

Are tougher times ahead for faddists?

By JIM WINDELL

Suntan parlors, a fairly recent innovation in the United States, are the subject of warnings from dermatologists on both the local and national level.

Both Dr. Alva Rush, a Birmingham and Clarkston dermatologist, and Dr. Alex Morales, a spokesman for the Michigan Dermatology Society, indicate that such parlors are controversial and that extreme caution should be exercised by the consumer.

Dr. Ray Claxton, executive secretary of the American Academy of Dermatology in Chicago, said numerous requests for information are received by the academy, and while the academy has not officially taken a stand, many members and committees had.

At a recent press conference, a group of photobiologists, dermatologists, who study the problems related to sunlight and the skin, warning that cosmetic tanning may be dangerous to health and may lead to skin cancer.

"TANNING IS medically harmful, not useful," Dr. Frederick Urbach, professor of dermatology at Temple University in Philadelphia, said. "We," he said, referring to a 14-member committee of photobiologists, "don't think a tan is good for you. It is a status symbol. If you have to look pretty and tanned, you must do injury to the skin."

Dr. Urbach pointed out that tanning, by any procedure, causes premature aging of the skin, making it look dry and leathery.

Nevertheless, commercial tanning parlors have spread across the country in the past couple of years. The Food and Drug Administration estimates there are up to a 1,000 tanning salons now in operation.

Bill Rados, public information officer of the FDA in Rockville, Md., stated that the FDA has attempted to inform most of the tanning salons about sunlamp regulations and the obligations such businesses have to the public.

"We have," Rados said in a telephone interview, "a regulation going into effect on May 7 which pertains to all types of sunlamps. It calls for the use of goggles, timers with a maximum time interval of 10 minutes and warning to be posted in these parlors. The warning signs would indicate the increased risk of skin cancer."

THE FDA HAS also, Rados said, asked the suntan establishments to voluntarily take extra precautions. "We would like them to provide shield and screens in front of the bulbs to prevent accidental cuts and handrails so people can keep their balance in the booths."

Further warnings came from Dr. John A. Epstein, a clinical professor of dermatology at the University of California, San Francisco. "Tanning for cosmetic purposes is not a safe or innocuous procedure," he went on to say that the sunburn energy from cosmetic tanning lamps damages the skin in the same manner as rays from the sun. Such damage he points out leads to a dry, leathery appearance of the skin, loss of support by the skin's connective tissue of blood vessels causing purple blotches and scarring and the development of skin cancer.

"There are, according to Dr. Urbach, 400,000 new cases of skin cancer every year in this country. Many of them are avoidable with the proper precautions, he added. The principal thing to avoid, he said, is exposure to the sun.

"There is nothing one can do," Rados explained, "to protect oneself from the increased risk of skin cancer, except to avoid the sun, or to use ultraviolet radiation." He emphasized that moisturizers are ineffective in preventing damage to the skin.

Kenneth Priestap, a regional engineer for General Electric, said that ultraviolet light is the invisible energy from the sun that reddens and burns the skin. All sunlamps and tanning lamps emit ultraviolet light radiation, he explained.

A MAJOR CONCERN of the American Academy of Dermatology is that most tanning parlors do not have a physician on staff to give physical examinations to potential customers. Because of this, the dermatologists claim, people who have chronically damaged skin may be allowed to participate in the tanning program. They also say that many individuals have skin diseases which erupt when there is exposure to either natural or artificial sunlight.

An additional danger, according to dermatologists, are medications which people take which cause skin reactions with sunlight.

"Many commonly prescribed drugs," Rados stated, "include photosensitizing agents which cause allergic reactions with exposure to ultraviolet light."

These, he said include some birth control pills, diuretics and antibiotics. "If a person," he cautioned, "is taking any kind of medication, he should check with his doctor before going into a tanning booth."

Dr. Urbach adds a final warning aimed at blue-eyed, blond people. "Unfortunately, these are the people who want to tan the most and are the same people who can not tan."

"They should not try to get a tan and they should avoid sun as well as sunlamps," he concluded.

Sidewalk fair date announced

The ninth annual Berkley Sidewalk Art Display and Fair will begin at 10 a.m. and run until dusk June 14. It is co-ordinated by the Berkley Beautification Committee and the City of Berkley. Displays of paintings, sketches, crafts, pottery and jewelry will be for sale by artists from all over the state.

In addition to the paintings and craft items, entertainment will be provided by strolling musicians. Tentative arrangements are also being made for a sidewalk cafe where food and beverages will be served.

A well known artist and teacher will judge the exhibits and present

cash awards and ribbons to the winning participants.

The exhibit will be set up along Coolidge between Catalpa and 12 Mile Road. Application forms are available at Berkley City Hall, 3338 Coolidge. For more information, call Pat Guarino at 545-1171.

CREATIVE LANDSCAPING

Improves both the appearance and use of your home and yard

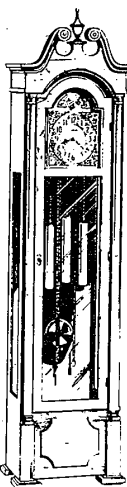
Call us for ideas on:

- Landscape Design
- Re-landscaping
- Trees, Evergreens & Plantings
- Patios, Decks & Outdoor Living Areas
- Solutions to problem areas

Jack Molitor

LANDSCAPE DESIGN & CONTRACTING
West Bloomfield
851-2929

Mother's Day A Time for Sharing



Reg. \$695

Now

\$575

A lifetime of caring deserves tribute.

The Baron has a raised gold numeral dial and its Westminster Chimes ring out on the hour and quarter hour. The case is Cherry Bordeaux and stands a majestic 6 1/2 feet tall.

Schrader's Home Furnishings

Mon., Tue., Sat. 9-6
Thur., Fri., 9-5 CLOSED WED
111 N. Center (Shelton)
Northville 349-1838



and so this emblem shall forever be a sign of immortality.
- J. Jefferson

IF YOU ARE NOT SATISFIED WITH YOUR PRESENT FINANCIAL INSTITUTION, CHECK OUT METRO BANK

FEATURING

- THE BEST TELLERS IN FARMINGTON PROVIDING METRO "NO WAIT" SERVICE 6 1/2 HOURS PER WEEK
 - TWO CENTRAL "EASY-IN-EASY-OUT" LOCATIONS
 - AUTOMATIC TELLER MACHINES 24 HOURS A DAY 7 DAYS A WEEK
 - LOW COST CHECKING ACCOUNTS
 - SAVINGS PLANS FOR ALMOST EVERY PURPOSE
 - FAST, FRIENDLY LOAN SERVICE
 - PAYROLL AND OTHER ACCOUNTING SERVICE ON OUR OWN IBM SYSTEM 34 COMPUTER
 - PLUS MORE!
- ONE VISIT COULD LEAD TO A LIFETIME OF BANKING SATISFACTION

METROPOLITAN NATIONAL BANK OF FARMINGTON

FARMINGTON'S ONLY COMMUNITY BANK
Locally owned-Locally Managed-Locally Staffed

Farmington Hills Office
27500 Farmington Road

Telephone 553-4200

Farmington Office
33205 Grand River

AN EQUAL OPPORTUNITY LENDER
MEMBER - FEDERAL DEPOSIT INSURANCE CORPORATION

Farmington- Farmington Hills Residents: Beautification Sale

Now Thru
May 10



Junipers
Broadmoor
Blue Rug
Gold Tip

\$9.95

3 Gal.
Reg. \$12.95

Sunburst or
Majestic Locust
1"-1 1/2"

Skyline
Locust
1"-1 1/2"

Potted Roses

Emerald Queen
Norway or
Crimson King
1"-1 1/2"

Marshall's
Ash
1"-1 1/2"

LANDSCAPE DESIGN

DO YOU WANT A LANDSCAPE TO
FIT YOUR NEEDS AND PERSONALITY?

**"WE DESIGN
WITH YOU IN MIND"**

RESIDENTIAL - COMMERCIAL - INDUSTRIAL

PLANT YOURSELF... OR WE PLANT FOR YOU
WE CARRY A COMPLETE SUPPLY OF EVERGREENS - BONZAI MATERIAL - SHADE TREES - POTTED ROSES - FLOWERING
SHRUBS - ORNAMENTAL TREES - ORTHO PRODUCTS - GREENVIEW PRODUCTS - WONDER-GRO PRODUCTS & GRASS SEED

Steinkopf Nursery

20815 Farmington Rd.
Just North of 8 Mile

474-2925

WHAT'S SO SPECIAL AT IGA?

IGA Mom... you're Always
Special at IGA

IGA SALE Ivory Dish Liquid 98¢	IGA SALE Bisquick Baking Mix 98¢	IGA SALE Split Top Bread 69¢	IGA SALE Cookout Sausages 59¢	IGA SALE Whole Fryers 44¢	IGA SALE Hamburger \$1.44	IGA SALE Iceberg Lettuce 49¢
IGA SALE Sliced Bacon \$1.19	IGA SALE Pork Chops \$1.28	IGA SALE Beef Rib Steaks \$2.69	IGA SALE Beef Chuck Steaks \$1.88	IGA SALE Skinnerless Wurst \$1.09	IGA SALE Snow White Mushrooms \$1.69	IGA SALE Banquet Pot Pies 3/89¢
IGA SALE Cream Style Whole Kernel Table Treat Corn \$4/\$1	IGA SALE Macaroni & Cheese Dinner 3/\$89¢	IGA SALE Crispy Wheaties 'n Raisins 79¢	IGA SALE Vet's Dog Food 5/\$1	IGA SALE Cottage Cheese \$1.19	IGA SALE Kraft Natural Chunk Cheese 99¢	IGA SALE Sylvania Flash Bar \$1.99
IGA SALE Sunshine Hydrox 99¢	IGA SALE Old Fashioned Ice Cream \$1.69	IGA SALE Orange Juice 89¢	IGA SALE Polaroid SX-70 Film \$6.99	IGA SALE Woodleys EGGS 39¢	IGA SALE Cheer Detergent \$5.49	IGA SALE Folger's Coffee \$4.99
IGA SALE Snow White Cauliflower \$1.29	IGA SALE Pink & White Grapefruit 4/99¢	IGA SALE Golden Oatmeal 99¢	IGA SALE Pringles Potato Chips 99¢	IGA SALE Max Butter 99¢	IGA SALE Cheer Detergent \$5.49	IGA SALE Folger's Coffee \$4.99
IGA SALE Golden Oatmeal 99¢	IGA SALE Pringles Potato Chips 99¢	IGA SALE Max Butter 99¢	IGA SALE Cheer Detergent \$5.49	IGA SALE Folger's Coffee \$4.99	IGA SALE Tomato Sauce 88¢	IGA SALE Tomato Sauce 88¢