Many cooks make a cookbook

"Every other church has a cookbook. We should do something different," was 2 arol Shaya's explanation of why she resented a plan for a Sacred Heart sookbook to Academy headmistress lister Gusan Maxwell two years ago. "My plan was to solicit recipes from the other American Sacred Heart schools," Mrs. Shaya said, "but Sister Maxwell Immediately thought in terms of the whole world!" According to Mrs. Shaya, Sister Max-

at the whole world!"
According to Mrs. Shaya, Sister Maxwell then presented her with a directory containing addresses for more than 200 Society of the Sacred Heart facilities located in 38 countries on five continents.

tinents.
"My original letter to each installa-tion had to be translated into six lan-guages. My friends thought I was cra-zy. They said it (the cookbook) couldn't be done," said the indomitable editor.

GIVEN THE vastness of the Sacred Heart network, her letter asked for descriptions of each society's school, as well as recipes for traditional foods of the area. Their responses led to a book with pictures of many of the buildings, holters of students in a variety of uniforms, and commentary giving insight into the geography and customs of the 46 locations represented.

Mrs. Shaya laughed when she recalled the bewilderment caused by the response of one Scottish convent.

"Did you know that the only way to serve pot haggis on Robert Burns's birthday is to pipe it in?" she asked.

As explained in the International Sacred Heart Cookbook, "pot haggis is a theep's liver stew," Mrs. Shaya said.
"Pipe it in' means that bagpipes are played with great ceremony and in addition to neeps (turnips) and tattes (mashed polatoes), nips of whisky are offered." GIVEN THE vastness of the Sacred

offered."
The section from Scotland also in-

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cludes recipes for such traditional Scottish fare as griddle scones, crumpets, cock-a-leekle soup and stovies (an autonal dish of pan-cooked polatoes). Not all requests elicited such wonderful local dishes, however, she recalled. She smiled when she mentioned the response from a Sacred Heart outpost in Egypt.

"The nuns there work among the poor," she said. "Apparently they wanted to convey the impression that despite their humble surroundings they are nevertheless ladies of refinement because they sent recipes for elegant French cuishe instead of native recipes."

FORTUNATELY for the goal of the book, Mrs. Shaya was able to call on her mother-in-law, Emily Shaya. The Shayas, she explained, immigrated to Detroit from Palestine, so Emily Shaya's Middle Eastern recipes are old

Detroit from Palestine, so Emily Shaya's Middle Eastern recipes are old family standbys.

In addition to traditional Armenian, Lebanese and Greek dishes, Emily Shaya's contributions included an Americanized version of Baklava. Short out cooks will be delighted with this version of the nutry sweet pastry, which uses only two tablespoons of butter instead of the one-and-a-ball cross of the contribution of the nutry sweet pastry, which uses only two tablespoons of butter instead of the one-and-a-ball cross of the contribution of the nutry sweet pastry, which uses only two tablespoons of the nutry sweet pastry which uses on the nutry sweet pastry which was not become and the nutry of the nutry sweet pastry which was not become and the nutry sweet pastry with the nutry sweet pastry in the nutry sweet pastry with the nutry sweet pastry in the nutry sweet pastry sweet pa

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"WILL YOU PLEASE quit making cakes, Mother. When are we going to get to the next chapter?" the children pleaded at one point. Her son Jim, who joined the interview session momentarily, said that his way that the properties of the sold Secred Heart African recipe for green bananas. "Just step out into your backyard and pick fresh, unbroken bananaseves," advised Jim wryly. Mrs. Shaya admitted that a few of the entries, like the matooke, were included simply to provide insight into the geography and customs of the regions where Sacred Heart societies are located. The most extensive section of the book, she said, is devoted to entries submitted by American schools. These recipes, while very practical, also capture the regional flavor of a crass like Louisiana, Massachusetts, California and Michigan. Louisiana, Ma and Michigan.

Louislana, Massachusetts, California and Michigan.
One pineapple cake, called Black Lake Hula Cake, is an example. Submitted by a Michigan resident who spends much of the summer at the family cottage, the cake is one of those throw it all together "diffisits that reflects the lifestyle of the area. "The Black Lake people are party goers and bridge players. They spend too much time 'playing' around, so anything they bake has to be quick and good. Nobody at Black Lake knows how to hula, but hey sure know how to eat cake," explains the note at the end of the recipe.

Petrorii and Am Spina, who helped with the ehin recepes and foreign-language translation.

The cookbook does indeed illustrate the internationality of the Sacred Heart family, a network that she has found a welcomes members with warmth and affection.

"On a cruise last spring we stopped in Puerto Rico, and decided to visit the Sacred Heart school in Santurce. When we told the mun who opened the door that we were from Sacred Heart, she threw open her arms and said, 'How long can you stay?',' recalled Mrs.

The spirit of family has resulted in a sellout of the first printing of 1,000 editions of the International Sacred Heart clopkook. Art. Shaya said that she articipated the second printing of the second printing the

Speaker's topic is religion in future

turer's Bank and a member of North-west Unitarian Universalist Church, will address the congregation.

For more information, call the church at 354-4488.

"Liberal Religion and the World of Tomorrow" will be the topic of Robert Storer at 7:30 p.m. Sunday, Dec. 14. Storer, a retired officer of Manufac-turer's Bank and a member of North-

The public may attend.

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A reception bonoring Underwood and the band alumni will follow the con-

Guest soloist will be James Underwood, cornet virtuoso. The concert will
also feature Southfield Highs Jazz ensemble, symphony band, marching call 354-8278.



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