

Guild's 30th season launched by Brio Trio

Cranbrook Music Guild will host a variety of classical artists during its 30th season of chamber concerts.

The Brio Trio will open the new season with an Oct. 6 program of classical, romantic and contemporary selections. Musicians Marcy Chanteaux, cello, Brian Schweickhardt, clarinet, and Bernard Katz, piano, are all active performers in the metropolitan area. Chanteaux is a member of the Detroit Symphony Orchestra, Schweickhardt and Katz have also been associated with the Detroit Symphony Orchestra. Chanteaux performed at Cranbrook House last year as part of a trio of Detroit Symphony Orchestra musicians who gave a Cranbrook Music Guild

performance music in conjunction with the Brams Festival.

On Nov. 10, Frederick Coultier will give a piano concert. In what is billed as "The Impossible Concert," Coultier will illustrate "five of the most challenging transcriptions ever performed in one concert." The list of composers includes Bachmann, Liszt, Debussy and Godowsky.

Coultier has performed with Amsterdam's Concertgebouw and L'Aelster of Brussels as well as with other groups both here and abroad. He lists Interlochen, the University of Michigan, Juilliard and the Paris Conservatory among his credentials.

In keeping with its holiday tradition

of choral concerts, the Cranbrook Music Guild will present the Cantata Academy of Metropolitan Detroit. Now in its 20th year, the academy will perform selected choral works for the season.

Frederick Bellinger, director of music at Cranbrook School, conducts this 40-member group.

The Cantata Academy, which will perform here on Dec. 8, has performed at Orchestra Hall, many major churches, in Europe and with the Detroit Symphony Orchestra on its concert tours.

The 1982 portion of the music guild season opens with the Young Artists' Concert on Jan. 12. Award winners and the program haven't yet been an-

nounced, but this concert is traditionally a popular event.

The final concert will be on Feb. 16 when a relatively new and exciting group, The Detroit Saxophone Quartet, will be the guest performers. The quartet is made up of four University of Michigan School of Music graduates. They play a program of classical and jazz selections for sax ensemble.

All Cranbrook Music Guild concerts are on Tuesdays at 8:30 p.m. at Cranbrook House, 380 Lone Pine, Bloomfield Hills.

Season tickets are \$27.50 per person. Mail checks to Cranbrook Music Guild, P.O. Box 402, Bloomfield Hills, 48303. For information, call 646-3786.

Kero-Heltunen

Kathleen Ann Heltunen and Paul Robert Kero were married July 11 in ceremonies conducted by the Rev. Peter Torola in First Apostolic Lutheran Church of Calumet. She is the daughter of Mr. and Mrs. Arnold Heltunen of Calumet, formerly of Southfield, and he is the son of Mr. and Mrs. Wilbert Heltunen of Farmington Hills.

The bride was attended by her sister Carol Heltunen who served as maid of honor, by bridesmaid Brita Ylsto. Glen Kero served as his brother's best man with ushers Allan Tuikka, Dennis Kero, and Doug Edwards.

The bride is a graduate of Southfield High School, Michigan State University and University of Michigan, employed as a library media specialist with the Escanaba Area Public Schools.

The groom is a graduate of Henry Ford High School and Madonna College, employed by Northern Michigan University.

After a honeymoon in Isle Royale, they will reside in Ishpeming.



Helping arthritics dress independently

How you dress and the ability to get dressed without the help of others can make an important difference in the way you feel about yourself. But dressing independently can be difficult for people with arthritis or any condition that affects the mobility of hands, arms, hips and other joints.

There are ways to make dressing easier, either by buying specially designed clothing or by adapting regular clothing to your needs, according to the Arthritis Foundation's "Self-Help Manual for Patients."

"There are two main considerations when selecting clothing for people with limited mobility," said Lynda Hubar,

president of the Arthritis Foundation, Michigan Chapter. "Specifically, the ease with which the garments can be put on and the way in which they are fastened."

Garments which open in front are easiest to get on and off because they eliminate the need to reach over the head. They are especially helpful for those with limited shoulder and elbow motion. Wrap-around styles also make dressing easier.

The self-help manual offers a number of clothing sources for the person with limited mobility, including places to buy special nightgowns and undergarments.

"FASTENING clothes can be a great problem for people whose hands are weak or whose fingers are unable to grasp small objects," Mrs. Hubar said. "Snaps, hooks and buttons can often be replaced by pressure tape such as Velcro without changing the appearance of the garment."

Loafers, or slip-on shoes, are easiest for those who have difficulty bending.

One easy adaptation is to sew on cuff buttons with elastic thread, so the hand can slide through the opening without unfastening the buttons.

"Fabrics should also be selected carefully," Mrs. Hubar said. "They should be absorbent and resilient enough to respond easily to movement. They should also be washable for minimum care. Lightweight, non-irritating fabrics can help you avoid fatigue."

Putting on trousers, shoes and socks presents special problems for arthritis sufferers because these actions require agility and involve a series of movements by various joints, Mrs. Hubar said. She describes several aids and techniques that can make these tasks easier.

"Two dowels fitted with cup hooks can help you to put trousers on," she said. "Simply slip the hooks through the belt loops of the trousers and use them to pull the trousers up. The same dowels can be used to pull socks to which fabric loops have been sewn."

Loafers, or slip-on shoes, are easiest for those who have difficulty bending.

If you need tie shoes, consider ones with Velcro or a long-handled shoehorn. Some models have a spring where the handle and the horn join, which is helpful if ankles are stiff.

"MANY OTHER devices are available to aid disabled persons in getting dressed," Mrs. Hubar said. "A dressing stick, for example, may have a large curved pusher to help get clothes off plus different sized hooks for pulling clothes on. A zipper pull or a thick dowel with a hook in the end is helpful when it is difficult to hold onto a zipper tab."

"With patience and a little practice, even people whose mobility has been severely impaired can learn to dress themselves independently."

The Arthritis Foundation offers advice for independent living and can provide disabled individuals with resources for assistance. For information, contact the Arthritis Foundation, Michigan Chapter, Village Plaza, 23400 Michigan Ave., Dearborn, 48124.



Morgan-Kulbaba

Dorothy Morgan and James T. Morgan, both of Farmington Hills, announce the engagement of their daughter, Susan Teresa, to Mark Peter Kulbaba, son of Mr. and Mrs. Pete Kulbaba of Farmington Hills.

The bride-to-be and her fiancé are both graduates of Farmington High School. He is self-employed with Service Master in Birmingham.

A September wedding is planned in Our Lady of Sorrows Catholic Church.

Residents aid 'Augustfest'

Several Farmington residents are at work on the Augustfest committee, leading up to the three-day summer festival sponsored by Monaghan Knights of Columbus in Livonia.

Grand Knight Henry Lencione and John Hart are working together as publicity chairman. Dave Riley has taken on the job of security chairman, and Tony Jacoboni heads up the games committee.

The festival offers games, clowns and food under the outdoor "Big Top" and a Las Vegas room indoors in Monaghan K of C Hall on Farmington Road between Seven and Eight Mile roads. Augustfest days are Aug. 28-30.

new voices

MR. and MRS. ROY HORNING, of Farmington Hills, announce the birth of their first child, Laura Mae, born Aug. 6 in Providence Hospital, weighing 7 pounds, 14 ounces.

The infant's grandmother is Geneva LaVanway, a resident of Texas.

Fashion show tickets on sale

Tickets are now on sale for the annual fall fashion show and luncheon, sponsored by volunteers as a benefit for Farmington Community Center. The event begins this year at 11 a.m. Thursday, Sept. 24 in Vladimir's, 28125 Grand River. Marilyn Turner, hostess of "Kelly and Company" will do the narration for fashions from Diane Stepan's Ltd. of Haverhill Square.

A cash bar and pantry boutique will operate an hour before lunch is served. Tickets are \$12 each, available in the center at 24705 Farmington Road. Guests will be seated 10 to a table and all seats will be reserved.

Mason-Kull

Suzanne Lynn Kull and Michael Thomas Mason were married on Aug. 1 by William R. Riggs in Botsford Coach House. She is the daughter of Mr. and Mrs. Robert Kull of Farmington Hills, and he is the son of Mr. and Mrs. Thomas Mason of Penton.

The bride wore a chapel gown of embroidered organza and lace, with touches of the rose shade in her attendants' gowns.

The bride was attended by Lisa Kull, Elizabeth Beger and Denise Albrecht. The groom was attended by Robert

Mason, Richard Fittanti and Steve Whitson.

The bride is a graduate of North Farmington High School and Northern Michigan University. The groom is a graduate of Penton High School and Ferris State College. Both are employed as medical technologists; she with Heritage Hospital in Taylor and he with Beyer Memorial Hospital in Ypsilanti.

After a wedding trip to Cape Cod and Martha's Vineyard, the couple will make their home in Canton.

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