

Signs of stress

Divorce tough on kids, too—prof

The stress on parents undergoing divorce often blinds them to the signs of stress in their children, according to a Michigan State University professor.

"When parents are on that slide toward divorce, constant tension tends to drive them inward so they sometimes become insulated from their children's problems," says Anne Soderman, assistant professor of family and child ecology.

Soderman says children typically conceal their stress. But alert, caring parents can interpret the signals.

"Really young kids are firmly attached to their parents," she explains, "so they quickly develop a fear of being abandoned. The mother might tell the child, 'Daddy and I don't love each other any more so we're going to live apart,' but the child might think, 'If she can leave daddy, she can leave me, too.'"

YOUNGER CHILDREN. Soderman notes, experience a "depressive reaction" which they often manifest through regressive behavior.

"A child who hasn't wet the bed in a long time wets the bed. One suddenly wants a bottle even though he's given it up. They watch a lot of TV, lose interest in their toys and start hanging around the house to be wherever the parent is."

Soderman says typical reactions in

middle childhood (roughly ages 6-12) are sadness and guilt. "They wonder why they can't keep their parents together and often feel it's their fault that their parents are breaking up," she says.

Another reaction is anxiety about having to move away, leave their friends, change schools. "It's different for younger kids because they don't really care where they live as long as it's with their parents," Soderman explains.

ADOLESCENTS. she says, think more about the future — what they'll have to do to get money, how they'll go to college, whether or not they too will end up divorced.

A further problem occurs when parents who have separated begin working out their hostilities by manipulating the children.

"A lot of parents can make the break legally but not psychologically," says Soderman. They're angry, bitter, hurt and they play "pain games" with their ex-spouses, using the kids to spy on and manipulate one another.

"For example, the wife says, 'You didn't send the alimony check this week, so when you come to pick up our son this weekend, forget it, he won't be ready.'"

After a while, the children learn to manipulate the parents, too.

"They see they can satisfy some of their own needs by using the parents the way the parents use them," Soderman says. "They'll say, 'Mom, I like going to dad's better. I get to stay up later, go to movies, and I don't have to do homework. It's more fun there, and he doesn't yell at me the way you do.'"

TO AVOID this, parents should present "a united front," Soderman advises. "Parents have to be above this sort

of behavior themselves before they can stop the kids from doing it. They have to learn to support one another when talking to the children, avoid bad-mouthing each other and apply similar rules at both residences.

The children usually want to be with both their parents, so parents shouldn't force them to take sides. "The loyalty conflicts are very painful for children," Soderman says.

Hinsc

HINSON HEATING & AIR CONDITIONING

"The Efficient Shall Inherit The Earth..."

The Lennox Pulse

Truly the Furnace for the 80's

The Lennox Pulse gas furnace is the most significant breakthrough in furnace design in over 20 years. It produces heat without any other furnace with greater efficiency and safety than ever before possible.

If your present gas furnace is over five years old, it is in the range of 55-60% efficient, compared to the Pulse's 81%-85%. This difference can mean drastic reductions in your monthly heating bills — up to 40% savings! Due to the reduction in gas consumption, the Pulse justifies replacing your present unit today, and can pay for itself in as little as two years. The Pulse furnace is not efficient.

LENNOX PULSE

81% - 85% EFFICIENT

HINSON HEATING & AIR CONDITIONING

Your Home & Business Partner Since 1945

1312 South Washington • Royal Oak • 541-7007



Announcing high earnings, unlimited checking, and discount brokerage services all wrapped up in one neat package.

NBD's new Unibank Cash Management Account.™

It's not easy managing your money these days. You want to transfer savings to checking, or vice versa. You want to buy stocks, sell stocks and you want to do it easily. By phone would be ideal. And wouldn't it be great if someone you trusted would handle all the paperwork so that you'd have just one consolidated statement for all your transactions?

Sound impossible? Not really because that's exactly what you get with NBD's new Unibank Cash Management Account.™

High interest checking.

This totally new plan offers you

the unprecedented combination of high interest and unlimited checking privileges. You'll earn money market rates when you keep a minimum balance of \$2,500, and even with a smaller balance you will still earn

For more information, call 1-800-621-9755

interest at passbook rates. **High interest savings.** You'll earn interest rates comparable to money fund averages on this high-interest savings plan when you maintain a minimum balance of \$2,500.

Discount brokerage service. You can buy and sell stocks, funding transactions through the high interest checking or the savings portion of the new NBD Unibank Cash Management Account. NBD will even put stock certificates in safekeeping for you if you wish, so that you can buy and sell with just a simple phone call.

NBD's Unibank Cash Management Account puts earning power and efficiency into one convenient package. It's just what you'd expect from one of America's great banks.



*Customers with existing NBD Unibank Cash Management Accounts should have their accounts re-opened to take the benefit of this new plan. The total of your deposits on NBD is insured by FDIC.

HEAD FOR THE MOUNTAINS



HOLIDAY Ski Sale

FAMOUS MAKE SKI JACKETS 30% OFF

CHOOSE FROM OVER 1400 SHARP WARM SKI JACKETS - NEW 1983 STYLES & SELECTED FAMOUS MAKES FOR THE WHOLE FAMILY

100% WOOL SKI SWEATERS 20% OFF

REG. \$50 - \$60 OVER 1400 SELECTED NEW STYLES

SAVE up to \$107 ON SKI & BINDING COMBINATIONS

•ROSSIGNOL EQUIPE •DYNASTAR OMESTAR •ATOMIC F-5 •K-2 SR-22 •HEAD ST YOUR CHOICE SALE \$198 INCLUDING '90 NEW SALOMON S-337 BINDINGS WITH SKI BRAKE	•OLIN MARK II •DYNASTAR PRO •ROSSIGNOL ESCORT •K-2 SR-33 YOUR CHOICE SALE \$238 INCLUDING '100 NEW LOOK 59 SENSOR BINDINGS - THE LATEST
•ROSSIGNOL EDGE •DYNASTAR CSX •K-2 410 •KASTLE RX TEAM YOUR CHOICE SALE \$268 INCLUDING '110 DELUXE TYROLIA 280 DIAGONAL BINDINGS WITH BRAKE	•DYNASTAR STARSOFT •ROSSIGNOL HPM •OLIN 770 •K-2 612 YOUR CHOICE SALE \$319 INCLUDING '110 DELUXE TYROLIA 280 DIAGONAL BINDINGS WITH BRAKE

RECEIVE OUR \$100 LET'S GO SKIING BONUS AT NO EXTRA COST WITH ALL ALPINE SKIS PURCHASED THIS WEEK

10% - 30% OFF SELECTED MODELS OF CURRENT 1983 SKIS & BOOTS

NORTALIA ELITE COMP BOOTS REG. \$160 \$99 SALE

BOOT SHOWN

EVERYTHING FOR CROSS COUNTRY SKIING SAVE up to 38% on CROSS COUNTRY PACKAGE SETS INCLUDING SKIS-BOOTS-POLES-BINDINGS

\$67 \$69 \$75 \$84 \$99 \$109 \$129 JUNIOR COMPLETE SET PRICES

Bavarian Village

PRICES GOOD THRU SAT. JAN. 8

SKI SHOPS

- BLOOMFIELD HILLS: 2540 WOODWARD at Square Lake RD. 338-0803
- BIRMINGHAM: 101 TOWNSEND Corner of Perce. 644-5850
- MT. CLEMENS: 12165 GRATIOT 1/2 mile north of I-96. 483-3850
- LIVONIA/REDFORD: 14211 TELEGRAPH at the Jeffries Ferry. 534-8200
- EAST DETROIT: 22301 KELLY RD between 8 & 9 Miles. 778-7020
- ANN ARBOR: 3336 WASHTENAW west of I-94. 778-9340
- FLINT: 4261 MILLER RD. across from Genesee Valley Mall. 732-8560
- ALPINE VALLEY: SKI AREA N-59 Milford. 887-1970
- SUGARLOAF: SKI AREA near Traverse City. 828-8700
- FARMINGTON HILLS: 27847 ORCHARD LAKE RD at 12 Mile. 853-8585

VISA MASTER CARD DINERS AM EXPRESS OPEN EVENINGS TUE-SATURDAY 10-530 - CLOSED SUNDAY