

YMCA highlights

Each week the Farmington Hills Parks and Recreation Department will present a synopsis of upcoming activities in this column. For further information regarding our programs, contact our office at 474-6115.

YOUTH BAND — Youth Band will offer all 6th-8th grade students an excellent opportunity to be part of a music ensemble. The youth band will begin Wednesday, Jan. 12, from 4-5 p.m. in the band room at Dunkel Middle School. All participants must furnish their own instruments, except percussion instruments which will be provided.

ed. The fee for the 10-week session is \$10 per participant. All registrants should be taking music lessons.

LEISURE ACTIVITY CLASSES — The activity flyers have been distributed through the Farmington area schools and registration for the winter session of after-school recreation has begun. Classes include pre-school tumbling, gymnastics, aerobics, clay pottery, mime and clowning, photography, model building, nutrition, cheerleading and pom-pom and preschool creativity. The sites of our winter program are the Eagle, Flanders, Forest, Kenbrook and Wm. Grace Elementary Schools. The eight-week program begins the week of Jan. 17.

SNOWBALL SOFTBALL SMASH — We will be hosting a 16-team single elimination men's softball tournament on Saturday, Jan. 22 at Drake Park and the Knights of Columbus fields. Team registration is \$50 per team which includes softballs, umpires, scorekeepers and trophies for the first- and second-place teams. This is a unique winter opportunity, played snow or shine. Registration deadline is Friday, Jan. 14.

FIT-NASTICS — This new and exciting activity will be taught by Norene

Yuskowatz, a popular fitness instructor from our area. The twice-a-week session will meet 6:30-7:30 p.m. Mondays and Wednesdays, beginning Jan. 10, at the Piromontese Club, 35500 Nine Mile. Fee for the nine-week session is \$35.

LAMAZE CHILD BIRTH EDUCATION — This seven-week series prepares expectant parents to participate fully in their birthing experience. The classes will give the couple an understanding of pregnancy and the mechanics of labor and delivery. Classes should be attended during the last trimester of pregnancy. Early registration is encouraged. The classes begin

on Thursday, Jan. 6 and continue through Feb. 17. The session meets from 7:30-9:30 p.m. Fee is \$35 per couple and the session is presented by the Professional Associates in Childbirth Education.

INDIANAPOLIS "500" TRIP — All tickets will be sold out in March. We are offering a complete two-day tour package which will include round-trip deluxe motorcoach transportation, one-night lodging, baggage handling and reserved ticket to the Indy 500. The date of the trip is May 28-29. The cost of this sports spectacular is \$135 single or \$120 double (per person). Tickets are limited.

BILL KOCH SKI LEAGUE — The Bill Koch Ski League is a cross country ski club directed toward boys and girls, 7-13 years of age. The league offers les-

sons, girls, races, club patches and newsworld. The first session will take place on consecutive Saturdays, beginning Jan. 8 from 9:30-11:30 a.m. at the Oak Hills Ski Center. Fee for the full season is \$15 and includes ski rental; \$5 with your own equipment.

SENIOR ADULT CENTER HIGHLIGHTS — The senior adult center is in the Marcy Conference Center, on 11 Mf., just east of Middlebelt. The center is open Monday-Friday from 10 a.m. to 4 p.m. Some of next week's special activities will include a speaker on the fast grandparents program on Tuesday 1:30-3 p.m.; the food co-op at 1 p.m.; Wednesday: open swim in the pool; Monday, Wednesday and Friday at 2 p.m.; and don't forget to bring your brown bag lunch for Monday, Jan. 10. Join in for recreation, socialization and friendship.

recreation news

The Farmington area YMCA provides a variety of services for youth and adults in the community. Further information may be obtained by calling 553-0202 between 9 a.m. and 10:30 p.m. daily.

CLASS REGISTRATION — Open registration Jan. 4-16 from 9 a.m. to 10 p.m. daily and 9 a.m. to 5 p.m. on weekends. Variety of classes in fitness, body toning, preschool enrichment, swim, youth activities, adult enrichment, middle school activities, dance classes and more.

EXPANDED BABY-SITTING HOURS — The Farmington YMCA has baby-sitting services for all members with a cost of only \$1.25 per child, per hour (each additional child is 75 cents per hour). Monday-Friday, 8:45 a.m. to 2:15 p.m.; Monday-Thursday, 6-9 p.m.

SLEEP-OVER — Jan. 29 is the date set for this first-time event. Youth must be in middle school (grades eight) to attend. The event will feature all the favorites such as gym games, late-night swim, pizza, along with two special activities, a Pac Man and Donkey Kong Tournament and a midnight showing of the Disney film, "The Black Hole." All youth should bring a towel, swimsuit, sleeping bag and toilet articles. Time is 8 p.m. until 9 a.m. Fee is \$8 for members and \$14 for non-members.

SATURDAY NIGHT LIVE — Mark your calendars for two fun-filled evenings of Middle School fun. Middle school students only. We feature gym games, open gym, racquetball, open swim, movies and electronic games. Each night has a theme, which is announced in the Drop-In flyer passed out to middle schools. Dates, Jan. 8 (Community dance); Feb. 5 (youth party). Fee for members \$1 and non-members \$2.

YBA (YOUTH BASKETBALL ASSOCIATION) — YBA was started by the

Y and the NBA players association in 1975. Since that time, more than one million players, coaches and parents have been involved throughout the United States and Canada. As a special partnership of professional and youth basketball, the YBA program is unique. The NBA players are proud of YBA. Its very special. It combines good basketball, fair play and fun — for girls and boys alike. We're looking forward to our best season yet. Registration begins Jan. 10. Practices begin the week of Jan. 31 at area grade schools. Two divisions as follows: Junior Division — played on rims that are extended to eight feet and smaller basketballs that provide kids with the opportunity to have a fun game with a lot of scoring. For grades one-three.

Senior Division — "The Best Game in Town" for grades four-five. The program involves fast action, fair play, quality instruction and helps each player develop their own skills.

GYM & SWIM PROGRAMS (3- and 4-year-olds) — This gym and swim program is designed to help your child develop mentally as well as physically. Children will have 30 minutes of gym time, a 15-minute transition period and a 30-minute swim lesson/recreation period. Please have the child wear suit under loose-fitting clothing and gym shoes so they can move freely in the gym. Send a towel for after swimming (parents receive children at locker doors after classes to dress children).

PRESCHOOL AGE CLASSIFICATIONS — Tiny Mites — 3-year-olds (Level 2 with previous gym and swim instruction or authorized participation from instructor); Mini Mites — 4-year-olds; Super Mini Mites — 4-year-olds (with previous gym and swim instruction or authorized participation from instructor).

Y-226 Tiny Mites, Monday 9:15-10:30 a.m.; Y-227 Advanced Tiny Mites, Monday 10:15-11:30 a.m.; Y-228 Mini Mites, Wednesday 9:15-10:30 a.m.; Y-229,

Super Mini Mites, Wednesday 10:05-11:30 a.m.; Y-230 Tiny Mites, Friday 9:15-10:30 a.m. Location, multi-purpose room. Fee for members \$18 and \$24 for non-members.

FLOOR HOCKEY — North PP 9 a.m. Larkshire Wolverines vs. Kenbrook/Forest Wildcats; South JR 9 a.m. Longacre Black Hawks vs. Wooddale Maple Leafs; North PP 10 a.m. Wooddale Irish vs. Woodcreek Hot Rods;

South JR 10 a.m. Forest Flyers vs. Woodcreek Blues; North PP 11 a.m. Beechview Huskies vs. Woodcreek Hot Rods; South JR 11 a.m. Kenbrook Capitals vs. Beechview Islanders; North JR noon Eagle Rangers vs. Wooddale Red Wings; South JR noon Larkshire North Stars vs. Beechview Bombers; North SR 1 p.m. Wooddale Canucks vs. Forest Flames; South SR 1 p.m. Kenbrook Kings vs. Woodcreek Whalers; North SR 2 p.m. Longacre Jets vs. Eagle Oilers.

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