

The Gathering Place

Teens start listening in new service for the shut-in

By LORAIN MCCLISH

About 40 students from North Farmington High School's Honor Society volunteered for odd-job jobs and chores to aid the Gathering Place during the past school year.

But six of them are staying on with a commitment that does not include a summer break.

The six form the beginnings of a new service that visits people who do not get out of their homes too often.

Neither Laurie Terrill nor Linda Vaughn think of the visits they make as a duty or a chore.

"We call to say we'd like to come over or she calls to say she feels like talking to us," Miss Terrill said.

"Sometimes we don't do much talk-

ing," Miss Vaughn added. "She talks and we listen."

SOMEONE TO LISTEN is the need, say Barbara Here and Jessica Rowe, co-ordinators of the Gathering Place's Home Care Program.

The two have put together the new program of matching teens with shut-ins in addition to their regular duties in the senior adult drop-in center.

"Because there are so many people who don't get out of their houses we know it would be nice for them to know that someone will be coming to visit," Miss Rowe said.

"We had 40 students who volunteered for jobs," Miss Here said.

"Some worked on our show (Musical Madness, which was produced last fall). Some helped with parties during the year."

"Some did some home chores for us that we couldn't have provided otherwise because of (federal government) guideline restrictions."

"Six of them thought they could handle the visits we hoped to get started. It would mean they might get involved in some one else's life, and that isn't easy for everybody," she said.

"We made that very clear in our orientation program," Miss Rowe said. "We didn't want anybody left hanging because school happened to be out."

THE TWO STUDENTS continue their visits with the shut-ins, who they now think of as friends. Other students visiting shut-ins are Lynda Kroll, Patty Bolen, Laura Hildebrand and Mitch Chinn.

All enter their senior year at North Farmington this fall and attended the first organizational-orientation meeting for volunteer work at the Gathering Place through Doug MacQueen, a faculty adviser for the honor society.

"Community service has always been a tradition for the society," Miss Terrill said, "but I don't think any of us knew what to expect when we came for our first meeting."

The first meeting was led by Joan Crane, a member of Farmington Area Commission on Aging.

When Mrs. Crane offered home visits as an option among many volunteer jobs available, Miss Vaughn expected that she was going to have to bone up on her conversational skills.

"I was worried about what we would talk about; what were we going to say to her," Miss Vaughn said.

"But it was just as Mrs. Crane said it would be. We were going to go to let her talk."

"That's about all we do, yet she calls us 'the sunshine of her life.'"

"UNFORTUNATELY, listening



LAURIE TERRILL

LINDA VAUGHN

skills are not taught in schools," Miss Rowe said.

"We send the teens out in pairs as a sort of support system for one another because they don't know what to expect. But they will soon feel comfortable going alone, if they choose."

When asked if the teens ever did errands or favors for their new friends, because getting out was either impos-

ible or difficult, Miss Here answered, "Sometimes."

"We know that one (shut-in) asks to have her mail read to her. Another asks to be taken for a walk."

"But we don't want visiting time interrupted or take away from with things like trips to the grocery store. We're aiming for social interaction between the generations."



JESSICA ROWE



BARBARA HERE

Esthetics of Mira Linder

Keys to a glamorous season

By LORAIN MCCLISH

If windows could talk, the display in Mira Linder's salon in Applegate Square would tell the story of skin care to make for a healthy and fashionable summer.

Make-up color charts for the warm months, aids to protect the skin from the sun's ultraviolet rays and new lighter-than-breeze fragrances spell out the combination to a glamorous season.

"MAKEUP COLORS are bright and happy and as delicious as candy apples.

"I'm talking about fuschia," Ms. Linder said, "the new universal color that all of New York's and Paris' leading makeup artists agree on, and its wide spectrum of hues."

The hues run from bubble gum pink to sun-kissed grape for lips, cheeks and nails; from rose to violet-blue for eyes.

"The fuschia look can be soft and subtle or bold and beautiful depending on how you want to look and it coordinates so beautifully with the bright-colored stripes, solid blocks of color, and the elegant black and white combinations of the new fashions," she said.

"Altogether the effect can be stunning, especially now that vivid liners and pencils are being used to line the eyes and contouring is done in softer bluish tones."

Eyebrows are back in fashion, allowed to grow in naturally, then groomed and shaped but kept full.

"That's an individual choice, of course," Ms. Linder said, "but if your eyebrows are naturally attractive, full eyebrows can add a whole new dimension to your face."

THE ESTHETICIAN who offers everything from facials to pedicures, from nutritional advice to self-improvement seminars in her luxurious Southfield spa, cautions this summer again, "The sun is not your friend."

"Besides causing you to tan, it can also cause you to burn and wrinkle. It is responsible for premature aging, pigmentation changes and skin cancer," she said.

Her advice is to take the sun gradually on the first few days of exposure, and be especially careful between 11 a.m. and 3 p.m. when the rays are strongest.

She suggests being covered with a good lotion or sunscreen, preferably one that contains benzophenone, titanium dioxide or para-aminobenzoic acid (PABA).

When you return inside, cleanse thoroughly with shower or bath, then apply an after-sun gel to help restore the moisture to your skin.

Salon treatments, especially those with collagen, can be particularly helpful in re-hydrating the skin.

Use a sunscreen and moisturizer even when gardening or shopping because you are still susceptible to sunburn when not deliberately sunning yourself.

Cloudy days are just as risky as sunny days because ultraviolet rays cut right through cloud cover.

MS. LINDER suggests steering clear of the sun while taking tetracycline or any related anti-biotics, tranquilizers or diuretics. She also suggests to be wary of the kind of perfume worn in hot summer.

"Some fragrances contain oil of bergamot, a substance with a light-sensitive chemical that attracts and even intensifies the effect of the sun's rays," she said.

"Which is a very good reason for our new supply of perfumes," she continued, pointing to Cabochard by Gres, for women, or Ivesse by Ozer and Bal a Versailles for both men and women.

"We encourage sampling and testing," she said.

Individual consultations are given without charge for face and body skin care, makeup, nutrition, anti-cellulite treatments, stretchmark softening, but firming, care of hands and feet.

Esthetics of Mira Linder is located at 29935 Northwestern Highway. Consultation appointments may be made by calling 556-5818.



Mira Linder demonstrates an array of summer fuschia shades in makeup while cautioning clients of the dangers of the sun's ultraviolet rays in her Southfield salon.

Farmer's Market comes to town

Growers have been enthusiastic about the farmers' market to be held at the Farmington Community Center.

Phyllis Welch, chairwoman of the market that begins Saturday, Aug. 2, said she is enthusiastic about the response she has gotten from farmers, growers and backyard gardeners with home-grown surplus.

"We only have a few more spaces to rent," she said, "but the variety of sellers we have lined up now is overwhelming," she said.

Ms. Welch rattled off vendors who will be selling fruits, vegetables, eggs, honey, herbs, hot pepper jelly, mushrooms, flowers and African violets.

"There will be a limited supply of homemade craft items on the grounds each Saturday and some baked goods available."

"One woman from Northville is bringing us luxurious black fleece and hand-made quilts," she said. "A corn and melon grower is coming all the way from Howell."

THE COMMITTEE behind the Farmington Community Center's market expects the aroma of freshly picked fruits and vegetables and the sights of a summer harvest to greet visitors to the grounds every Saturday, rain or shine, through October.

Market hours will be 9 a.m. to noon. The market will be at 24705 Farmington Road, just north of 10 Mile.

All items for sale will be fresh and locally grown.

"I am certain our customers will be pleased, and they will start to make our market a regular Saturday morning treat," Ms. Welch said.

Growers who want a place in the new market may call the center, 477-8404.

The daily rental rate is \$7. The monthly rate for August is \$32; \$26 for September or October. The season rate is \$80.

"Our continuous renters will be assigned choice spaces," Ms. Welch said.

The camp is a first-time venture for the Farmington Hills Parks and Recreation Office.

"There is no other like it," said Sharon Dreyer, speaking for the department.

Fee for each five-day session is \$20, payable with registration, in the Parks and Recreation Office, 31555 11 Mile Road. The fee includes a camp T-shirt.

Ms. Dreyer will take inquiries by calling her at 474-6115.

Sports Camp opens for 12-16-year-olds

Sports Camp, open to boys and girls between the ages of 12-16, introduces youth to archery, badminton, bocce ball, floor hockey, Frisbee, international handball, pillow polo, table tennis, softball and volleyball.

Sports Camp runs from 1-4 p.m. Monday through Friday, beginning July 7, 14, 21 and 28 in Shawwassee Recreation Center, 30415 Shawwassee Road, between Orchard Lake and Nine Mile roads.

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