## Smoke hurts lungs, heart

(Continued from Page 1A)

(Continued from Page 1A)
"The frustrating thing is that although large sums of money are spent
in research of chronic pulmonary disease, there's little evidence that research alters the course of the disease,"Rabinowitz said.

Despite the Surgeon General's warning on cigarette packages, the TV ad
han, the chocolate cigarette-fruototine
flavored gum substitutes, the prevailing attitude among smokers is "It will
never happen to me."

"THEY COULDN'T BE more

"THEY COULDN'T BE more wrong," Rabhowitz says. "This year in the U.S., there will be 100,000 deaths due to lung cancer."

On morning rounds, Rabinowitz performs a fiberoptic bronchoscopy, a five-minute non-surgical procedure using bending light through tubes to diagnose a lung spot. The patient, a 41-year-old man, sought medical treatment because of Joint stiffness he thought was due to arthritis.
"Symptoms of lung cancer are very subtle," Rabinowitz says later in his, office.

"It could be a cold that doesn't go away fatigue all the time, weight loss, away, fatigue all the time, weight loss, coughing up blood, or muscle soreness in the chest."

coughing up blood, or muscle soreness in the chest."

The symploms are so vague that they often go unnoticed. Doctors discovered a lung tumor in one 33-year and patient whose only complaint was a nosebleed that wouldn't stop.

"The patient had been smoking a pack a day since age 14."

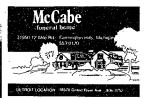
"Most cases are inoperable because the cancer has spread to other parts of the body, most commonly the brain, liver and bones.

For information on quitting, call local chapters or write: American Canera Society, 7373 Fercheval, Detroit, 48214, American Lung Association, 28 W. Adams, Detroit, 48216, Michigan Beart Association, 18310 W. 12 Mile, Lathrup Village, 46076.

The Seventh Day Adventist Church has a five-day plan to stop smoking. For information, write Seventh Day Adventist Church, Narcotics Education Division, 6840 Easter Ave. N.W., Washington, D.C. 20012.



Eugene Leapheart walks a computer-run treadmill that pushes patients to the limits of human tolerance. Background technicians Barry Lewis, Allen Schultz and Dolores Lewandowski are monitoring Leapheart's continual electrocardiogram. The stress test can run five to 20 minutes. Track speed and elevation take place at short intervals. (Staff photo by Randy Borst)



John Meyer has arrived!

Beautiful wool & corduroy co-ordinates designed just for you! Sizes 4-14



Days Only

The picture is perfect - why not display it in a beautiful cabinet of solid wood to enhance the decor of the whote room...

NOW \$695 Take with Priced Regularly \$39.95





PREVENT GREASE spots from bleeding through painted or newly wallpapered walls by applying a coat of shellar on the spots before painting or wallpapering. Plant an Observer & Eccentric Classified Ad and watch it grow.

Exp. 11-26-80

Exp. 11-26-80 + Dep

ORCHARD RIDGE FARM MARKET

33304 West 12 Mile. Corner Farmington Rd. (in Kendellwood Shoj na Konsulska - Eckridus - West Penhall Bullery - Disported Cheese - Aureg

## SPECIAL PURCHASE LUXURIOUS LEATHER OR SUEDE BLAZERS

The right tailoring, the right styles, the classic cuts, to fit smartly, hang easily and go everywhere fashionably Choose from a great selection at a sale price. Sahara tan, silver grey, gunstock brown, and many more. Sizes 48 and 50's, \$10 additional.

\$165.00

washington clothiers







Featuring a large selection of packaged spices from around the world