

U.N. conference on women's decade U-M program topic

The World Conference of the United Nations Decade for Women (held July 14-30 in Copenhagen) will be discussed in a special program from 3-5 p.m. Friday, Sept. 19, in the University of Michigan Modern Languages Building auditorium 3. The public is welcome.



SARAH POWER

U-M Regent Sarah G. Power, U.S. delegate to the World Conference, and Sherrie A. Kossoudji, graduate student in economics and population studies, who attended the concurrent Forum of Non-Governmental Organizations, will be main speakers.

President Harold T. Shapiro will make introductions and Virginia B. Nordby, director of the U-M Office of Affirmative Action, which is sponsoring the event, will be moderator.

This year marks the midpoint in the United Nations Decade for Women, launched with the 1975 International Women's Year. The World Conference was organized to examine the progress, or lack of progress, for women during the past five years.

questions will be answered.

The conference focused on such issues as literacy for women; recognition of the economic value of women's work in the home; scarcity of drinking water; rural technology; and legislative guarantees equity in voting rights, employment, pay, education, and health services.

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Thank von Bismark for retirement age

Dear Jo: Who decided that the age of 65 should be the retirement age?

The retirement age of 65 was decided upon in the 1880s as part of the social legislation of German Chancellor Otto von Bismark.

Dear Jo: My grandfather is 70. Last summer he had a big heart operation. Before the operation, he had to take lots of pills all the time and he couldn't go up and down stairs very much, either.

My grandfather had to rest and take it easy for about three months after his operation. He has a big scar on his chest, too. But, Jo, now he can walk very well, and even run some, and he goes up and down the stairs as much as he wants to. The cold weather doesn't make him stay inside anymore. I know that my grandfather was scared to have

this operation. He thought that he was too old to have it. But now he's really glad and so are we. It's fun to be able to play with him again and not see him so sick. Now we don't worry about him all the time.

Jo, please tell other people that if it's OK with their doctors, heart operations can help them. I love my grandfather very much and I am so proud of him.

Dear Jo: When I go the doctor, my mind goes blank. I often forget to tell him something important and then I remember it after I get home. Could you give me some suggestions on this please?

Mira J., 8

Dear M.P.: This happens to many people and it is embarrassing. Here are a few suggestions:



gerontology
A. Jolayne Farrell

Buy a pocket-sized notebook to use as your personal medical record. In the front part of the book list all the medications that you are taking. You should know your medications by name and what each one is for. Also list the medications and foods to which you are allergic.

Write down the time and date of your doctor's appointment.

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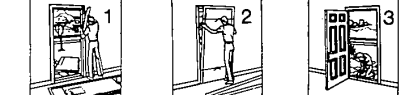
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