# Delights of

Just the thought of holiday dining brings delight. There's the joy of gathering friends and relatives around the table; the pleasure of filling the house with the savory fragrance of holiday cooking.

Succulent roast duckling makes a noble contribution to the feasting. It's ideal for small groups of two to four. For larger groups more ducklings serve more people easily and without waste. Duckling is a bird to serve proudly for your holiday dinner and to remember on occasions throughout the year, for it's always available. Prepared duckling is a perfect protein to round out and balance a menu.

Accompany your holiday duckling with spicy, golden canned cling peach halves. They're a thrifty trick to add tradition and sparkle to the dinner. A festive fruit salad or gala steamed holiday pudding prepared with colorful fruit cocktail add the element of do-ahead ease to important occasions.

### ROAST DUCKLING WITH NORMANDY SAUCE

2 ducklings, thawed, cleaned 3 tablespoons brown sugar 1 tablespoon cornstarch 1/8 teaspoon salt 1/4 teaspoon ground nutmeg

1/8 teaspoon ground cloves
1 cup apple juice
2 tablespoons brandy
2 tablespoons butter

Sprinkle duckling body cavity with salt. Place duckling breast side up on rack in shallow baking pan. Prick skin all over with sharp fork or knife. Truss. Roast in preheated 350°F. oven about 10 minutes per pound or until duckling is tender and a deep brown. Last 30 minutes of roasting time baste occasionally with Normandy Sauce.

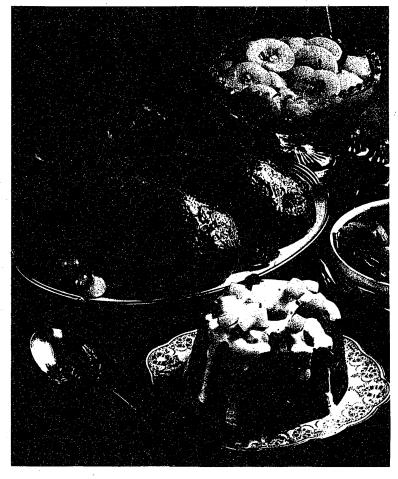
Normandy Sauce: In small saucepan, stir together brown sugar, cornstarch, salt, nutneg and cloves. Add apple juice. Cook over medium heat until mixture begins to boil, string constantly. Add brandy. Remove from heat, stir in butter. May serve additional sauce at table. Serves 4 to 8.

# GINGER SPICED PEACHES

1 can (29 oz.) cling peach halves 2 tablespoons sugar 2 cinnamon sticks 2 teaspoons whole cloves 2 tablespoons chopped crystalized ginger 1/2 cup lemon juice

Drain peaches and reserve 1 cup syrup. Pour reserved syrup into saucepan with sugar. Boil 10 minutes. Add cinnamon, cloves and ginger; simmer 10 minutes. Add peaches and lemon juice. Cool.

Note: To increase recipe use 3 cans (29 ounce, each) cling peach halves; Drain, reserving syrup from one can of peaches. Store spiced peaches in sealed, sterile glass jars and process for 10 minutes in boiling water bath.



# FESTIVE STEAMED FRUIT PUDDING

8 seri 1 can (17 ounce) fruit cocktail 1 tablespoon imitation rum extract 1 cup flour

1-1/2 teaspoons baking soda 1 teaspoon salt 1/2 teaspoon ground cloves 1/2 teaspoon ground cinnamon

1 can (5.33 ounce) evaporated milk 1/3 cup salad oil 2 teaspoons vanilla extract

Glaze

1/4 cup orange marmalade 2 tablespoons imitation rum extract

1 teaspoon ground allspice 1 cup dry bread crumbs 1 cup packed brown sugar

Drain fruit cocktail. Drizzle fruit with ruin extract. Set aside. Stir together flour, soda, salt and spices. Stir in bread crumbs and brown sugar. Beat eggs with milk, oil and vanills; combine with dry ingredients. Fold in 1 cup fruit cocktail reserving remainder for gambis. Pour batter into well greased steam pudding mold or 8 individual 5 ounce custard cups. Cover with op or foil. Place in pan of the water filled to half the height of pan. Bake in pre-heated 400 degree F, oven or steam on top of stove 70 to 75 minutes or until top of pudding springs back when touched.

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While pudding is cooling (about five minutes) combine ingredients for glaze. Heat to bodling and simmer about two minutes. Turn pudding out onto serving plate and drizzle whith glaze. When ready to serve top with hardsauce or powdered sugar frosting and garnish with reserved fruit cocktail. May be served warm or at room temperature.

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# BROILED DUCKLING WITH YOGURT MARINADE

2 ducklings, thawed, quartered 1 carton (8 oz.) plain yogurt 1/3 cup lime or lemon juice 1 clove garlic, mineed

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Trim duckling. Prick skin all over with sharp fork or knife. In large
shallow pan, combine yogurt, limp juice, garlie, coriander, salt and
ginger. Place duckling in marinade, truming to coat all sides. Cover
and marinate at least 2 hours or overnight. Turn duckling and spoon
marinade over occasionally. Place duckling pieces, which have been
allowed to come to room temperature, hone side up on broiler rack.
(Important to use rack which has holes for duckling cooking juices
to drip through and catch in lower pan.) Broiler rack should be at
least 7 inches from the heat. Broil in preheated broiler 25 minutes,
basting with marinade frequently. Regulate heat or lower rack so
that duckling browns slowly without burning. Turn, brush with
marinade, and continue broiling until lightly browned, about 10
minutes. Serves 6 to 8.

NOTE: May bake skin side up on rack in roasting pan in preheated 350°F, oven 1-1/2 to 2 hours or until drumstick meat is fork tender.

### FROZEN PEACHES 'N CREAM SALAD

I can (29 oz.) cling peach slices
2 pkg. (8 oz. each) cream
cheese
6 tablespoons mayonnise
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Drain peaches, reserve I cup syrup. Whip cream cheese with sugar. Beat in mayonnaise and lemon peel. Fold in whipped cream. Butter the sides and bottom of an 8-inch spring form pan. Sprinkle wheat germ on bottom and sides. Spoon half of reamy mixture on bottom. Place I/2 of the peaches on top and spoon remaining cream mixture over peaches. Place remaining peach slites in a spiral on top. Cover and freeze until firm, at least 4 hours. Remove from freezer to the refigerator I hour before serving for optimum flavor and case of cutting. Serve on plater lined with salad greens. Serves 6 to 8. NOTE: May be refrigerated and not frozen.

