The 2nd serve can save crucial points

Everyone wants to hit the big serve.
Everyone wants to hit the ball so hard that his opponent doesn't have the time to move, but can only watch helpless as it streaks by.

But how many players ever stop to think that they are only as good as their second serve? This is the serve that keeps you from winning the point.

Each time your first serve hits the net, or outside the line, you're confronted with a problem. This is probably the toughest moment of all for the club player with a sickly second serve.

There you are, standing at the line baving just hit the first serve out with the score 30-40 against you. A moment ago your partner urged you to get your first serve in. Now he isn't looking at you, but you can see the steam coming out of both ears. The receiver has relaxed completely and is creeping forward in anticipation of a weak second serve, ready to smash it at your poor, innocent partner.

ARE YOU UNNERVED? You probably are, if you're like most players, because you lack faith in your second serve.

How can you make the most of this nearly hopeless situation? ow can you avoid the nearly inevitable loss of a crucial point? A few suggestions:

· Stop and take a deep breath. Whatever you do, do not let the pressure of the moment hurry your second serve as so many players do, serving out of embarrasment or chagrin. They want the moment to pass as quickly as possible. That's like saying, "I concede the point. Let's forget it and get on with the game."

The next time you go to a tournament, watch what a good player does when he misses the first serve. You'll notice a long pause as the player mentally collects himself. There is nothing more important to keeping control of the point.

Do some positive thinking during the moment's pause. Have a talk with yourself. "ell yourself, "I'm ready now. I'll serve smoothly. I'll clear the net with good heighth and serve toward a safe part of the court with as much depth as possible."

Your mental attitude helps you avoid serving an absolute lollipop, or worse, a double fault. Aim for where you want the ball to hit and apply enough, but not too much, power.

• Take the receiver's habits into consideration. What has your opponent been doing with your second serve? Has he been smacking them away for winners?

If so, you might as well gamble — at least part of the time — to develop uncertainty in your opponent's mind. Instead of losing the point by playing pat ball, take a chance on a double fault and hit the ball sharply.

You're probably saying, "But that's against everything I've ever learned about doubles. If I do that, I'll be committing the cardinal sin in doubles."

BUT ISN'T IT as much of a sin to consistently give away a shot that the receiver always murders.?
You're condemned to die either way, so you might as well go down

fighting

Don't make every second serve a bullet. If you do it intermittantly, even your double faults can make your opponents unsure. The receiver will begin hangling fack, thinking that your serve might get in. That can throw off his rhyttim.

There is one more suggestion for a long-range plan. Set up your own survival school — plan for the worst. Get a bunch of balls and practice only second serves. Very few players ever work to climinate a chronic weakness in their second serve.

When you reach a point where you seldom, if ever, miss the second serve, out] If ind yourself more relaxed and confident with your first serve as well. You won't tense up when serving an important point and try too hard on your first serve.

point and try too hard on your first serve.

And more importantly, you won't become unglued when you have to hit that second serve.

Pioneer men drop one

Oakland women stop Northwood

By GREG SMITH

The Oakland University women's basketball team rolled to its third victory in four outings this year by defeating Northwood Institute in a recent Great Lakes Intercollegiate Athletic Conference (GLIAC) game, 72-845-d, ranked nith nationally in the AIAW Division 1 soring race with 25 points. Arrange was O'U's leading scorer with 25 points, arrange race with a 24-bit with the fool line of the bench to score 10 points.

Northwood, now 2-5 overall and 4-5 was a first through the first was with the freshment Pam Springer came off the bench to score 10 points.

Northwood, now 2-5 overall and 4-5 was with 11 mental points.

Mark Taylor contributed by points, and 4-5 was with 11 mental points.

Mark Taylor contributed vii 11 mental points.

in conference action, was led by fresh-man center Jane Peringer with 17

Freshman forward Larry Lubitz paced the OU offense with a careerhigh 19 points in a reserve role. Lubitz connected on 3-11 from the field and
three of four from the free-throw line.
Freshman guard Rob Manilla, a
graduate of Birmingham Brother Rice
High School, was the only other Oakland player in double figures with 10
points.

The Pioneer cagers will play at Shaw College tomorrow.

PIONEER POINTERS

• The Oakland University women's basketball team has three players in the AIAW national rankings. Sopho-more forward Linda Krawford is

ranked ninth nationally with a 24.3 scoring average. Oregon State's Carol Menken tops the nation with a 32.3 av-

Menken tops the nation with a 323 average.

Sophomore guard Kelly Kenny is third among the nation's assist leaders. The 5-foot-5 guard from Sterling Heights Henry Ford High School is averaging 8.0 assists.

Sophomore forward Teresa Vondrasek is tied for second with a 5.0 steals per game. Vondrasek is 0U's leading rebounder with a 9.0 average.

Two Oakland University soccer players have been named to the All-Mideast Soccer team. The squad was

Mideast Seccer team. The squad was announced last week.

OU junior goalie Mark Hamilton from Rochester was selected as the second-team goalie behind Cleveland State University All-American John Vanoostveen.

Hamilton registered 11 shutouts this fall, while leading the Pioneers to their best season ever with a 14-42 record. Vanoostveen was the third player selected in the recent annual North American Soccer League draft.

at it from a transportation standpoint. The whole thing is a lot closer."
Skyrockeling iransportation costs put a strain on schools in the Suburban Eight League. The distance between Trenton and Salem was 45 miles.
Salem and Bentley's abandonment leaves five schools remaining in the Suburban Eight. Dearborn, Dearborn Edsel Ford, Trenton, Allen Park and Relleville. · The OU women's basketball tear

The OU women's basketball team is ranked fifth in the state of Michigan according to a 24-person group of coaches, sports information directors and media representatives.

The Pioneers, under the guidance of first-year coach Dewayne Jones, received 98 points in the balloting. Wayne State University was first with 183 points that included 16 first-place volce.

183 points total increases.

The University of Detroit was second with 176 points (eight first-place votes), followed by the University of Michigan (124), Michigan State University (119), Oakland, Eastern Michigan University (74), Central Michigan University (32) and Western Michigan University (47).

The OU men's basketball team is ranked ninth nationally with an 87.4 scoring average. Junior forward Bill Peterson from Livonia Clarenceville is ranked fifth in field-goal percentage with a 69.0 accuracy mark.
The 6-6 junior forward has hit 29-42 from the field this season for the Pioneers, now 3-4 overall.

Sub-8 league breaking up

The western Wayne County prep sports scene in 1982-83 will take on a slightly different look. Plymouth Salem and Livonia Bent-ley have handed in their respective let-ters of resignation from the Suburban

Eight League. The two schools are joining a new

has been received by the league president.

The formation of the new conference came about when the Inter-Lakes began to break up. Milford Lakeland, Pontiac Northern and Waterford Township decided to align with nearby schools in Oakland County.

That's when principals and athletic directors of the remaining schools began to take steps toward forming a new conference.

"Everyone knows what the situation

"Everyone knows what the situation is," said Sandmann. "There was nothing under the table.

under the table.
"This has been the accumulation of a
lot of ideas. We'll have a group of principals and athletic directors form a
committee and draft a constitution.

"We hope this is the beginning of a larger league with more divisions. There could be additions if it's written into the by-laws."

SANDMANN said the new conference will make scheduling a lot easier. Inter-conference play and maybe even conference playoffs could become a re-

ality.

"We're going to take each sport and look at it," said Sandmann. "There could be different set-ups in each sport. Coaches could be making some of these decisions.
"This is financially better. Just look

Eight League. The two schools are joining a new conference, which does not have as mane yet. Salem's Livonia Stevenson, Farmington and Walled Lake Central to form one division. The other division will consist of teams left, from the Western Six Canada and the Western Six Galer the current school year. Rent Holland of North Farmington Harrison, Walled Lake Western Six offer the current school year. Rent Holland of North Farmington and Wilder Lake Central to form one division will consist of teams left, from the Western Six offer the current school year. Rent Holland of North Farmington and Rick Brewer of Auburn Heights Auronal will be a more possible of the Thumb High complete of the Suburban Eight is a "mere form the Suburban Eight," he is a "mer championship, will speak from 10-45-11:30 a.m. about evaluating scouting reports and developing a game plan. Other coaches on the panel include Paul Temerian of Royal Oak Kimball and Rick Bye of Sterling Heights Stevenson. There is a \$10 fee. Reservations may be mailed to Larry Dunn Compo High School, 48065. Reservations can also be made by calling Dunn at 1-72-5351. Romeo High School is at 11091 32 Mile.



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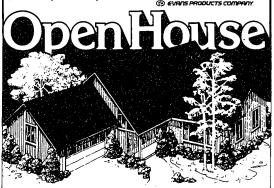
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