### Chinese cookbook is the realization of a woman's dream

By SHIRLER IDEN

In Doris Lang's case, it was a matter of west meets east, an occidental woman falling in love with oriental culture.
Even before she and her husband,
Elmer, traveled to Japan the first time
25 years ago, she was an admirer of the

"After all," the Southfield homemak-

Tatter aii," the Southfield homemakersays, "We're the upstarts, they're the ones with tradition."

On that trip to Japan so many years ago, the Langs, and the other couples with them, climbed Mount Fuji, shot rapids, and took Chinese cooking lessons.

"We fell in love with Chinese cooking immediately" she says. "After all, when you can enjoy it with your hus-band and friends, that's got to be what life is all about."

She remembers the adventure, the people, the excitement of the orient, and her home shows it. Japanese lamps, oriental clay pieces, a Chinese scroll are all part of the ambience. But Chinese cooking has become a way of life at the Lang residence.

MRS. LANG dreamed of writing a conthook. It would be a collection to show Americans that what they find in restaurants is not really what Chinese food can be. The idea was born long ago, and like many dreams, put off.
Then, more than two years ago, came the determination to write her cothook, to adapt old Chinese recipes for use in American kitchens.
Confined to home following an illness, she received a visit from a dear friend, who became the sput for Doris Lang to finally write her book.

In the Acknowledgments on Page 4 of "The Art of Chinese Cooking — a Beginning" she writes of that friend, Marie Bates, who said to her: "Go Ahead, Dorts, I know you can do it."

Marie Bates died of cancer before her friend's book was completed, but her contribution to the author is a spe-cial one. It was encouragement at a time of despair and it worked.

If she needed only to translate her collection of recipes into simple form and compile them, that would have been a credible accomplishment.

Mrs. Lang did more.

She learned to use a single-lens re-flex camera, and, using her own care-fully collected artifacts, she composed and photographed dozens of color pic-tures for the book.

MRS. LANG credits another friend, Jim Mills, with teaching her the basics of photography.

She thanks Lois and Ron Micetic for their typesetting skills, friendship and enthusiasm. The Lathrup Village cou-ple keep copies of the book in their place of business and are enthusiastic salespersons.

The author did her own keylining, learning the skill "because it would have been very costly to have it done." The finished product is a sleek, 104-page volume, with simple, easy-to-read and reproduce recipies, and arfully done illustrations — a work of love and a work of several products. a work of art.

Born in Dearborn to a "Ford factory worker and a Polish immigrant", Mrs. Lang says her home was not particu-larly "arty" but she was always inter-ested. "I had two majors at Eastern Michi-

gan university, one in time arts and one in natural sciences," she recalls.

Her husband was born in Pleasant Ridge and they have lived in Southfield 17 years. Their daughter, Julie, 16, is a swimmer on the Southfield-Lathrup High School team.

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"TM SO PROUD of the book," she says. "There's a great sense of accomplishment and I went first class with it all the way. I went from printer to printer. We used a four color Heidelburg Press. I wanted it to be beautiful and it is."

Now, there are 3,000 artfully done cookbooks to sell. "And that's a lot of cookbooks," she acknowledges, but she is continent that the book will sell. The state of the self-way of the self-wa

"It's an excellent book for giving and receiving," she says. "My main thrust is that all women want to enjoy oriental cooking but we back off, thinking there's some mystery involved. Not

a neugung Chinese cook can find re-cipes for pork, chicken, shrimp, beef and vegetables dishes, for sauces and condiments, and can see, also, how the finished dishes should look. Mrs. Lang's book is according to

there's some mystery involved. Not so."

The book is written in the first person, ancedetal.

A CHINESE gourmet evaluates a dish by four main standards: color aroma, laste and texture," she says. The book offers recipes which meet the highest standards in all four categories.

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# Historical societies join to give thanks

Detroit Historical Society and friends from the Farmington Historical Society join for a Thanksgiving at 5 p.m. Sunday, Nov. 30 in Bostford Inn. Member's price for dinner is \$12.50, non-members \$15; and a special price of \$6.25 for children under the age of 12.

Tickets may be picked up at the Detroit Historical Society office, Monday hrough Friday, 820 a.m. to 430 p.m., or send checks made payable to the society at \$401 Woodward Avenue, Detroit, 48202. Reservations must be in by Nov. 26.

Hope Nahstoll of Farmington Players, a 40 year vetera of community theatre, will say grace and give holiday readings.

ever developed.

Glen and Judi Morningstar will share early American songs on the dulcimer, fiddle and banjo in the celebration of America's oldest holiday in the historic

Built in 1836 as a private residence by Orrin Weston, Botsford Inn was con-

verted into a tavern in 1841 to accommodate the stagecoach trade.

The white, two-story, clapboard structure was purchased by Milton C. Botsford in 1860 and became the popular meeting place for drovers and travelers.

#### Flute-piano concert set

Two Eastern European musicians will perform in the second of the "Music at the Galeria" recital series at St. Mary's College, Orchard Lake, at 7:30 p.m., Sunday, Nov. 30. Admission is \$5 at the door or \$2.50 for senior citizens

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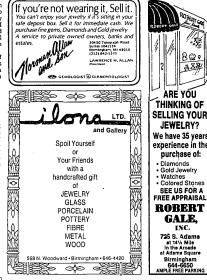
We will be serving Hungarian wine and

pastry all day, (10 a.m. - 9 p.m.) Friday, November 28, 1980

So please help us celebrate.

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# and students. Ginka Gerova Ortega, flutist, and Tiber Saars, piantist, will combine their musicianship in works by Bach, Poulenc, Chopia and Beethoven, Ms. Ortega, Bulgarian born, appeared on the 'Music at the Galeria' series last year as a guest performers. Beha been featured in many solo and chamber concerts in the U.S., Canada of Crahard Lake roads, Orchard Lake and Crahard Lake roads, Orchard Lake and Crahard Lake roads, Orchard Lake.

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