

Punch made from white grape juice, lemonade concentrate, strawber-ries and blueberries add an elegant touch to al fresco occasions. And it can be enjoyed by friends and family of any age because it is non-alcoholic.

GAZPACHO FIZZ

4 Thsp. canned tomato puree 1 scaliion bulb with a little green left on ½ medi-um stalk celery, roughly chopped 1 Thsp. lemon Juice ¼ tsp. celery seed 6½ ozs. bottle icy cold sparkling water.

Garnish: eucumber stick, leafy stalk celery heart, trimmed scallion.

Combine ingredients, except garnish and sparkling water, in a blender. Blend to a fine puree. Chill thoroughly. put into an attractive stemmed glass, stir in the icy soda and garnish. Makes one generous portion.

PINA DRINK 2 Thip, canned coconut cream 1/2 cup

fresh pineapple cubes
4 oz. unsweetened pineapple juice

l tap. lemon juice 614 oz. chiled sparking water

Whirl the first four ingredients to a purce in a blender. Divide between two chilled glasses and top each with half a 6.5- ounce bottle of sparkling water. Stir and serve. Garnish with a fresh pineapple stick for a really festive touch.

BANANA NOG

3 eggs 2 Tosp, honey 14 cup non-fat dry milk 14 tsp, rum extract Dash cin-namon 1 banana 1 cup sparkling water 1 cup ice cubes

Put eggs, honey, non-fat dry milk, rum extract and cinnamon into blend-er. Process at frappe until smooth. Add banana and ice cubes. Process until smooth. Reduce to stir setting and add sparkling water. Makes one quart of







