



Byrd's Kitchen

by Vivian Byrd

Annie's Potatoes, a versatile dish

Eggs, cheese and vegetables can add up to a tasty combination for a one-dish supper. Such dishes are a breeze to prepare as well as being easy on the food budget.

Annie's Favorite Potatoes comes out crispy browned around the edges. Its top crunches with crumbled bacon, yet the middle section is smooth and creamy with the eggs that get poured over the other ingredients and cooked only until set.

Serve this dish in wedges, like pie or quiche though it does not qualify as a quiche, with a vegetable alongside for a light supper. Additionally, it works well as a "breakfast for supper" dish. Just add toast.

Even with Popeye's many years of promotion, spinach is still one of those foods, like liver, that many people think of as something they should be eating but one that doesn't appeal to their palates. Spinach Rice Frittata could dispel some of that lack of appeal. Spinach, rice, eggs, parmesan and mozzarella cheeses each provide some essential nutrients. Together, they bake into a delicious lunch or light supper dish.

FOR USE AS A luncheon dish, try baking the frittata in an undecorated

circular mold. Turn out onto a platter and continue with one of the following:

- Fill center with watercress and line ripe cherry tomato halves, cut side down; around the edges.

- Fill the center with steamed carrot coins, then decorate the edges with edible greenery, such as parsley.

- Fill the center with a compatible seafood, chicken or ham concoction.

- Fill the center with green peas tossed with a tablespoon of finely chopped pimiento.

Add some interesting small rolls or muffins and a light salad for a delightful meal.

ANNIE'S FAVORITE POTATOES

- Serves 4
- 6 medium-sized boiling potatoes, peeled
 - 6 slices bacon
 - 1 cup finely chopped onions
 - 4 eggs
 - 1 tsp. salt
 - 1/4 tsp. freshly ground black pepper

Parsley, if desired

Boil the potatoes in water to cover until nearly done but still slightly crisp. Drain until potatoes completely dry. Cut crosswise into 1/4-inch thick slices and set aside.

Cook the bacon and crumble into bits. Pour off and reserve the bacon fat, leaving 4 tablespoons in the skillet. Add the onions and cook about five minutes until soft and translucent. Add the potatoes and mix with the onions, working carefully so as not to break up slices. Use a wooden spoon. Shake the pan back and forth until the slices lie flat. Cook over moderate heat until bottom browns. Slide a spatula under the potatoes to loosen, invert a plate over the top of the skillet and flip the potatoes over and back into the pan. Brown. It may be necessary to add some of the reserved bacon fat to the pan at this point.

Reduce heat to low. Beat the eggs, salt and pepper with a wire whisk, until well combined. Pour the eggs over the potatoes and sprinkle the bacon bits over the top. Cover the skillet and cook for 5 to 6 minutes, or until the eggs are set and firm to the touch. Serve at once, directly from the skillet.

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