in the pocket/W.W. Edgar

Here is some fascinating advice for bowlers who suffer from sore thumbs when the season opens: Use a potato to shrink the swelling.

In a feature article in the latest issue of the ABC magazine, two-time Bowler of the Year Don Johnson recommends placing your sore thumb in a potato for various periods of time. In fact, he suggests that the sore thumb inserted into the potato should be wrapped and then taped to your wrist until the soreness leaves.

He offers the following tip: First, buy a large Idaho potato. Second, take a knife and carve a hole in the potato, then place a white sock over your hand. Pull the sock over your potato and hand, then secure it by tying it with a string or taping it down.

If you want to be fancy, Don suggests that you peel the potato and chop it in to fine pieces. Place your thumb in the finely chopped pieces and place a towel around the hand and secure it firmly.

With this tip, Don also sounds a warning: "Don't keep your thumb in the potato too long or it will shrivel up and seem to disappear."

THERE WAS GOOD reason for the run on hot dogs last weekend. They were featured as part of the Good Ole Days in the area bowling establishments as several tons of them were devoured.

One of the biggest runs on the hot dogs was at Merri-Bowl, where 3,000 were eaten during the three-day period and most of them were disposed of on Sunday.

At Woodland Lanes, the rush was so great on Sunday that a hurry call had to be made on the market to meet the demand of the bowlers who were taking advantage of the 25-cent food.

While the demand was average on Friday and Saturday, the big rush at most establishments was on Sunday. This was especially true at Westland. All told, the promotion was a great success.

RICK CAPALDI one of the proprietors of Westland Bowl, proved that he could knock the pins down in other establishments, too.

Bowling at Plaza Lanes, he put together games of 192, 236 and 290 for 708 in the Kings and Queens event.

CINDI EDWARDS continued her high scoring in the Ladies Trio league at Westland with a 622 series that included games of 214 and 224. Jane Martin was next in line with a 244 in 608.

In the Monday men's league, Mike Mott was top man with a 242 in 636. Six pins behind him came Bob Sloan who had a 240 game. Jim Jensen landed third with 620. Others with double century figures were Steve Cotter with 234 in 605 and Rick Biegas with 231 in 604.

MARK HAMMEL was the only bowler to post a 600 series in the men's league at Woodland Lanes. He closed with a 224 for 608. Bill Brown followed with 585 and Rick Winkler was third with 534.

Long Course swim results

1980 MICHIGAN AAU
LONG COURSE SWIMMING CHAMPIONSHIPS
AUG. 8-10.

Top 10 Team Results: 1. Dearborn Recreation Dolphins (DRD), 839.5; 2. Birmingham-Bloomfield Atlantis (BBA), 589, 3. Oakland Live Y'ers (OLY), 506; 4. Royal Oak Penguins (ROP), 360; 5. Ann Arbor Swim Club (AASC), 275; 6. Greater Lansing Swim Club (GLSC), 252; 7. Midland Community Center Dolphins (MCCD), 240; 8. Michigan Stingray Swim Association (MSSA), 217; 9. Clarenceville Swim Club (CSC), 181; 10. Fitzgerald Swim Club (FSC), 162.

INDIVIDUAL RESULTS

Girls' 15-18 800-meter freestyle — 1. Kara McGrath (BBA) 9:09.52; 2. Patty Sabo (DRD) 9:25.28; 3. Anita Rival (BBA) 9:31.99.

Boys' 15-18 800-meter freestyle — 1. Greg Patrell (FSC) 8:43.42; 2. Joe Mowenan (unaffiliated) 8:49.8; 3. Larry MacDonald (FSC) 8:55.99.

Girls' 13-14 800-meter freestyle — 1. Amy Bouckaert (ROP) 9:07.95; 2. Sue Hollman (DRD) 9:49.37; 3. Gayle Gorgas (DRD) 9:50.14.

Boys' 13-14 800-meter freestyle — 1. Scott Christie (MSSA) 9:10.75; 2. Tim Hynes (ROP) 9:17.18; 3. Allen Gelderloos (DRD) 9:28.11.

Girls' 15-18 100-meter breaststroke — 1. Allyson Farquhar (MSSA) 1:17.38; 2. Sue Cashman (BBA) 1:20.41; 3. Sara McLeod (Grosse Pointe Swim Club) 1:20.59.

Boys' 15-18 100-meter breaststroke — 1. Mark Wister (DRD) 1:10.65; 2. John Lazar (DRD) 1:10.8; 3. Jim Brunesse (OLY) 1:11.08.

Girls' 13-14 100-meter breaststroke — 1. Colleen Mckinley (GLSC) 38:18.59; 2. Colleen Carey (MSSA) 1:18.99; 3. Tammy Kushner (Taylor Pool Sharks) 1:21.27.

Boys' 13-14 100-meter breaststroke — 1. Robert Kramer (GLY) 1:16.91; 2. Dan Brandi (Battle Creek Swim Club) 1:17.65; 3. Matt Flanders (Harper Creek Swim Club) 1:17.75.

Girls' 11-12 50-meter breaststroke — 1. Ginnie Johnson (DRD) 37.4; 2. Molly Levine (AASC) 38.78; 3. Nina Anderson (AASC) 39.02.

Boys' 11-12 50-meter breaststroke — 1. Tom Wolfe (Mount Pleasant Pacers) 35.61; 2. Ted Au (GLSC) 36.86; 3. David Wentworth (MCCD) 37.71.

Girls 10-and-under 50-meter breaststroke — 1. Casey Fellrath (DRD) 40.45; 2. Jennifer Jackson (Kalamazoo Y-Kats) 42.94; 3. Audra Martin (DRD) 43.15.

Boys' 10-and-under 50-meter breaststroke — 1. Chris Trombley (unaffiliated) 41.11; 2. Joe McGinnis (DRD) 42.36; 3. Rick Schultz (DRD) 42.93.

Girls' 15-18 200-meter backstroke — 1. Gina Bratrude (BBA) 2:32.88; 2. Pam Rudolph (GLSC) 2:33.57; 3. Missy Proctor (OLY) 2:34.66.

Boys' 15-18 200-meter backstroke — 1. Dan Davis (BBA) 2:17.92; 2. Jeff Colton (GFSC) 2:19.16; 3. Boog Harrington (BCSC) 2:20.40.

Girls' 13-14 200-meter backstroke — 1. Amy Bouckaert (ROP) 2:29.89; 2. Lori Elliott (BBA) 2:34.89; 3. Sue Otero (ROP) 2:35.89.

Boys' 13-14 200-meter backstroke — 1. Doug Cleland (OLY) 2:19.15 (MAAU record); 2. Jeff Gerwin (ROP) 2:23.67; 3. Alec Campbell (CSC) 2:25.

Girls' 11-12 100-meter backstroke — 1. Susan McGurk (DRD) 1:13.61; 2. Jackie Moss (BBA) 1:17.47; 3. Gina Schmidt (YKAT) 1:18.39.

Boys' 11-12 100-meter backstroke — 1. Brian Brace (BBA) 1:13.64; 2. Bob Hutchinson (St. Joseph Aquatics) 1:14.34; 3. Tom Wolfe (MPP) 1:15.27.

Girls' 10-and-under 100-meter backstroke — 1. Casey Fellrath (DRD) 1:14.38; 2. Ann Bollinger (DRD) 1:18.93; 3. Audra Martin (DRD) 1:24.14.

Boys' 10-and-under 100-meter backstroke — 1. Dan Meionis (SJA) 1:17.88 (MAAU record); 2. Steve Shippe (DeWitt Swim Club) 1:27.59; 3. Stephen Pancratz (West Bloomfield Swim Club) 1:28.91.

Girls' 15-18 100-meter freestyle — 1. Kara McGrath (BBA) 1:01.56; 2. Patti Pipplin (OLY) 1:01.98; 3. Julia Medick (GLSC) 1:02.8.

Boys' 15-18 100-meter freestyle — 1. Joe Hojnacki (FSC) 54.55; 2. Kirstan Vanderslusa (BCSC) 55.32; 3. Tom Agar (Delphinus Swim Club) 55.68.

Girls' 13-14 100-meter freestyle — 1. Amy Bouckaert (ROP) 1:10.6; 2. June Van Vleck (DEL) 1:01.72; 3. Sue Hollman (DRD) 1:03.56.

Boys' 13-14 100-meter freestyle — 1. Doug Cleland (OLY) 57.68; 2. Allen Gelderloos (DRD) 59.47; 3. Alec Campbell (CSC) 59.5.

Girls' 11-12 200-meter freestyle — 1. Ginnie Johnson (DRD) 2:20.01; 2. Kathy Ley (MCCD) 2:20.75; 3. Yvonne Griesen (AASC) 2:24.22.

Boys' 11-12 200-meter freestyle — 1. Mark Shagena (BBA) 2:17.77; 2. Brian Brace (BBA) 2:19.55; 3. Ted Au (GLSC) 2:20.13.

Girls' 10-and-under 200-meter freestyle — 1. Casey Fellrath (DRD) 2:24.39; 2. Jennifer Jackson (YKAT) 2:26.98; 3. Ann Bollinger (DRD) 2:38.73.

Boys' 10-and-under 200-meter freestyle — 1. Steve Shippe (DWSC) 2:27.2; 2. Joe McGinnis (DRD) 2:31.45; 3. Dan McInnis (SJA) 2:32.84.

Girls' 15-18 200-meter butterfly — 1. Kara McGrath (BBA) 2:33.35; 2. Kathy Merriweather (unaffiliated) 2:38.04; 3. Gina Bratrude (BBA) 2:38.79.

Boys' 15-18 200-meter butterfly — 1. Joe Hojnacki (FSC) 2:11.41; 2. Greg Patrell (FSC) 2:12.26; 3. Mike Pegram (MCCD) 2:14.95.

Girls' 13-14 200-meter butterfly — 1. Carolyn McNeil (ROP) 2:38.83; 2. Cindy Gazoor (GFSC) 2:39.24; 3. Jennifer Fedor (DRD) 2:50.03.

Boys' 13-14 200-meter butterfly — 1. Mark Postler (ROP) 2:22.55; 2. Alec Campbell (CSC) 2:23.61; 3. Tim Hynes (ROP) 2:24.12.

Girls' 11-12 100-meter butterfly — 1. Ginnie Johnson (DRD) 1:11.21; 2. Gina Schmidt (YKAT) 1:12.04; 3. Kathy Ley (MCCD) 1:14.87.

Boys' 11-12 100-meter butterfly — 1. Mark Shagena (BBA) 1:10.37; 2. Ted Au (GLSC) 1:10.74; 3. Mike Noonan (BBA) 1:14.52.

Girls' 10-and-under 100-meter butterfly — 1. Jennifer Jackson (YKAT) 1:15.13; 2. Ann Bollinger (DRD) 1:20.86; 3. Nancy Marley (GLSC) 1:22.5.

Boys' 10-and-under 100-meter butterfly — 1. Dan McInnis (SJA) 1:18.59; 2. Steve Shippe (DWSC) 1:19.81; 3. Chris Trombley (unaffiliated) 1:22.2.

Girls' 15-18 400-meter freestyle — 1. Kara McGrath

(Continued on Page 8B)

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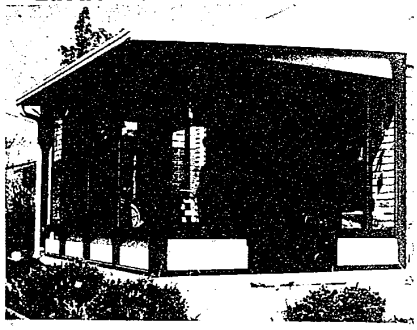

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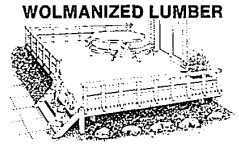

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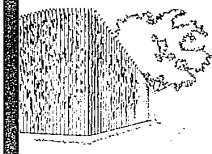

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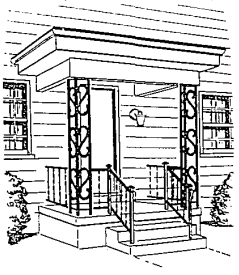

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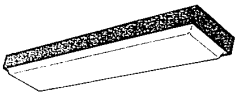

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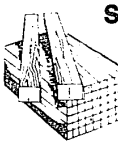

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