## Continued from Page 1

KEN NASH (sealar): A four-year vet-eran of the Troy High School team, Nash was second behind Wittenberg at the Southeastern Michigan Association (SMA) league meet. Troy's team cap-tain linished seventh at the regional meet and Sist overall with a time of 1625 in the state-championship team race. "He was like a diamond in the rough ... I don't know II he's really reached his potential yet."

BOB THOMPSON (sophomore): Thompson is the only underclassman on the first team. He was beaten only by Adams' Wood in eight dual meets. Thompson was fifth at the coundy meet, fifth at the Oxford Invitational, third at the Greater Oakland Activities League (GOAL) meet, sixth at the regional







Jim Wood

Southfield Christian

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coach Ron Wheeler. "He's improved tremendously over, the last three years. When he was a sophonore he was just on the varsity team as the eith or sev-enth man with times just under 18 min-utes. You couldn't ask for a more coachable runner." meet and 17th at the state meet in the team run. "He's the best runner Ro-chester has ever had at the state meet," said Rochester coach Paul York.

cachable runner." RICK WOOD (scaler) Wood was Adam' top runner this season and be was the MSAA champion with a re-spectable record-setting time of 16:17 on the hilly obland threatly course. If won the regional and took ninh at the state meet in the individual race. He was injured in 1861, and it was also a state in the state season this are to have thin for a full season this prove the state mode thread the ducidarelit. They a series mission these trained bured what a person who's trained beyond what I've asked. He easily runs an extra 100 miles more than the rest of the team."

JIM WOOD (coach of the year): Wood completed his most successful

Eric Wittenberg

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year ever at Southfield Christian — a Class D school that finished runners-up to Concord at the state championship meet. Southfield Christian, which was 11-0 in dual-meet competition, won the regional meet. Each of those accom-plishments improved over last year's 6-2 record, fourth-piace regional finish and ninth-place state finish. "Our goal was to take soccond at the regional mode hand will wood. "But, it worked out better than we thought. Our first meet against Lutheran North was the closest meet of the season, but the rest of our wins were by pretly big margins. Once we go to going 'Word' a 'U' a margins. Once we go to going 'Word' a 'U' a margins. Once we go to going 'Word' a 'U' a margins. Once we go to going 'Word' a 'U' a margins. Once we go to going 'Word' a 'U' a margins. Once we go to going 'Word' a 'U' a margins. Once we go to going 'Word' a 'U' a margins. Once we go to going 'Word' a 'U' a margins. Once we go to going 'Word' a 'U' a margins. Once we go to going 'Word' a 'U' a 'U' a 'U' a 'U' a Birminghan Groves High School, has been at Southfield Christian for the past five yoars. 'Wo think our depth will be significantly stronger at the state meet next year, 'add Wood.



Brian Hobart

North Farmington

-











SECOND TEAM: Mark Attard, Southfield Christian; Jeff Dienes, Southfield; Matt Fogo, Troy; Tom LeBay, Southfield-Lathrup; Jeff Nagy, West Bloomfield; John Thibodeau, Brother Rice; Chris Walk-er, North Farmington; John Walsh, Southfield Christian.

NONORABLE MENTIONS: Paul Devine, Birmingham Grover, Chris Chelaba, nd Jim Ruperd, Rechester, John Frizroll, Orchard Lake St. Mary'r, Tom Doyle, rother Rice: Bill Robhan, Troy Chuck Spilet, Rochester Adams, Mark DeFord, sublied-Lakurup Nike Reed, West Bloomfield.

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Bob Thompson Rochesler Rick Wood Rochester Adams

## Schoolcraft cage coach on double duty

## By Brad Emons staff writer

Ed Kavanaugh isn't in the army, but he's manag-ing to put in triple-duty these days. A typical day starts by teaching math courses at Schooleraf. College. Then ti's off to baskeball practice at both Schooleraft and Ladywood High School in Livonia. His Ladywood team is doing just fine with a 19-0 record and a berth in Tuesday's regional at Chel-Sca.

Sea. His other season, however, is just beginning. Schoolcraft meets Mercy College at 2 p.m. Friday

Schoolcraft meets meets seeing at home. Kavanaugh is in his first season at Schoolcraft. He replaces Karen Beers. Although the Lady Occlots are small, Kavanaugh has been able to recruit some good local talent. "Were not real tall," he admitted, "but we plan

on pressing.

an West.

"Deborah is a good leaper," said Kavanaugh. "She's a very good player."

"She's a very good purget: KAVANAUGH also has a bench be can rely on. It includes Colleen Crissey, a starter for Plymouth Canton last year, and Gina Johnson, Redford St. Agatha's aixth man. Sue Remer (Plymouth Salem), Bridget Gaga (Dearborn Divine Child) and Sue Suchey (Garden City West) are also expected to constraints

Suchey (Garden City West) are and control of the second se

## SCHOOLCRAFT COLLEGE WOMEN'S BASKETBALL SCHEDULE

NOV. - 24, Mercy College (2 p.m.). DEC. - 6, Madonna College, 11, at Flint Moit (2 p.m.); 13, at Marygrove, 15, Oakland OC, 18, Muskegon CC (2:30 p.m.); 29, 54. Clair CC (1 p.m.).

JAN. - 3, Marygrove; 5, ai Henry Ford CC; 8, ai Macomb CC; JAN. - 3, Marygrove; 5, ai Delta (7 p.m.); 19, Merey; 23, Highland Park CC (2 p.m.); 24, ai Madonna; 26, Flint Moti; 29, ai Oakland

PER. - 2, Henry Ford CC, 8, Macomb CC, 9, Southwestern ch; 12, Delta (2 p.m.), 14, at Southwestern Mich; 18, at High d Park CC (8 p.m.), 13-76, at Michigan Community College Ath-c Association Iournament in Lansing (Umes to be announced). All games start at 6 p.m. unless otherwise n



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