

# Tanning under safe rays in elegant surroundings

By LORRAINE McCLISH



Sun Glo Tanning Center opened late this spring in Farmington Hills offering the ultimate in cosmetics: the bronzed and healthy tanned look of the wealthy, to be had on a year-round basis.

"Our new clients have either been the curious, or the people who have never had a good tan. Like me," said Rasa Glengary, speaking from the elegantly appointed salon at 38245 Ten Mile Road.

"Or those suffering from psoriasis or acne who have been recommended to

us by their doctors," said Sun Glo co-owner Gerry Larson, whose aim is to have tanning salons licensed by the state.

"We've all read enough about how damaging excessive exposure to the sun can be," Ms. Larson continued. "We offer even tanning, using safe rays in a

luxurious setting with trained technicians. Our clients can tan without burning, peeling or any worry."

VISITORS TO Sun Glo step into a private booth with a vanity and large dressing area. Then, they lay down on a contoured bed, listen to music if they choose, turn on a fan if they choose, and sun for about 30 minutes.

The beds, produced by General Electric, are the first of their kind to be used in the Detroit area. They utilize an artificial source of ultraviolet radiation to produce a tanning ray.

"Since the artificial source can be used day or night, good weather and bad, it produces a tan quickly and efficiently," Ms. Glengary said.

"As little as 300 minutes of exposure, spaced over slightly more than a week's time, can produce a tan equivalent to a full summer's worth of sun exposure."

Genetic predisposition ultimately determines the depth of the tan. But the melanin pigment of the skin, whose sole purpose is to filter excessive ultraviolet rays and prevent them from damaging the delicate dermal and subcutaneous tissue of all skin types, increases.

"A suntan is nature's way of protecting ourselves against ultraviolet radiation," Ms. Glengary said. "In a nutshell, the least harmful rays are absorbed in order to form a barrier which blocks the more harmful radiation."

THE HASTILY executed attempt at suntanning, repeated often enough, year after year, could lead to permanent damage, skin doctors warn. The least of the damage caused would be premature aging, the worst, skin cancer.

The alternate, artificial ray is a spin-off of medical phototherapy, the treatment of skin disease with light and ultraviolet radiation.

"These artificial rays can now be used to stimulate melanin formation safely, efficiently and comfortably," Ms. Glengary said. "Unlike old-fashioned sun lamps, which could make you look like a freshly cooked lobster, these rays give a glowing bronze tan by concentrating their spectrum in ultraviolet A range."

"We avoid the B and C ranges and the tan obtained is literally safer than the sun itself," she said.

"WE'VE TAKEN a lot of extra precautions here with sterilization, having



The elegant interior of Sun Glo Tanning Center was designed by Jerry Larson (at left), who owns and operates the Farmington Hills tanning salon with Rasa Glengary.

a physician on staff, because we want better controls. We invite and welcome dermatologists and general practitioners to see what we're doing here," Ms. Larson said.

"We have one booth that is reserved strictly for those with skin problems who come to us recommended by their doctors. This is not new at all. The doctors have been using this method of treatment for 20 years at U-M. The problems start with no supervision," she said.

Reduced fees for the first ten 30-minute treatments are in effect through August in conjunction with Sun Glo's grand opening.

Sun tanners with dry skin are advised to use a body moisturizer. Goggles, furnished by Sun Glo, are a must for all tanners.

The two women, or their manager, Donna Fennimore, will take inquiries at 477-0660.

Hours are from 9 a.m.-9 p.m. Monday through Friday; 10 a.m. to 6 p.m. Saturday and by appointment only Sunday.



Jeff Morton, a tanning technician who manages Sun Glo during evening hours, steps inside the booth that is reserved only for those with skin problems whose doctors recommend treatments in the salon.

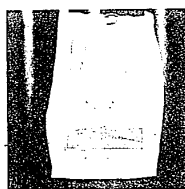


## Where It's At

By JUDY SOLOMON

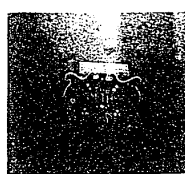
### Chip in

Jimmy the Greek would never accept a bet on these delicious Lip Chips from California. Once you've tasted them, it's a sure thing you'll eat more than just one. Unlike other potato chips, Lip Chips are not peeled, pre-soaked and manufactured on an assembly line. Instead, they are sliced extra thick with their skins still on. Then they are cooked in an open kettle the old-fashioned way. Lastly, they are hand-salted with natural sea salt. (You can also buy them unsalted, if you prefer.) The chips contain no preservatives and come packaged in four ounce bags (\$1.98) or in big 24 ounce tins (\$19.95). Rialto, 217 S. Woodward, Birmingham, 642-2230.



### Clay Feat

While it might seem strange to talk about Christmas gift ideas in August, it's also true that the early bird catches the worm. These delightful ceramic plaques from The Mole Hole in Rochester are custom-made and orders take 10 to 12 weeks. Featuring bright-colored glazes, the weather-proof plaques can be used in or out of doors. One word plaques with either a name or any other word you choose are priced at \$50. There are also sports plaques (\$50) done in your choice of a tennis, sailing, fishing, skiing, camping or golf motif. The Mole Hole, 323 Main, Rochester, 651-4600.



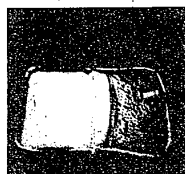
### Flower Power

Jogging suits are no longer just for joggers. They're so comfortable and attractive that they've become the fashion of non-athletes too. Ingenu has a great looking group of jogging suits in stock. Some have one-of-a-kind handpainted floral designs. Others have red lip, colorful heart of black and white panda bear prints. The store also sells crew neck sweaters that feature handpainted floral designs. The sweaters can be custom ordered with any color and type of flower you desire. Priced at \$22.80, sweater orders take two weeks. Ingenu, Applegate Square, Northwestern at Inkster, Southfield, 352-7232.



### For a Change

Just ask the mother of any infant, when you're out on the road, it's virtually impossible to find a comfortable and convenient place to change the baby. May we suggest the Baby Changer Bag (\$31.95) which acts as a portable change table anywhere you go. The shoulder bag has large storage pockets on the outside plus fitted compartments on the inside for diapers, bottles and powder. When you open it up, it becomes a comfortable vinyl-covered soft cushioned mattress where you can lay the baby down. Lewis of London, 555 S. Woodward, Birmingham, 642-0877.



## Staff photos by Randy Borst



Liz Claiborne designs clothes with a careful eye...refreshingly low-keyed and consistently classic. Here now for fall...the three-quarter length cardigan, knitted of mohair, acrylic and nylon in a deep bordeaux, for sizes S,M and L; '60. The low-pleated skirt, in a wool and polyester plaid of ink blue, green and bordeaux, for sizes 4 to 14; '60. And, the front-tucked blouse of polyester...with just a touch of crochet trimming...the ecru collar. In lilac, for sizes 4 to 14; '38. In 'SFANTastic—where we are all the things y...are! College/Career Wardrobe Workshop—Troy Store 2 PM Show—SFA Entrance to Somerset Mall R.S.V.P. 6-13-9000. Ext. 27-4 Somerset Mall, Big Beaver at Coolidge, Troy • Fairlane Town Center, Dearborn