Girls' high school swimming schedules

TROY ATHENS

SCHEDULE — Sept. 16, at Bloomfield Hills Labser; Sept. 25, at Richer Relayr; Sept. 36, at Troy, Oct. 5, Birmigham Groves; Oct. 7, South-field; Oct. 12, at Am Arbor Harox; Oct. 16, at Berkley, Oct. 16, at New Triero, Oct. 18, at Services; Oct. 31, at Ferrolate; Oct. 23, Harol Servensor; Oct. 31, at Ferrolate; Oct. 23, Harol Farri Oct. 30, Okalan Gounty Meet, Nov. 4, Royal America, Company, Company, Company, Company, Company, Company, March Language, Company, Company,

DULE — Sept. 16, at Berkley; Sept. 18, at Point North Inviational; Sept. 23, West Grosse Polat North Invitation; Sqr. 23, West Homeliek Spc. 13, at Lironia Streenoux, Sqr. 130, Rochester, Oct. 5, at Bloomfield Hills Andower, Ct. 7, Ann Arber Herroy Cct. 14, at Royal Oak Dooders, Oct. 15, at East Lanning, 2 pm; Oct. 23, at Brandgam, Cot. 25, at Rochester Adams, Scabolm, 730 p.m; Oct. 23, at Rochester Adams, Cct. 35, Oakland Comply Meet; Nov. 4, Troy Albert, Niv. 5, at Bloomfield Hills Labser, Nov. 13-29, Richak Langue Rete.

BIRMINGHAM SEAHOLM

SCHEDULE – 5g. 11, Robester Adams, 7:30 pm. Spt. 13, 4 Robester Adams, 7:30 pm. Spt. 13, 4 Robester Adams, 7:30 pm. Spt. 13, 4 Robostfield Hills Inhard: Spt. 13, 12 Robester Adams, 7:30 pm.; Oct. 5, 43 Southfield-Lathurp, 7:30 pm.; Oct. 5, 41 Southfield-Lathurp, 7:30 pm.; Oct. 14, 12 Royal Ock. Kimskil, Oct. 18, Hirmingham Groves, 7:30 pm.; Oct. 11, 41 Royal Ock. Kimskil, Oct. 18, Birmingham Groves, 7:30 pm.; Oct. 13, Southfield-Comity Meet, Nov. 4, 41 Tory, Nov. 9, 41 Robester, Oct. 13, Southfield-Meet, Nov. 4, 41 Tory, Nov. 9, 41 Robester, 19-10,

With obvious reasons

Trend is a switch to larger tennis racquets

tennis

Joe Taylor

Experyone aways assix me: "Should I go legan oversize or midsize racquet?

The trend for the past few years has been heavily toward those two types of racquiets. Research by Ben Tasich, owner of Racquets Julimited, a retail store in Livonia, shows that 75 percent of his racquet sales now come from those models.

The search of consider the control of the request of the search of

racquet. The oversize has two times' the hitting and twice the sweet spot of a conventional racquet. It's a myth that the sweet spot is the same size as that of a conventional model.

The biggest complaint about oversize racquets is that you lose control. Much of this is a myth, too. One thing you must realize is that the sweet spot is lower on a mid-or oversize racquet.

The serve is where players have the

biggest problem adjusting from a con-ventional to an oversize racquet. On the serve, make sure that you either reach higher or lift the ball lower to adjust

or a lower sweet spot on the racquet.

YOU MUST understand that the type

YOU MUST understand that the type of racquet you buy will not make you an instant superstar. Good equipment is a must, but don't expect the racquet alone to make you a great player.

Another fallacy with tennis racquets that racquets can cause tennis elbow. It's been researched that 95 percent of all tennis-related elbow problems are caused by improper stroke technique—not by the type of racquet being used.

However, if there is a racquet that is easy on the elbow, I would choose one of the fiberglass or composite models. They tend to absorb more shock than most racquets. Also, gut string is not recommended for oversize racquets because of a lack of durability.

Because there are so many shapes and sizes to racquets these days, it's difficult to know what to buy.

Because there are so many shapes and sizes to racquets these days, it's difficult to know what to buy.

THERE ARE MANY reputable comvantes producing various racquets on field.

In lieu of postcards here's some sports

ENOUGH ALREADY with the small touths, I said, as I bought a copy of the New York Post, drawn no doubt by the four-decker headline, "NAME TENNIS ACE IN DRUG DEAL," wrapped as it was, around a photograph showing a side-frontal view of Dolly Parton. "Qitas) Gentalitis tried to buy 20G cota, claims federal witness, Page Thrige," explained a smaller headline. Theytory itself said "The international tennis ace never scored, according to evidence at the trial."

Dolly, by the way, was scheduled to have surgery for a "major gynecologi-cal disorder" in a New York hospital that day.

Apother Post spread caught my eye.
"GOLF GIRL IN LOVE TANGLE"
screamed the headline in inch-and-a-haif-ligh letters. "Star player Jan (Stephenson) sobs as she tells of boy-friends and bust-ups," proclaimed an-other head.

other head.

A large photograph showed a horizontal Jan, perhaps reflecting on one of those-bust-ups, curled up with a book.
Also reading the Post, I learned why certain writers are trying to keep Enos Slaughter, former Cardinal and Yankee great, out of the Baseball Hall of

There was also a long story about football at Northwestern University. Northwestern: If's the greatest team of all time, 'the headline said.

"You like football? Don't come to Evanston. Not now,' said the writer, commenting on the team. "Want to be drain to like northwestern the strength of the said of th

IN PORTLAND, Maine, the Press IN PORTLAND, Maine, the Press Herald carried an interesting column concerning 'physical aplitude' tests for high school soccer officials to make sure they can keep up with the action. In Maine, officials have to take — but not pass — the tests.

"The requirements vary according to the referee's age, but the test generally consists a 12-minute run in which the participants must cover between 2,000 and 2,600 meters, a 50- or 100-meter run and a 30-minute shuttle run," the columnist, Tom Welch, explained. "Re-ferees under 30 must run the 100-meter in under 16 seconds."

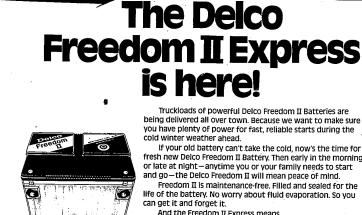
Sounds like a good idea for prep sports officials in Michigan, and not just the soccer refs, either. The action is fast-paced in high school sports. If the refs aren't on top of it, they're just guessing.

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SMSgt. Billy Lewis

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