

It's Time To Enjoy Oysters

By ELLY

"Let's sing a song of glory to Themistocles O'Shea."
"Who ate a dozen oysters on the second day of May."

The quote is from "The Man Who Dared" by Stoddard King who is best remembered for his "There's a long, long trail a-riding."

The oyster season runs from September through April and they are now in good supply in the markets.

Baked, broiled, fried, scalloped, raw on the half shell or pan roasted, these delicate morsels can be prepared to suit any taste. And if you're an oyster lover, you'll enjoy them all.

Nutritionally they are low in fat, high in calcium, niacin and iron, and a good source of protein. They also supply a fair amount of thiamine and riboflavin.

Fresh, shucked oysters should be plump and grayish in color. The liquid should be clear with a fresh sea odor. OYSTER PAN ROAST

One serving:
8 fresh oysters
1 T. butter
1 T. chili sauce
1 1/2 Worcestershire sauce
few drops lemon juice
celery salt to taste
1/4 c. of oyster liquor
paprika
1/2 c. cream
1 piece dry toast
Place oysters, butter, chili sauce, Worcestershire sauce, lemon juice, oyster liquor and seasoning in a deep pan. Cook for about one minute, stirring continuously. Add cream and when mixture comes to a boiling point pour over toast, placed in a soup bowl. Serve immediately.

OYSTER STEW
(4 to 6 servings)
5 T. butter
1 c. milk
2 c. cream
1 1/2 pints oyster liquor and oysters
salt, pepper, chopped parsley, paprika
Heat serving bowls first. Add a good pat of butter to each bowl and keep them hot. Heat milk, cream and oyster liquor to the boiling point. Add the oysters and bring again to the boiling point. Season with salt, pepper and a dash of paprika. Ladle into hot bowls and add a little chopped parsley.

FRIED OYSTERS
(six servings)
Butter and cooking oil
3 eggs
3 T. heavy cream
38 to 48 oysters
Flour
Cracker crumbs
Salt and pepper
Melt plenty of butter with oil in a heavy skillet. Beat the eggs lightly and combine with the cream. Dust the oysters with flour; dip into the egg mixture; then roll in cracker crumbs. Let stand for a few minutes before cooking. Cook in skillet until brown on both sides; cook quickly, don't overcook. Serve on a hot platter with lemon wedges.

OYSTER CASINO
(four servings)
24 oysters on the half shell
Rock salt
1 c. butter
1 c. chopped green onion
1/3 c. chopped parsley
3 T. chopped green pepper
1 c. bread crumbs
Fresh lemon juice
Salt and pepper
6 partially cooked strips of bacon
Place rock salt in shallow baking pan. Arrange oysters on half shells on the rock salt. Cream the butter and blend in the onion, parsley and the green pepper. Add a little lemon juice and salt and pepper to taste. Fold in the bread crumbs. Spoon the butter mixture over the oysters and top each with a small strip of the partially cooked bacon. Have oven preheated to 450 degrees. Bake until the bacon is crisp and the oysters are curled at the edges. Serve with lemon wedges.

BRILLED OYSTERS
(one serving)
For each skewer:
1 slice bacon
4 mushroom caps
4 oysters
Lemon juice
Freshly ground pepper
Butter
Run skewer through one end of the strip of bacon then slide on a mushroom cap, an oyster, then bacon again. Repeat until the skewer is filled with the end of the bacon last. Sprinkle with lemon juice, pepper and brush with butter. Broil until the bacon is crisp and the edges of the oysters are curled. Serve with lemon or hollandaise sauce.

DOUBLE TOP VALUE STAMPS



WHOLE
Fresh Fryers
28 LB
3-Legged Or Double Breaded Fryers **35** LB

ON ALL FRESH FRUITS & VEGETABLES NO COUPON NECESSARY

USDA CHOICE
U.S. CHOICE TENDERAY
Round Steak
99 LB

1/4 LOIN SLICED INTO
Pork Chops
88 LB

CRISP ICEBERG
Head Lettuce
24 SIZE HEAD **19**

U.S. NO. 1 MICHIGAN RED
Delicious Apples 6 LB BAG **79**

SALAD SIZE VINE RIPENED
Tomatoes..... 3 LB PKG **89**

U.S. NO. 1 MICHIGAN RUSSET
Potatoes..... 10 LB BAG **77**

JUMBO 56 SIZE CALIFORNIA
Navel Oranges
DOZ BAG **99**

TASTY SWEET
Candy Yams
3-LB 1-0Z PKG **10**

WHOLE
Semi-Boneless Hams
77 LB

COUNTRY STYLE IN RANDOM WT PKGS
Sliced Bacon
69 LB

GORDON'S ROLL
Pork Sausage 2 LB ROLL **51**

PETER'S VACUUM PACKED WIENERS OR
Sliced Bologna..... LB **59**

COUNTRY CLUB THIN SLICED
Luncheon Meats 3 3-0Z WT PKGS **51**

SLICED
Swift's Liver..... LB **66**

COUNTRY CLUB POINT CUT
Corned Beef..... LB **79**

FRESH PICNIC STYLE
Pork Roast..... LB **55**

SPECIAL LABEL
Ivory Liquid
1-PT 6-0Z 8TL **39**

FROZEN
French Fries
5 LB BAG **59**

RICH TOMATO FLAVOR
Kroger Catsup
14-0Z WT BTL **15**

SPECIAL LABEL
Giant Rinso
3-LB 1-0Z PKG **59**

FRESH ROASTED
Spotlight Coffee
1-LB BAG **59**

EVEREADY
Nestle's Cocoa..... 1-LB 12-0Z CAN **59**

CAP BRAND
Corned Beef..... 12-0Z WT CAN **39**

ALL PURPOSE
Jewel Shortening... 3 LB CAN **49**

WHOLE KERNEL OR CREAM STYLE
Del Monte Corn..... 1-LB 1-0Z CAN **17**

KROGER THICK
Tomato Sauce..... 8-0Z WT CAN **9**

HUDSON ASSORTED COLORS
Jumbo Towels..... ROLL **27**

CLOVER VALLEY
Peanut Butter..... 3 LB JAR **99**

LIGHT CHUNK
Del Monte Tuna..... 6 1/2-0Z WT CAN **29**

8 VARIETIES FROZEN
Morton Dinners..... 11-0Z WT PKG **39**

KING'S COFFEE INN FROZEN NON-DAIRY
Coffee Creamer..... PT CTN **15**

KROGER 2% HI-NU
Low Fat Milk..... 1/2-GAL CTN **49**

CLOVER VALLEY
Margarine..... 1-LB ROLL **17**

SLICED OR HALVES
Del Monte Peaches
1-LB 13-0Z CAN **25**

FAMILY SCOTT
Bathroom Tissue
4 ROLL PACK **28**

NON-DAIRY COFFEE CREAMER
Pream
1-LB 4-0Z JAR **59**

AVONDALE WHOLE CANNED
Tomatoes
1-LB 12-0Z CAN **22**

VALUABLE COUPON
Save 7¢ WITH THIS COUPON
Kleenex Paisley Facial Tissue
125-CT BOX **19** WITHOUT COUPON **26**
Valid Thru Sun., Feb. 8, 1970 At Kroger Det. & East, Mich. Limit One Coupon.

Health & Beauty Aids!
EXTRA-STRENGTH PAIN RELIEVER
Excedrin Tablets 100-CT BTL **99**
REGULAR OR EXTRA HOLD
Adorn Hair Spray CAN **538**
IN PLASTIC BOTTLE
Swan Alcohol..... PT BTL **17**
SCHICK DOUBLE EDGE PLUS PLATINUM
Razor Blades..... 5-CT PKG **73**

100 TOP VALUE STAMPS
WITH THIS COUPON ON ANY 2 CTNS READY TO EAT KROGER PUDDINGS OR PARFAITS
Valid Thru Sun., Feb. 8, 1970 At Kroger Det. & East, Mich. **A**

50 TOP VALUE STAMPS
WITH THIS COUPON ON ANY 5 CTNS YUBI YOGURT
Valid Thru Sun., Feb. 8, 1970 At Kroger Det. & East, Mich. **B**

25 TOP VALUE STAMPS
WITH THIS COUPON ON ANY PKG PINCONNING CHEESE
Valid Thru Sun., Feb. 8, 1970 At Kroger Det. & East, Mich. **C**

25 TOP VALUE STAMPS
WITH THIS COUPON ON ONE PKG VROMAN ICE CREAM DRUMSTICKS
Valid Thru Sun., Feb. 8, 1970 At Kroger Det. & East, Mich. **D**

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WITH THIS COUPON ON ANY 1/2-GAL CTN KROGER SHERBET OR ICE MILK
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Valid Thru Sun., Feb. 8, 1970 At Kroger Det. & East, Mich. **F**

50 TOP VALUE STAMPS
WITH THIS COUPON ON ANY 2-PKGS KAHN'S WIENERS OR LUNCHEON MEATS
Valid Thru Sun., Feb. 8, 1970 At Kroger Det. & East, Mich. **G**

50 TOP VALUE STAMPS
WITH THIS COUPON ON ANY 2-PKGS CENTER CUT PORK CHOPS
Valid Thru Sun., Feb. 8, 1970 At Kroger Det. & East, Mich. **H**

50 TOP VALUE STAMPS
WITH THIS COUPON ON ANY 2-PKGS CENTER CUT HAM SLICES
Valid Thru Sun., Feb. 8, 1970 At Kroger Det. & East, Mich. **J**

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