

3 Cheers For Ham Leftovers

By ELLY

Leftover ham is a wonderful thing to possess. At the time, the Easter ham may seem to take a big bite out of your meat budget but the leftovers are just like money in the bank.

A kettle of hearty pea soup, ham and eggs for breakfast and the availability of that end of the roast for ham sandwiches are expected fringe benefits.

Ham goes well with so many things.

It is the perfect mate for fresh asparagus. Combined with cooked rice, it's great for stuffing peppers. It makes a one-dish meal when added to scalloped potatoes. Added to kidney beans with some chopped onion, green pepper and mayonnaise, it becomes a salad.

The list goes on and on.

FOR FOUR WESTERN sandwiches, saute a small chopped onion in three teaspoons butter in a large frying pan. Add one third cup chopped green pepper and one cup chopped ham. Slightly beat six eggs with one half cup milk and add to ham mixture. Cook, stirring gently for two or three minutes. Add salt and pepper to taste. Serve with toasted or plain bread.

IN PATTY SHELLS or on toast, you will need two cans of cream of mushroom soup mixed with three quarters cup of milk. Add 1 1/2 cups diced ham, one half pound lightly browned mushrooms and warm, stirring gently. Add six quartered hard boiled eggs. When just bubbly hot, serve in six patty shells or on toast.

IN WAFFLES. Just add some finely minced ham to your regular waffle batter before pouring it on your waffle iron... delicious.

HAM 'N' POTATO SALAD

6 c. cooked cubed potatoes
French dressing
2 c. diced cooked ham
1 c. sliced celery
1/2 c. sliced green onions
1/2 c. sliced ripe olives
Mayonnaise

Marinate potatoes in French dressing. Add remaining ingredients. Toss with enough mayonnaise to moisten and season to taste.

HAM BISCUIT ROLL WITH CHEESE SAUCE

1/2 c. butter or margarine
1/2 c. all-purpose flour
2 c. milk
1 1/2 to 2 c. ground cooked ham
1 T. instant minced onion
Salt
Pepper
Powdered mustard
Biscuit dough (recipe using 2 c. flour)
1/2 c. grated Cheddar cheese

Melt butter and blend in flour. Gradually add milk and cook, stirring, until thickened. Mix ham, onion, one quarter teaspoon each salt and pepper and powdered mustard. Stir in enough of the first mixture to hold ingredients together. Roll out biscuit dough to form a rectangle about 12 by 10 inches. Spread with ham mixture. Roll up from 10-inch end as for jelly roll. Cut in one-inch slices and put, cut side down, on greased cookie sheet. Bake in preheated very hot oven (450 degrees) for 15 to 20 minutes. Add cheese to first mixture and heat, stirring, until cheese is melted. Season to taste with salt, pepper and powdered mustard. Serve on ham biscuits. Makes six servings.

Spice CABINET

NORTH CAROLINA
HAM YAM SKILLET
4 medium-sized yams
(about 2 pounds)
1 medium-sized onion,
chopped
1 1/2 cups cooked ham strips
3 tablespoons bacon
drippings or salad oil

Pare raw yams and dice. Combine yams with onion and oil. Heat bacon drippings (or salad oil) in 10-inch skillet. Spread yam mixture evenly over bottom of skillet. Cover and cook, stirring occasionally, over low heat 20 minutes or until thoroughly cooked. Makes 4-6 servings.

**300
Top Value
Stamps**

WITH COUPONS AT RIGHT

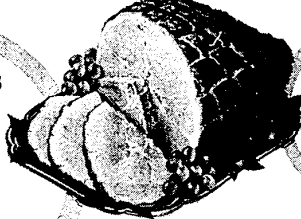


VALUABLE COUPON
50 Extra
TOP VALUE STAMPS
ON PURCHASES TOTALING \$5 TO \$9.99
Not Including Beer, Wine, Or Cigarettes, at Kroger
In Detroit And Eastern Michigan Coupon Valid
Thru Sat., Mar. 28, 1970
COUPON A

VALUABLE COUPON
100 Extra
TOP VALUE STAMPS
ON PURCHASES TOTALING \$10 TO \$14.99
Not Including Beer, Wine, Or Cigarettes, at Kroger
In Detroit And Eastern Michigan Coupon Valid
Thru Sat., Mar. 28, 1970
COUPON B

VALUABLE COUPON
150 Extra
TOP VALUE STAMPS
ON PURCHASES TOTALING \$15 TO \$19.99
Not Including Beer, Wine, Or Cigarettes, at Kroger
In Detroit And Eastern Michigan Coupon Valid
Thru Sat., Mar. 28, 1970
COUPON C

FULLY COOKED
**Semi-Boneless
Hams**
67¢
WHOLE LB
HALF LB 75¢



U.S. CHOICE
**Chuck
Roast**
59¢
BLADE
CENTER
CUT LB

ALL BEEF FAMILY PAK
**Ham-
burger**
59¢
IN
5-5 1/2 LB
TUBE LB

COUNTRY STYLE
**Sliced
Bacon**
69¢
LB

U.S. CHOICE TENDERAY
4TH & 5TH RIB
**Rib
Roast**
88¢
LB

EASTER STORE HOURS
OPEN ALL DAY GOOD FRIDAY
OPEN 8 A.M. TO 9 P.M.
FRIDAY AND SAT., MARCH 27-28
CLOSED EASTER SUNDAY

ROAST RITE
**Small
Turkeys**
49¢
BELTSVILLE
4-9 LB
AYC
LB

SHANK PORTION
**Smoked
Ham**
48¢
BUTT
PORTION
59¢
1/4 PORK LOIN
SLICED INTO
Pork Chops
LB 79¢

CENTER CUT
Ham Slices..... LB 99¢
COUNTRY CLUB
Canned Ham..... 8 LB CAN \$7.77
COUNTRY CLUB
Canned Ham..... 5 LB CAN \$4.99
12 TO 14-LB SIZE
Butterball Turkeys LB 59¢
HYGRADE'S SEMI-BONELESS WEST VIRGINIA
Whole Ham..... LB 98¢
PICNIC STYLE
Pork Roast..... LB 49¢

U.S. CHOICE CHUCK CUT
Boneless Roast..... LB 99¢
U.S. CHOICE BEEF
Arm Roast..... LB 79¢
DOUBLE BREASTED OR
3-Legged Fryers..... LB 38¢
PETER'S VAC PAC WIENERS OR
Sliced Bologna..... LB 59¢
COASTAL BRAND
Fish Sticks..... 5 8-0Z WT PKGS \$1
FRESH-SHORE OCEAN
Perch Fillets..... LB 49¢

Dole Low-Cal Sale!

Sliced Peaches..... 1-LB CAN 12¢
Fruit Cocktail..... 1-LB CAN 15¢
Pear Halves..... 1-LB CAN 22¢

KROGER
LOW
PRICE
NO DEPOSIT
NO RETURN BOTTLES
**Reg or Diet
Vernors**
6 1/4 1.49
1-PT
12-OZ
BTL

KROGER
GRADE 'A'
**Large
Eggs**
52¢
DOZ
Extra
Large
58¢
DOZ

BIRDS EYE
FROZEN
**Cool
Whip**
49¢
QT
CTN

KROGER
LOW
PRICE
KROGER
DAIRY FRESH
**Whipping
Cream**
25¢
1/2-PT
CTN

FRESH ROASTED WHOLE BEAN
**Spotlight
Coffee**
3 1/4 1.59
1-LB
BAG

SWIFT'S BRAND ALL PURPOSE
**Jewel
Shortening**
3 1/4 49
1-LB
CAN

NORTHERN ASSORTED
Bathroom Tissue..... 4 ROLL PACK 32¢
REFRESHING NO DEPOSIT NO RETURN
Pepsi-Cola..... 8 PT BTL 99¢
SPECIAL LABEL:
Roman Bleach..... GAL 43¢
DEL MONTE PEAS, WHOLE KERNEL OR
Cream Style Corn..... 1-LB, 1-OZ CAN 19¢
SPECIAL LABEL:
Rose Lotion Vel..... 1-PT 6-OZ BTL 39¢

VALUABLE COUPON
Save 10¢ WITH THIS COUPON
ALL PURPOSE
Pillsbury Flour
5 1/2 39
1-LB
BAG
Valid Thru Sat., Mar. 28, 1970 At Kroger Det & East Mich.
Limit One Coupon

OCEAN SPRAY WHOLE OR STRAINED
Cranberry Sauce..... 1-LB CAN 22¢
BROWN OR CONFECTIONERS 10 X
Domino Sugar..... 1-LB PKG 18¢
ASSORTED
Pert Napkins..... 200-CT PKC 25¢
SUMMER ISLE SLICED
Pineapple..... 5 1 1/2-LB CANS \$1
HEAVY DUTY FOIL 18 INCHES WIDE
Reynolds Wrap..... 25-FY ROLL 49¢

Health & Beauty Aids!

SPECIAL LABEL-ANTIPERSPIRANT
Right Guard..... 5-FL OZ CAN 63¢
FAST PAIN RELIEF
Bayer Aspirin..... 200-CT 1/4 1.17
SUAVE SHAMPOO OR
Creme Rinse..... 2 PT BTL 99¢
SPECIAL LABEL
Listerine..... 1-PT 4-OZ BTL 87¢

KROGER PLAIN
LEMON CUSTARD OR
ORANGE MIST
**Angel Food
Cakes**
15-OZ WT PKG
39¢

SUNRISE FRESH PRODUCE

113 SIZE CALIF
Sunkist Oranges 18 FOR 99¢
SALAD SIZE VINE RIPE
Tomatoes..... 3 LB PKG 79¢
U.S. NO. 1 FANCY IDAHO
Potatoes..... 10 LB BAG 79¢
LARGE ASSORTMENT
Easter Plants..... EACH \$2.99 AND UP
TASTY SWEET
Candy Yams..... LB 10¢

FRESH CRISP
**Pascal
Celery**
19¢
24 SIZE
STALK

50 TOP VALUE STAMPS
WITH THIS COUPON ON
2-PKGS
FRYER
PARTS
Valid Thru Sat., Mar. 28, 1970
At Kroger Det & East Mich

50 TOP VALUE STAMPS
WITH THIS COUPON ON
2-PKGS GORDON'S PORK
LINKS OR 2-LBS BOB
EVANS ROLL SAUSAGE
Valid Thru Sat., Mar. 28, 1970
At Kroger Det & East Mich

25 TOP VALUE STAMPS
WITH THIS COUPON ON
ANY 2-LBS
GROUND CHUCK OR
GROUND ROUND
Valid Thru Sat., Mar. 28, 1970
At Kroger Det & East Mich

50 TOP VALUE STAMPS
WITH THIS COUPON ON
ANY 2-PKGS
CENTER CUT
HAM SLICES
Valid Thru Sat., Mar. 28, 1970
At Kroger Det & East Mich

50 TOP VALUE STAMPS
WITH THIS COUPON ON
ANY 2-PKGS
BROWN & SERVE
KROGER ROLLS
Valid Thru Sat., Mar. 28, 1970
At Kroger Det & East Mich

25 TOP VALUE STAMPS
WITH THIS COUPON ON
ANY PKG
FRANKENMUTH
CHEESE
Valid Thru Sat., Mar. 28, 1970
At Kroger Det & East Mich

50 TOP VALUE STAMPS
WITH THIS COUPON ON
ANY TWO 1/2-GALS
KROGER
ICE CREAM
Valid Thru Sat., Mar. 28, 1970
At Kroger Det & East Mich

100 TOP VALUE STAMPS
WITH THIS COUPON ON
4-LB JAR
KROGER
PEANUT BUTTER
Valid Thru Sat., Mar. 28, 1970
At Kroger Det & East Mich

50 TOP VALUE STAMPS
WITH THIS COUPON ON
ANY 6-PKGS
KROGER
PUDDINGS
Valid Thru Sat., Mar. 28, 1970
At Kroger Det & East Mich

50 TOP VALUE STAMPS
WITH THIS COUPON ON
ANY QT OR LARGER SIZE
JAR
PICKLES
Valid Thru Sat., Mar. 28, 1970
At Kroger Det & East Mich

50 TOP VALUE STAMPS
WITH THIS COUPON ON
ANY 10-12 INCHES
ANY
EASTER PLANT
Valid Thru Sat., Mar. 28, 1970
At Kroger Det & East Mich

100 TOP VALUE STAMPS
WITH THIS COUPON ON
ANY
EASTER PLANT
Valid Thru Sat., Mar. 28, 1970
At Kroger Det & East Mich

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