, while viewing a film which shows a perfect golf swing. They will then be asked to repeat the techniques shown in the film.

Morris then teaches self-hypnosis to complete the seminar.

Morris received his bachelor's and master's degrees in psychology at the El Instituto Tecnológico y de Estudios Superiores de Occidente in Guadalajara, Mexico. He received his Doctor of Philosophy degree in clinic psychology from the Autonoma University of Mexico. He was trained for a medical position when he served in the United States Navy.

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