

How artist achieves serenity through her paintings

By Elizabeth Hoch
staff writer

As she observes nature, artist Gwen Frostic sees many lessons that human beings can apply to their own lives. People can be like the wind, she told the Women's Association of North Congregational Church Tuesday in Southfield.

"You can be just as free — and flexible, because flexibility is what makes the wind free," she said. "With flexibility comes true freedom."
"You can keep all around you fresh if you remain fresh yourselves." Keep your thoughts in motion always," said Frostic, who turned 76 Monday.
A question can bring forth unexpected answers instead of the old standbys. "Two and two don't always make four. If you put them down next to each

other, it makes 22. Try it when you get home," she said, as the audience laughed appreciatively.
Frostic told the story of a teacher who asked a little boy, "When you have ice that melts, what do you have?" Replied the boy, "Springtime."
FROSTIC'S BLOCK PRINTS of plants and animals illustrate the stationery, greeting cards and other items

she produces at her studio in Bentonia. She also has written about a dozen books.
Years ago, Frostic, who was trained as an art teacher, used copper as a medium, making products such as weather-erange.
"When World War II came along, copper was in short supply, she said. "So I went into this temporarily."
Now she owns Presscraft Papers and

with a staff of 35 and 15 automatic printing presses, she conducts a mail-order business reaching 71 countries and all 50 states.
"Our aim is to bring you a bit of serenity," she said.
Frostic counseled her audience to do as birds do: "Live for today only. Forget about yesterday and don't think too much about tomorrow. If you have lived today fully, you will be ready for whatever tomorrow brings."

There is no other beauty," Frostic said.
"The only way we can make a better world is to be a better person yourself. As you become a better person, the radiance of your personality will reach out to all who come in contact with you," she said.
"Each day, each year, each season has its loveliness."
"Whenever you're tempted to question the ways of nature, just remember that you're looking at one small segment; you're looking at it through your eyes only. So don't be too concerned if a little bird's nest is robbed. That's the way of nature," she said.
"I believe you should always reach for the farthest star. When you get there, there will be another star coming up on the horizon, even more beautiful than you thought possible," Frostic said.

College nurse programs gets economic boost

A donation of \$1,000 will be made to the nursing associate degree program at Oakland Community College by Beverly Enterprises on Monday.
The presentation will be at 1 p.m. at the Topinka County Home, 2410 Seven Mile Road. On hand to receive the check will be Floretta Cunegin, an instructor in the nursing program at OCC.
Beverly Enterprises owns and operates 41 nursing homes in Michigan including Williamsburg Convalescent Center in Farmington Hills.
"The donation is intended to reward

those students who have demonstrated outstanding merit in their scholastic performance," says Raymond Tutwiler, senior vice president of Michigan Operations. "We stress that recognition of excellence is important."
The donation, which is to be distributed to four nursing students, concurs with Michigan Nurse Week, May 2-8.
The theme of this week, which is set aside to recognize nurses, is "Nursing Does Make a Difference." A luncheon in honor of those in the nursing profession will precede the presentation. Attending the luncheon will be the ad-

ministrators, directors of nurses and assistant directors of nurses from the Detroit area facilities owned by Beverly Enterprises.
Tutwiler added that the donation to OCC is being made during Michigan Nurse Week to demonstrate Beverly Enterprises' support of the nursing profession.
"The contribution of nursing in any aspect of health care is vital," Tutwiler

commented. "In long term care, nurses are committed to high standards that assure the quality of life and quality of care for each nursing home resident."
Resides OCC, Mid-Michigan Community College, North Central Michigan College, Lansing Community College and Kalamazoo Valley Community College will receive money from Beverly Enterprises.



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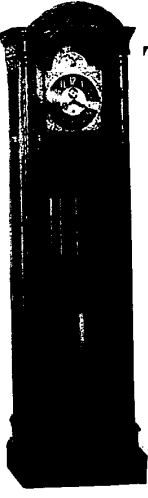
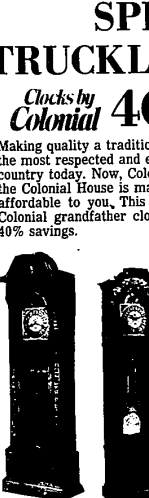
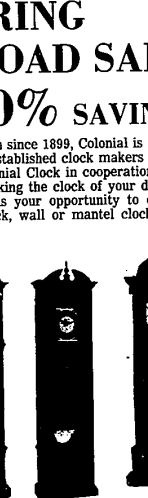
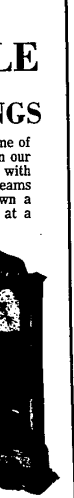





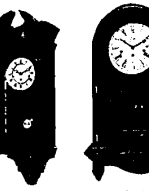


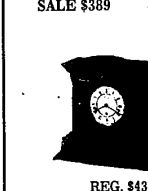

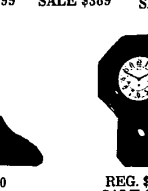

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