We need time alone to contemplate, to be

A BOUT 200 years ago, a Jewish sage offered an insight into the nature of human existence when he said, or a human being. The human being who has not a single house for his Ever we never yed yis no human being. The human being with the human selection of the human selection which was not a single house for his magnic to contemplate time to be ourselves. We all have the need to socialize and interact with others. We need to share ourselves with others, to engage in social activities. But in the crowded schedules of our daily lives, the social experience tends to become too pervasive. Many are a fraid to be alone. Erich Fromm, in a book call "Escape from Freedom." pointed out today people are running away from the freedom and teisure time they struggled so valiantly to achieve for interselves.

dom and leisure time they struggled so valiantly to achieve for themselves.

They don't know how to cope with the opportunities of unstructured time. It is a strange phenomenon that unless we are engaged in activity, we feel that life is drab and unexciting. We are constantly on the go whether it is in business or in pleasure.

I recently returned from a vacation in northern Michigan and I can validate the advice of the 18th century rabbi. One needs to cultivate note's inner life. People require a sense of privacy; they need moments when they can be by themselves.

themselves.

This is not easily achieved in a noisy and turbulent world. Even the privacy of the home is invaded by the constant blare of the television set and the interruptions of

the telephone.

Each of us needs an island of quiet every day in which



we can think about ourselves, about the goals we truly seek, where we have fallen short, and where we are going, one of the purposes of daily prayer is the opportunity for cultivating our inner life and defining our values. Similarly, the practice of weekly worship on Saturday or Sunday separates us from the turnult and din of the outer world and allows us to concentrate upon the universe of the spirit, the elevation of the soul.

A doctor once pointed out: "Be still and know that I am God" is not an arbitrary command; it is a psychological necessity."

EACH OF US assumes certain roles in the course of a day; husband, father, wife, mother, student, employee. We are excepted to fulfil our responsibilities to our work and our families, to complete our assignments and to carry out our obligations.

ourdens, too many unanticipated demands. We need some fraction of a day to let our souls catch up with our bodies

Thursday, August 27, 1981

fraction of a day to let our souls catch up with our bodies. We ought to turn our gaze inward not to evade the duties of life, but to gather strength that we may perform them wisely and effectively.

The pressure of modern life is so great that we do not, as a rule, have the chance to sit down and think. We are so occupied with activities of all kinds that we do not have the time to examine the purpose of these activities. However, like the weary traveler, we should find the occasion to rest

IF WE AHE to live significant lives, then we must cultivate our private world. There must be times in every day when we should hang up a sign "Please Do Not Disturb." We require time for contemplation, meditation and evalua-

We require time for contempiation, meantained unition.

In his "Meditations," the gentle Roman philosopher, Marcus Aurelius wrote.

"Men seek retreats for themselves, houses in the country, seashore and mountains, and thou too art wont to desire such things very much.

"But it is which thy power, whenever thou shall choose, to retire unto thyself.
"Remember to retire into this little territory off thine own; and above all, do not distract or strain thyself, but be free and look at things as a man, as a human being, as a citizen, as a mortal.

"Look within. Within is the fountain of good."

volunteers

The Oakland County Volunteer Bureau has weekly listings of volunteer opportunities. Further information about these and other rodunteer needs at over 200 agencies may be obtained by calling the bureau at 642-7272 after

MUSEUM GUIDES - Learn and help others MUSEUM GUIDES — Learn atto neip outers learn. Betany, mineralogy, anthropology and natural history are some of the subjects of the exhibits at the Crashrook Institute of Science in Bloomfield Hills. Volunteers would serve as museum guides ai-ter 10 weeks of training. Wednesday morning sessions begin in mid-September. Call Shirle Stapleton at 645-3229.

LEGAL AID — If you have an interest in the faw and good communications skills, you could help oth-res find out about their legal rights. Several volun-teer positions are open at the Legal Aid and De-fender Association in Detroit. Interviewers will ork with clients, judges are mediators. Paralegal training is prefered, one to necessity since counseling and essential results of the con-cussion of the second of the control of the provide information and referrals to walk in clien-ters. tele. After training, one day per week is the m mum requested. Call Carolyn Gorski at 964-4111

Your Ínvitation to Worship

For Church Directory Information Please Call 644-1100 Ext. 200

BAPTIST American Baptist Bales and Willits Birmingham Robert G. Middlelon Barbara Sinclair MINISTERS CHURCH SCHOOL

BLOOMFIELD HILLS BAPTIST CHURCH 600 Telegraph Road 1000 ft. North of Long Lake Road Bloomfield Hills 647-3851

Dr. Douglas H. Gallagher, Pastor Rev. Jim Lake, Associate Pastor Larry Simmons, Director of Church Music

COFFEE HOUR: 9 AM SUNDAY SCHOOL: 9:30 AM MORNING WORSHIP SERVICE: 10:30 AM EVENING WORSHIP SERVICE: 7:00 PM WEDNESDAY MID-WEEK SERVICE: 7:30 PM

COVENANT BAPTIST

9:45 AM: CHURCH SCHOOL 11:00 AM: FAMILY WORSHIP 6:30 PM: EVENING SERVICE

Ad Jun F. Heucher Paster Rev. Edward A. Libby, Associate Joudan A. Damets, Minister of C.E. Servick Magic Road - W. Bloomfeld MI 48033 June Wast of Orchard Lake Pd. - 855-9191

NARDIN PARK UNITED
METHODIST CHURCH
29887 West Eleven Mile Road
Just West of Middlebelt
SUMMER HOURS
Worship Service 10:00 A.M.

"IF I GET IT ONCE, DO I HAVE

IT FOREVER? Dr. William Ritter
Wham A Ritter
Whitam E Frager Asser

S Donette Fr

i NIVERNITA PRESENTERIAN (HERCH 1985 S. Adams - Pocheste 175-0400 Pasters David S. Blacksheav Richard W. Todd & Judy Michell Tod

SAINT ANDREW'S EPISCOPAL CHURCH 16360 Hubbard Road Livonia, Michigan 4815 421-8451

CHRISTIAN EDUCATION CLASSES: 9 AM HOLY-EUCHARIST: 10 AM WEDNESDAY HOLY EUCHARIST: 9:30 AM Nursery Care Available Sunday Mo

476-8860 ington Hills

NO PL

Birmingham SUNDAY WORSHIP 9. 15 AM 644-8890 Morning Worship 10:30 AM

Lutheran Church 16935 W. 14 Mite Road

ne Rev. Xenneth G. Davis The Rev. R. Scett Kreji The Rev. Edward A. Xing

WORSHIP: 10AM Nursery Provided Ministers: Charles O. Erickson Earl R. Echart

Orchard United

Orchard United
Methodist
30:50 FARMINGTON ROAD
Between 13 and 14 Mile Road
525-5260
MORNING WORSHIP
9:30 AM & 11 AM
CHURCH SCHOOL & HURSERY
9:30 AM & 11 AM
MINISTERS
Robert LS. Brown
James F. Thomas

The Congregational

Church of Birmingham.

any

FIRST UNITED METHODIST 1564 West Maple at Pleasant Ministers James W. Wright - Douglas W. Vernon - Church Open: • Evans C. Bentley • SUMMER SERVICES:

Services: 8:30 & 10 am Crib & Toddlers: 8:30 ar Orio & Toddlers: 8:30 am Nursery-Grade 12: 10 am

NORTHBROOK PRESBYTERIAN CHURCH

165 E Square Lake Road Bloomfield Hills

WORSHIP: 10 AM (July & August)

ST. PAULS UNITED METHODIST CHURCH

St. Paul's Lutheran Missouri Synod 20805 Middlebelt at 8 Mile Farmington Hills - 474-0875 The Rev. Ralph E. Unger, Paster SATURDAY WORSHIP-8,204 ST IVA SUNDAY YOCKSHIP-8,204 ST IVA SUNDAY SCHOOL AND ADUL' BIBLE CLASSES: 10 AM CHRISTIAN SCHOOL Grades K-8 Grades K-o ayne C. Berkesch, I 474-2488

FIRST PRESBYTERIAN

BIRMINGHAM

BIRMINGHAM 1669 West Maple Roa Ministers F Morgan Roberts Charles A Sommers Dennis F Barger D William McIvor Gerald S Crawlord

Morning Worship and Church School 10 AM Nursery Provided

DETROIT FIRST CHURCH OF THE NAZARENE

21260 HAGGERTY RD. I-275 at 8 Mile Rd. FARMINGTON HILLS 348-7600 REV. JAMES D. CONNER PASTOR



SUNDAY 9:45 AM CHRISTIAN EDUCATION 11:00 AM WORSHIP SERVICE "ESCAPING THE WORLD'S POLLUTION 6:30 PM PRAISE & WORSHIF WEDNESDAY 7:00 PM PRAYER & SHARE NURSERY FACILITIES AVAILABLE

Roma's of Bloomfield 2101 S. Telegraph Bloomfield Township WORSHIP: 9:30 AM PRAISE SERVICE: 6 PM BIBLE STUDY: PM WEDNESDAY 645-1202

FAITH

Bloomfield Hills

Christian Church



THE SALVATION ARMY
27500 Shiawassee
(at laster Road)
SUDAY SCHEDULE:
10 AM - Sunday School
11 AM - Morning Worshi
6 PM - Evening bible Stud
Call 477-1153 for
more information.

FRANKLIN COMMUNITY CHURCH

10 AM ∴ORSHIP SEPVICE 11 15 AM 11 15 AM DAY SCHOOL AND NURSERY Minister Dr Samuel F. Stout



35415 W 14 Mile Road

Summer Worship Service: 10:00 AM

COVENANT

CHURCH

Did you ever face a crisis alone? That frightening moment when you wondered where you would find the strength to go on? It's a common feeling. But it doesn't have to be so. We weren't made to face crises alone. We need the strength and support that comes from knowing that God and others are standing with us. That's Crisis energy.

FAITH FELLOWSHIP OF TROY

FAMILY WORSHIP: 10 AM ADULT TEACHING: 11 AM CHILDREN'S CHURCH: 11 AM Rev. Robert Moening, Pasto Tel: 288-0515

Meeting at Schroeder Elementary School 3451 Jack Drive, Troy (1: mile N. of Big Beaver, 1: mile W. of Coolidge - off Kristin St.)

Brightmoor Fabernacle

26555 Franklin Rd. • Southfield MI (1-696 & Telegraph - Just West of Holiday Inn)

1001 - 9:45 AM - Worship Service 11:00 AM Charismatic Rally - 6:30 PM ay - Prayer & Praise & Ughthouse Youth Service 7:30 PM Numerical provided at all services

CENTRAL WOODWARD CHRISTIAN CHURCH (Disciples of Christ) 3955 W. Big Beaver at Adams, TRO

9:30 AM WORSHIP: 11:00 AM Minister Robert H. Boyte 644-0512

Beverly Hills Umiled Methodist Church 2000 W 13 Mile al Evergreen 546 9777

WORSHIP: 10 AM CHURCH SCHOOL: 10 AM

Vursery thru High Schoo Minister: John W. Bray

26275 Northwestern Highway near Labis
Southfield, MI PHONE: 356-1660
United for the worship of God
and service to Humanity
Rev Mark P. Jensen. Sentor Minister
Rev. David M. Nowell, Minister of Christian Edit
Dr. Harry Langsford. Dir of Music

NORTH CONGREGATIONAL CHURCH

WORSHIP SERVICE: 10 AM CHILDREN'S STUDY: 10 AM

CHURCH OF THE REDEEMER-Episcopal 18 140 Cornell Rd. Southfield 593-4418 Sunday Servicas 9 & 10:30 AM 1928 Prayer Book Services Only



ST. JOHN AMERICAN LUTHERAN 23225 Gd Road, Farmington

CHRIST CHURCH
CRANBROOK
Episcopal ne Lone Pine at Cranbr

8:00 am HOLY COMMUNION

10:00 am HOLY COMMUNION & SERMO (1st & 3rd Sundays) MORNING PRAYER & SERMON (Other Sundays) Tuesday 10 am: Holy Commun Wed 7 am: Holy Communion

H

33112 Grand River Farmington: 474-6573 WORSHIP: 10 AM CHURCH SCHOOL 10 AM Nursery Provided Minister: Charles H. Beynon

PRINCE OF PEACE LUTHERAN

Missouri Syn

WORSHIP SERVICE: 8:00 & 10:15 AM SUNDAY SCHOOL: 9:00 AM

FARMINGTON HILLS BAPTIST CHURCH 28301 Middlebelt Road • ¼ mile N. of 12 Mile

GRADED BIBLE SCHOOL
WORSHIP SERVICES
CHILDREN'S CHURCH
WEDNESDAY FAMILY NIGHT
Deuglas B Brown, Pastor

Nursery provided at All Services imple Parking C B A Affiliated

CLARENCEVILLE UNITED ME THOODIST Pastur Gerant Fisher

Name of the Part of the Control

Christian Science Churches FIRST CHURCH OF CHRIST, SCIENTIST
BIRMINGHAM

191 Chester at Willits

MEETING.

READING ROOM
4361 Orchard Lake Rd. • 851-7440
Mor St. 105 • 7-13
All are welcome at the above Chrisch services and Reading
Rooms Child care facilities provided Sunday & Wednesday

FREE PUBLIC LECTURE
"WHAT DO YOU MEAN-CHRISTIAN SCIENCE TREATMENT?"



Churches all alike?

No, not really.
Do you know what
your Church believes
shout the Bible?
The Evangelical
Free Church believes:

The Scriptures, both Old and New Testaments, to be the inspired Word of God, without error in the original writings, the complete revealation of His will for the salvation of His will for the salvation of men, and the Divins and final authority for all Christian faith and He."

Your local Evangelical Free Church is:

GRACE FREE CHURCH Meeting at:

SUNDAY SCHOOL: 9:30 WORSHIP SERVICE: 10:45 Pastor Pastor RICK HARTSELL 334-0165



ST. ANDREW

6255 Telegrapik Birminghar North of Maple 15 AM: Sunday Church Scho 10 30 AM, Sunday Worship. 646-5207 - 646-6119

Kirk in the Hills PRESBYTERIAN 1348 W. Long Lake Rd MINISTERS:

James F. Andersor Robert L. Lindsey Worship service and Church School 9:30 AM and 11:30 AM

HOPE LUTHERAN 39200 W 12 Mile Road Farmington Hills --SUNDAY SCHOOL: 9:15 AM WORSHIP: 10:30 AM V.H. Mesembring

WARD PRESBYTERIAN CHURCH OF LIVONIA Worship and Sunday School 8:30-10:00 & 11:30 a.m.

Nursery Care Provided at all Services.

"NEW PATCHES ON OLD CLOTHES"
Dr. Bartlett L. Hess "LEARNING TO LIVE WITH YOURSELF"

Sunday Service Broadcast 9:30 a.m., WMUZ-FM 103.5