

Area pharmacist elected society head

John F. Mitchell, assistant director of pharmaceutical services at Providence Hospital in Southfield, is the new president of the Southeastern Michigan Society of Hospital Pharmacists (SMSHP).

Mitchell, a resident of Novi, will head the state's largest regional pharmacy association, comprised of more than 400 members until mid-1981.

The SMSHP is dedicated to the educational development of members and expansion of the patient care role of the hospital pharmacist.

A graduate of the Albany College of Pharmacy in New York, Mitchell earned his doctorate in pharmacy at the University of Michigan.

His background includes service as a clinical pharmacist at the Ohio State University Hospital in Columbus and as assistant director of pharmacy at Detroit's Hutzel Hospital.

He joined the Providence staff as coordinator of drug and poison information and was appointed assistant director for clinical services last January.

Mitchell is an adjunct assistant professor of clinical pharmacy at Wayne State University. His professional affiliations include the Academy of Pharmacy Practice, American and Michigan Pharmaceutical Associations and the American Society of Hospital Pharmacists.

He has also served as a reviewer for



DR. JOHN MITCHELL
the "American Journal of Hospital Pharmacy."

The new SMSHP president was recipient of the Michigan State Medical Society Recognition Award in 1976 and the following year shared the Barth Award of the Share Our Savings Contest. The competition was sponsored by the Michigan Hospital Association and Blue Cross/Blue Shield for development of a home hyperalimentation program.

Homey ideas bring unusual results

These are the days to salute your local merchants who have made the effort to have a floral display in front of their stores.

If you see a well-cared-for display of flowers outside of a store window, go in and compliment the owner or clerk. You don't have to make a purchase. Some have a margin of space beyond the sidewalk that belongs to the building and have created raised flower beds.

This is a good investment as they can insert evergreen cuttings in early winter to continue their plus accent. The total program is toward making your hometown a place to remember.

Geraniums and white petunias are always eye catchers. Coleus with bright leaves, plus pachysandra give a flower box an "A" rating.

ICE CREAM stores are well patronized in the summer. Here is a practical idea from Jean Kapel.

She secured five empty ice cream containers from a local store and lined them with appropriate plastic bags, then filled them with soil of good quality and planted the containers with colorful flowers in early summer.

She folded over the surplus plastic bag and placed a few white pebbles over the surface, leaving a minimal area for the rain to penetrate. This restricted the full blast of water so as to not drown the plants, but held the moisture for dry days. The containers can be covered with contact paper.

Black and gold are handsome. Here is another earthy suggestion. This spring I took a large rubbish bag and rolled down the top after pouring 15 inches of garden soil into it.



down to earth

Alice Burlingame

Then I took a sharp knife and made 10 slits in the bottom so water could escape. In the conditioned rubbish bag, I planted two potatoes that had been cut in half, being sure there were eyes on each of the four halves.

At this date, there are four beautiful plants and no potato bugs. Later, you will receive a report on how many potatoes I harvest.

The bag was set in a low area of a field so it would have a better chance for moisture during a dry spell. I have heard the project works beautifully.

WHAT A PROJECT to share with city children to show them that all potatoes are not chips. Due to the weight of the finished project, an instructor could demonstrate the total lesson, then have the children cut two potatoes, and go home with the bag and cut potatoes for the project to be finished at home.

Think of all the vegetables that could be a conversation piece off one's patio. Squash would have

elegant leaves as a vine. This idea would go over well in a nursing home.

As lettuce likes cooler weather for growing, you can make your own seed tape. You will need toilet paper, seeds and toothpicks. Make a paste with the flour and hot water. Dabble the toothpick in the paste, pick up a seed with the moistened toothpick and space it on the toilet paper at the intervals you wish.

The flour will have some nutrients, there will be a higher rate of survival, and you won't waste seed. Cover the attached seeds with lightly screened soil. This is a good project for those who feel their fingers are all thumbs.

MANY YEARS ago, I spent a morning with Mr. Bellingrath of Bellingrath Gardens. As he surveyed the beauty he had wrought, he said, "It is like a woman with 52 gowns."

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