

Blake-Zinn

Mr. and Mrs. George Blake of Farmington Hills announce the engagement of their daughter, Suzanne Regina, to Michael Alan Zinn, son of Patricia Hellers of Troy and the late Jack Zinn. The bride is a graduate of Harrison High School and a student at Wayne State University. He is a Detroit area vending manager for R.J. Reynolds Tobacco Co. An October wedding is planned in Franklin Community Church.



Johnson-Unwin

Mr. and Mrs. John L. Johnson of Kalamazoo announce the engagement of their daughter, Julie Marie, to Brian Paul Unwin, son of Mr. and Mrs. Benjamin G. Unwin of Farmington Hills. The bride is a graduate of Msgr. John R. Hackett High School in Kalamazoo. She is a student at Western Michigan University and an assistant manager for Gilmore's Department Store in Kalamazoo. Her fiancé is a graduate of North Farmington High School and Western Michigan University, employed as banquet manager for Hyatt Hotel on Hilton Head Island. A November wedding is planned in St. Catherine of Siena Catholic Church, Portage, Mich.



Maurer-Broders

Mr. and Mrs. Walter Maurer of Farmington Hills announce the engagement of their daughter Carol to Vernon R. Broders, son of Mr. and Mrs. Carl Broders of Lincoln, Neb. The bride-to-be is a graduate of University of Michigan and holds a degree in music education. Her fiancé is a graduate of University of Nebraska with a degree in accounting and now is employed with Consolidated Foods in Chicago, Ill. A July wedding is planned.

Here's how to look 10 years younger

Stress turned to energy in 3-session seminar

A high intensity creative relaxation workshop that teaches how to turn stress into positive energy begins Thursday, July 31, and runs for three consecutive Thursday evenings in Sun and Sail's seminar room, 28620 Northwestern Hwy., Southfield.

The instructor is Deborah Bright, a Farmington Hills resident who created the seminar and is author of "Creative Relaxation: Turning Your Stress into Positive Energy."

Each session runs for three hours, from 7-10 p.m. The \$90 fee includes a copy of the book, one audio-cassette learning album, one workshop notebook and all materials necessary. Inquiries will be taken by Dr. Bright by calling 661-4411. Registration confirmation can be made by phone and by writing a check, payable to Dr. Deborah Bright, and mailed to Box 44, Franklin, 48025. Each class is limited to 20 persons.

"Pink lipstick is far more important to the world than anything else," said Adrien Arpel. The lady who would give the world a noisy hue once parlayed \$400 in baby sitting money into a \$12 million dollar beauty empire.

Now nearing 40, the petite, raven haired beauty expert recently drew a horde of women into the book department of Jacobson's Birmingham store. The visit introduced her new book, "How to Look Ten Years Younger."

In a repeat of her phenomenally successful crash makeover book, Arpel once again recommends using readily available products.

She provides easy-to-follow directions to create a personal skin care center out of ordinary household products.

For example, one beauty recipe is designed to reduce morning facial puffiness. The formula is basically mineral water which she instructs should be kept in the freezer.

"A woman can take her ice cube tray and fill it half with mineral water and half with skin freshener or astringent. When the solution starts to freeze, put a popsicle stick into each cube. In the morning, take the little cosmetic popsicle and run it all over the face."

Ms. Arpel said the cosmetic popsicle not only takes away puffiness but softens lines and wakes-up the face.

Another inexpensive, effective wrinkle-off product Ms. Arpel recommends

is, "an egg white. Add just a touch of alum and a few drops of mineral water. Smooth the mixture on the face where wrinkles appear and they temporarily disappear. That's one of my favorite new beauty discoveries," she said.

KNOWING THAT her jet-setter clients are not alone in their desire to take 10 years off their birth certificates, Arpel writes for the new, "in-between" woman — the busy woman of today, who, at any age, realizes the importance and necessity of a vital appearance.

In her new book, she shows how to prevent many early aging conditions, such as over-30 messy skin, dull, lifeless hair and thickening waist. She shows how to camouflage what can't be changed.

Included are makeup and hairstyles that de-emphasize facial wrinkles and colors and styles of clothing that highlight good features while minimizing detractors.

"To me, looking good means a woman who looks healthy, vital and has a young appearance," Ms. Arpel said. "By 10 years younger, I don't mean looking like a sex symbol. I mean having a very with-it, contemporary look. And that only comes from healthy things."

Ms. Arpel said the book was written "because, when I was touring the coun-

try with my first book, women would wait in line for hours and say, 'I just want to ask you a question.'"

"Most of them asked, 'how can I look 10 years younger?' The French have an expression which answers the question — trompe l'oeil, or, in English, trick the eye."

"When a woman passes the age of consent, she has to learn the tricks

taught to every jet setter, female politician, film personality — anyone who has stayed on top for years — the art of looking younger."

As for pink lipstick, "If you don't have that healthy, outdoorsy pink-cheeked and clear-eyed look, don't go out of the house until you give your lips and cheeks a badly needed shot of color," she advised.

club circuit

THE GATHERING PLACE invites senior adults to have their pictures taken, from 10 a.m. to 12:30 p.m. and from 1:30-3:30 p.m. July 18 in The Gathering Place, Mercy Conference Center, on 11 Mile Road, east of Middlebelt Road. The pictures will be laminated on an identification card.

The identification card will enable senior adults to take advantage of discounts offered by local merchants, ranging from 4-50 percent. Discounts are offered on a variety of items ranging from automobile parts to prescription drugs.

The photographs and cards will be issued by Oakland Livingston Human Service Agency without charge.

A directory of participating merchants will be available for 65 cents.

To participate in the program, one must be over 60 years of age and live in Oakland County.

FRIENDS OF LEADER DOGS meet at 10 a.m. Monday, July 21 in Beverly Hills United Methodist Church, 20000 13 Mile Road.

All meetings scheduled by the club are open to all persons interested in supporting the leader dog program. Inquiries will be taken by Edith Furesik, 591-0068.

All club news and announcements for this column are to be addressed to: Club Circuit, Farmington Observer, 23352 Farmington Road, Farmington 48024, and must arrive on the Monday prior to Thursday publication.

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