2 cook-offs

Do you have a favorite beef dish us-ing one of the lower cost, less tender cuts? Here's your chance to cash in on

cuts? Here's your chance to cash in on that recipe.

The Michigan Beef Industry Com-mission is sponsoring its annual Beef Cook-Off on June 12 at Michigan State University, East Lansing.

The contest is open to all Michigan residents over 18 years of age. Fifteen finalists will be selected to prepare their recipes at the cook-off. The beef dishes will be judged on taste, case of preparation and practicality, orginali-ty, and appearance.

Any recipe using beef chuck, round,

ty, and appearance.

Any recipe using beef chuck, round, rump, fresh brisket, plate, shank or ground beef may be entered in the beef cook-off. The dish must contain a mini-

Chili

two to the California world enampour ship.

According to International Chili So-clety rules, contestants won't be able to use beans or spagnetti in their recipes,

mum of two pounds of beef and not more than five pounds of beef. The meat must be exclusively beef. The contest does not include outdoor or microwave cook-off will receive an all-expense pald trip for two to the National Cook-Off Sept 19-21 in San Antonio, Texas, Other prizes will also be awarded.

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Recipes should be typed or clearly printed and mailed to: Cook-off, Mrs. Stan Poet, 10389 Burmeister Road, Manchester 48158.

Entry deadline is May 1.

Any person whose immediate family has owned beef cattle within the last users in itself to the control of the control o

vear is ineligible.

but it's OK to add almost anything else. Registration is open to any individu-al or group interested in preparing an official entry. Prizes will also be awarded for best showmanship and most unusual chili recipe. Contestants are encouraged to bring support teams to cheer them on. The deadline for en-tering is April 16.

Official rules and registration forms may be obtainted by calling the Kidney Foundation in Ann Arbor toll-free at 1-800-482-1455. If that line is busy, peo-ple can call (313) 971-2800.

Money raised from the event will be used by the Kidney Foundation in its statewide education, research and patient service programs. The agency is located at 3378 Washtenaw, Ann Arbor.





\$2,19 lb.

* 1.99 ib.

\$2.49 lb

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GRADEA GRADEA

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Large Eggs

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DEPOS LOOSE CASE 24/12 oz. CANS



Pork is king in crown roast

It's fun to surprise guests with something special and unexpected. An impressive Pork Crown Roast with Sweet Potato Stuffing will fill the role in deli-

cious fashion.

The unusual stuffing, made by adding shredded sweet potatoes and chopped onion, celery and apple to bread cubes, is most complementary to the pork. Crumbled bacon gives it a flavor boost as does the

Crumbled bacon gives it a flavor boost as does the addition of sage.

The roast is first cooked rib ends down in a slow oven. Then it is inverted, filled with stuffing and returned to oven until done, as indicated by a thermometer inserted into the thickest part of the meat. As with all pork roasts, a crown is at its juicy, flavorsome best when cooked to an internal temperature of 170 degrees.

It is important that the pork crown roast be ordered from your butcher in advance. He will make it by tying together two center pork loins that have been Frenched; that is, the meat has been cut away to expose the tips of the rib bones. If desired, frills can be placed on the rib ends after roasting to accentuate the crown effect.

PORK CROWN ROAST SWEET POTATO STUFFING

14- to 16-rib pork crown roast (approximately 6

pounds)
4 tilices bacon
2 thep, butter or margarine
2 cups streeded sweet potatoes
1 medium onion, chopped
% cup chopped celery
11 targe cooking apple, chopped
1 pkg, (6 oz.) bread cubes for stuffing
1 tap, sage
¾ cup water

% cup water

Place crown roast, rib ends down, on rack in open roasting pan. Do not add water and do not cover. Roast in a slow oven (325 degree) 2 hours. Remove from oven. Turn roast so that rib ends are up. Insert meat thermometer so the bub is centered in thickets part of roast, making certain that it does not rest in fat or on bone. Meanwhile cook the contract of the contract

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KS \$2.69 LB. STEAKS

Little Tony's Italian Bakery & Pizza

So our employees may spend Sunday, April 11th with their families, we will be closed. See

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LBS.

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Save (19°) IGA Coupor Sugar Crisp Ceres

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Oven- Fresh

Rolls

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Miracle

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Crisp Potatoes Celery \$ 1 99

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Save (22°)

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