

Marathon funds go for rescue squad

Last April's West Bloomfield Marathon may be only a memory to the 225 runners who participated in the race, but proceeds from the race will help the West Bloomfield community for years to come.

The event was co-sponsored by West Bloomfield Parks and Recreation and Vic Tanny International.

And on Tuesday, Parks and Recreation Director Fred Woelker will present \$500 to West Bloomfield Fire Chief Earl Benson for use in the township's Emergency Medical Service program.

The 7 p.m. presentation at Fire Station No. 1 will immediately precede a three-hour cardiopulmonary resuscitation class that launches an intensive effort to extend CPR training to West Bloomfield residents.

"We couldn't have held this marathon without the help of hundreds of members of our community," said Chuck Proulx, race director. He said early in the race planning, the sponsors decided they should give something back to the residents for their help.

"We're just glad that we had a good registration and a generous co-sponsor so that we are able to give EMS enough to buy something important to their program," Proulx said.

"WE'VE TALKED a lot about what we should do with this money, and we've decided to buy three items which will help us serve the community better," said EMS Service Coordinator Don Richardson.

They are:

- A baby mannikin to be used in the CPR teaching program.
- A portable cassette tape recorder to tape county EMS meetings, which can then be played to all members of the EMS staff.
- A decoder box for EKG cassettes to allow the EMS staff to study EKG patterns in motion, just as they might see them on the cardiac monitor in an emergency.

The CPR class, which starts Tuesday, will use the Resusci-Baby. The class has a registration of 20, including 12 parks and recreation staffers. Maximum registration is 25.

Although the West Bloomfield Fire Department has trained more than 250 people in CPR since the initiation of the EMS in West Bloomfield 1 1/2 years ago, Tuesday's class marks the first in a series of regularly scheduled classes that will continue throughout the year.

THE DEPARTMENT will offer this American Heart Saver class every second Tuesday at Fire Station No. 1 (Orchard Lake Road just south of Lone Pine) and every third Tuesday of the month at Station No. 4 (Greer Road just east of Hiller).

Residents 13 years old and up may sign up for the classes by calling the fire department at 363-6100. Instruction is free and is given by the American Heart Association certified instructors of the fire department staff. Instructor/student ratio is one to every eight students.

Course participants receive an

American Heart Saver card on completing the three-hour session and are eligible to go on to take the six-hour advanced course offered a minimum of twice a year by the department.

"A lot of people think that CPR is useful just for heart attack victims," Richardson said. There are many other causes of cardiac arrest — including drowning, electrocution, drug overdose, poisoning and injuries. "We've already had two drowning-related emergency calls this season and two electrocution emergencies."

In all cases, it is important that resuscitation be started immediately, so that training every resident of the community in the technique is the department's ultimate goal.

"Seattle is reputed to have the best save rate in the country, and over half their citizens are CPR trained," he said.

In two of their most recent West Bloomfield emergency cases, CPR started by residents on the spot before the EMS life support vehicle arrived played a key role in saving the lives of the victims.

THE NEWLY INITIATED fixed schedule of CPR classes has been set up with the support of the fire chief and the township fire department's 25 EMS technicians.

It was suggested as one step in the effort to extend CPR training throughout the community made in the April report of a four-person Emergency Medical Evaluation Committee.

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