

Monday, June 15, 1981

Scholarship winners

Musicale honors young talent

By Lorraine McClish
staff writer

Farmington Musicale wound up its season this month by honoring the youth who were the winners of the club's 1981 scholarships.

Flutist Sandy Oswald and pianist Dan Ryan and Negri Mahtadi, who took the top prizes in their age division of the competition, were the featured guest artists for the musicale's end-of-the-season concert.

The three were joined on the bill by Caroline Semerjian, a young pianist and composer, and Cindy Strzy Reynolds, a vocalist who took a Farmington Musicale scholarship 11 years ago and has pursued music as her career.

The competition this spring was the 15th for the club, whose aim is to develop the musical talent of its members, stimulate musical interest in the community, and to encourage young persons to develop their musical abilities.

Most recently the club gave a gift of a grand piano to the community that is housed in Farmington Hills Community Library auditorium.

Because of the piano and its setting, the members have been able to broaden their offers of good music to the community through monthly programs.

The concerts vary, from light show

tunes to serious classical works, and are all open to guests without charge.

THIS SPRING 60 junior and high school students competed for the music scholarships.

In the division for 11th- and 12th-graders, Miss Oswald, a junior at Harrison High School, was followed by pianist Lucia Kemennu and violinist Jeanine Bergers.

Ryan, a 10th-grader at North Farmington High School who played Fantasia by Faure for the concert, was followed by trumpet player Tricia Hayes and clarinetist Don Jean in the division for ninth- and 10th-graders.

Thirteen-year-old Miss Mahtadi from Power Middle School led the seventh- and eighth-graders in competition followed by flutist Lisa Jean and clarinetist Joe Hickey.

Senior division competitors who were given honorable mention awards were Marie Grossman, Sue Schaeffer and Jane Phillips.

Honorable mentions in the intermediate division were Ann Cary, Kris Williams and Jon Greenberg. Those in the junior division on the honorable mention list were Karen Cherkasky, Eric Davis and Mike Peterson.

Joyce Bigelow was chairman of the scholarship competition this spring.

FERN BARBER enters her second year as president of Farmington Musicale. Her vice presidents are Lois Swanson and Brenda Thalaker.

Other officers taking positions in the club are Jan Smith, Susan Nuckels and Jill Locke.

Charlene Slabey, the composer who took the Farmington area's 1981 "Artist in Residence Award" is a member of the musicale and many of the mem-

bers are performers. But being a performer is not a requirement for membership.

Bea Scaglione explained, "You just have to enjoy good music."

"A lot of us are, maybe, musical, but not good enough to perform and that makes no difference. We're here to enjoy good music, help make good music and help others learn to enjoy."

In addition to giving music scholarships and the monthly music programs, the club sponsors The Glockenspiel (a youth group patterned after the musicale), provides "Music in Schools" and offers its chorus for performances at community affairs.

It is probably best known, however, for its participation in National Music Week, when a full week of concerts are staged in a local mall, in its aim of increasing participation in the enjoyment of music.



Sandy Oswald, a flutist from Harrison High School, played selections from Brahms and Wolf at Farmington Musicale's end-of-the-season concert. The junior's first-place win in the musicale's competition came almost simultaneously with a scholarship she won from her school's Band Boosters.



Winners in competition with a total of 60 young musicians from Farmington-area schools are Sue Schaeffer (at left), a clarinetist from Farmington High School; Mike Peterson, 14-year-old trombonist; Lisa Jean, a seventh-grader from Warner Middle School who plays flute; Ann Carey, a flutist from North Farmington High School; and Eric Davis, who plays alto saxophone, from Powers Middle School.



New music scholarship winners are trumpeter Tricia Hayes from Farmington High School (at left), Don Jean, a clarinetist from Harrison, Karen Cherkasky, a vocalist from East Middle School, and Joe Hickey, a clarinetist from Powers Middle School.

Staff photos
by Randy Borst

NEWSTART

For a taste of better things

By Lorraine McClish
staff writer

Dottie and Earl Allen will give an introduction to NEWSTART, a concept of harmonizing daily habits with biological cycles of the body, in an evening class sponsored by Farmington Seventh Day Adventist Church.

The philosophy of NEWSTART is spelled out in its name.

N stands for Nutrition; E for Exercise; W for Water; S for Sunshine; T for Temperance; A for Air; R for Rest and T for Trust in God.

NEWSTART will run from June 22-25 and June 28-July 1, and one of the letter-subjects of NEWSTART will be the topic for each evening program.

Mrs. Allen called the class "an introduction to a taste of better things."

The sessions will run from 7-9:30 p.m. in the church at 231 10 Mile Road, concurrently with the church's Vacation Bible School.

There is no fee. Donations will be accepted if the participants choose. Parents are invited to register their youth younger than 14 years old in the Bible school on the evening of the first class.

Mrs. Allen asks for NEWSTART registrations beforehand, so she can be prepared with enough food samples, for all older than 14 years by calling the church at 427-0393.

THE ALLENS both retired from their jobs within a few weeks of one another this month to devote full time to HealthYourself seminars, a full eight-week course in health-habit modification.

NEWSTART is a spin-off of HealthYourself, "that helps you eliminate bad habits without you even realizing what's happening," Mrs. Allen said.

The couple are franchise holders for the seminars in Michigan, and so far, the only teachers of the program in the state.

Another spin-off from HealthYourself is BreadMake, which the couple introduced in schools and churches throughout the metropolitan area last year.

Locally BreadMake sessions were given through the Seventh Day Adventist Church, the Farmington YMCA, Creative Fitness, Better Living Center and continuing education classes.

Ninety-minute programs of bread-making are interspersed with commen-

tary by the Allens on the value of whole-grain bread. The Allens also tell how to modify negative health habits.

The couple will incorporate a BreadMake workshop in the NEWSTART sessions at 7 p.m. on Monday, June 29.

The session will be free for adults and youth who attend the entire series. Those who want to attend the BreadMake only will be charged \$4 for adults and \$2.50 for those under 12.

"EACH of the programs we've devised for NEWSTART will stand alone, but to get maximum benefits you

should attend them as one (factor) builds on another," Allen said.

The exception to this is BreadMake, which gives a shortcut method of baking whole-grain bread "that is really the staff of life," Mrs. Allen said. "The white bread purchased in the stores that can be crushed down to nothing is not much of a staff to lean on."

The Allens began their study of health and nutrition in keeping with their Seventh Day Adventist Church doctrine.

Mrs. Allen quoted from Corinthians: "Do you not know that you are God's temple, and that God's Spirit dwells in you? If anyone destroys God's temple, God will destroy him. For God's temple is holy, and that temple you are." (1 Cor. 3:16-17).

And "So, whether you eat or drink or whatever you do, do all to the glory of God." (1 Cor. 10:31).

Mrs. Allen lost 25 pounds since she modified her own health habits through HealthYourself and did it "without dieting and without realizing it," she said.

She said this is common among HealthYourself participants, who also found themselves with more energy and more restful nights of sleep.

"WE STARTED this as a hobby," Allen said. "Neither of us smoked or drank but we thought we were eating pretty well. Now we've learned to live as healthy as we can without killing ourselves by steps."

"We've learned that the more sugar you eat the less the body can fight infection."

"We've seen turnarounds in diabetics and those with hardening of the arteries who have changed just very simple everyday habits."



Earl Allen



Dottie Allen



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