

Day on the bus

City officials eye plans for future

A bus, boarded by dozens of city officials at 9 a.m. last Saturday, was on the road so long it easily could have reached Michigan's Upper Peninsula. But the jaunt terminated at 4 p.m. right where it began — Farmington Hills City Hall.

City councilmembers, administrators, and engineering, planning and zoning personnel toured the many sites throughout the city targeted in Farmington Hills six-year capital-improvement plan.

The plan, which identifies needed im-

provements for storm drains, roads and city facilities, was formalized after the city came up with a surplus of more than \$1 million after 1981-82 expenses were met.

Farmington Hills police hosted the tour on its first stop, telling the officials about the department's shortage of space in dispatch, lock-up and storage areas, the investigative division, records bureau and men's locker-room.

THE SECOND STOP was Fire Station No. 3, built in 1948 near Grand River and Middlebelt.

Station No. 3 last week was allocated several thousand dollars for building improvements.

Officials then toured the northwest corner of the city, reviewing paving needs along 12 Mile, Drake, Halsted and 13 Mile.

Drainage problems plaguing Farmington Knolls, Kendallwood and the Red Roof Inn area (where the Oakland

County Drain Commission is at work on the Caddell drain) were shown next.

The Department of Public Works, targeted for eventual expansion and additional equipment, was paid a visit as was the Spicer property. (The 210-acre parcel along Farmington Road between 10 and 11 Mile is being considered for purchase as a city park.)

Zoning officials were especially interested in surveying the residentially located Lutheran Hall Northwest, winner of a recent battle in Oakland County Circuit Court. The Farmington Hills Zoning Department and area residents unsuccessfully fought to prohibit the high school from operating and constructing a gym — both of which violate a local zoning ordinance.

The city's master storm-drain plan will be the topic of a public hearing Dec. 6. Recently completed by a local consultant-engineering firm, the long range, extensive-improvement program will cost more than \$50 million.

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Junk food is most popular

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the same thing quite often, and that's hard for me to deal with. Mostly, they need more vegetables," she added.

Because youngsters are bombarded by "the fast food restaurants that seem to have sprouted up on every corner," their habits are tough to break, says Earl Baumunk, director of vocational and career education for the school district.

"If kids were to choose, their diets would be high in carbohydrates and low in protein. They simply don't realize the value of proteins, fats and carbohydrates."

Mandatory food classes in middle schools and elective courses in high schools are of some help in alleviating the problem.

"Enrollment in our home economics programs in middle and high schools is greater than in any other district in Oakland County. That speaks well for our program and the staff," Baumunk said.

At the elementary level, science pro-

grams provide nutrition education, Fads Lawrence Freedman, assistant superintendent of schools.

The cost of school lunches in the Farmington district rarely presents a problem, says Bacon, because many students qualify for free and reduced-price meals.

THOUGH THE AVERAGE American female at age 30 is 17 pounds overweight, and her male counterpart 24 pounds too heavy, Arends is heartened by the health craze that has gripped the nation.

"There's been a lot of confusion among the public and it's opened the door for lots of quacks, but in the last 10 years it's been pleasant to see the awakening of America," he said.

"We used to be No. 1 in the world in the rate of coronary disease. We're now No. 8 (with Finland leading the list.)" To fend off the quacks, Arends says individuals can't go wrong by depending upon the American Heart Association for its dietary recommendations and the YMCA for its general principles of proper conditioning.

Goodfellows need help

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age child and a \$5 contribution will purchase a boy's shirt." Checks payable to the Farmington Goodfellows Dress and Shirt Program should be sent to 33926 Oakland, Farmington, 48024.

Community volunteers have helped Nita Pittz make clothes for and dress the hundreds of dolls needed to meet the list this year. The new dolls are distributed to individuals and organizations who sew and fit the doll clothes.

The Farmington Public School bus drivers volunteered to paint the hand-made wooden toys.

William Priks has been in charge of the canned-foods drive for many years. An assistant superintendent with the Farmington Public Schools, Priks works with school administrators and students on their annual canned-foods campaign for the Goodfellow Christmas drive.

For more information, she urged the community to call the Farmington Chamber of Commerce at 474-3140.

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