



Stuffed onions are certain to please

There's hardly a recipe that doesn't include a hint of onion. From the very large sweet-tasting Bermuda onions to the small, young green onions or scallions, these pungent roots enhance and liven tossed salads, meat dishes and vegetable accompaniments.

Stuffed onions is a savory main course that's certain to please any onion lover's palate.

- 1 lb. brown sugar
- 1 lb. vinegar
- Cut tops off onions. Scoop out, leaving 1/4-inch thick shell; chop onion centers.
- In a 10-inch skillet, cook bacon until crisp; remove and crumble.
- Cook chopped onion in drippings until tender. Stir in soup, spinach, brown sugar, vinegar and bacon.
- Fill onion shells with spinach mixture.
- Arrange stuffed onions in 2-quart shallow baking dish (12x8x2 inches). Spoon remaining spinach mixture around onions; cover with foil. Bake at 375° for 30 minutes or until done. Makes 6 servings.

STUFFED ONIONS FLORENTINE
6 large onions (about 1 1/2 lbs.)
6 slices bacon
1 can (10 1/2 oz.) cream of mushroom soup
1 pkg. (10 oz.) frozen chopped spinach, cooked and well drained

For a taste of sausages with international flavor, make a cold plate featuring Genoa salami, which originated in Italy, or a hearty sausage-kraut entree with Thuringer links, first made in Germany.

Sausage is link to past

The origins of sausages that fit so conveniently into modern life can be traced back thousands of years through history. Many of our most popular sausages are linked to those created in the Old World during the Middle Ages when sausage making was considered an art.

Climate as well as taste was responsible for the development of the different sausages in the different areas of Europe. In the cooler, northern regions, Germans and Norwegians developed fresh and semi-fresh products that would keep well in their climate. They also made smoked and cooked sausages and a semi-dry sausage called summer sausage because it was made in the winter to be eaten in the summer. In the warmer climates of Italy and southern France, very dry, highly seasoned sausages were made for they would keep well in the warmer temperatures.

Some early "wurstmakers" were so adept at making distinctive types of sausages that their products became famous throughout Europe. Sausages were frequently known by the name of the town where they originated. Bologna came from Bologna, Italy; Genoa salami from Genoa, Italy; frankfurters from Frankfurt am Main, Germany; bratwurst from Braunschweig, Germany; Thuringer from the province Thuringia in Germany; goteborg from Goteborg, Sweden and arles from Arles, France.

TODAY, WE are able to enjoy a wide variety of these sausages for the immigrants from Europe brought with them their knowledge of sausage making and their preference for sausages from their home lands.

For a modern sampling of the flavors of old Italy, arrange slices of Genoa salami and provolone cheese on a plate and garnish with Italian olives. If it's the heartier flavors of Germany you prefer, treat yourself to Thuringer and Kraut. It's an easy-to-make entree that calls for fully cooked Thuringer sausage links to cook atop sauerkraut that's flavored with onion, apple and caraway seed.

THURINGER AND KRAUT
1 pound fully cooked smoked Thuringer sausage links
4 slices bacon, cut into 1-inch pieces
1 onion, chopped
1 can (16 ounces) sauerkraut, drained
1 medium-size tart apple, cut into 8 wedges
1/4 cup water
1 tsp brown sugar
1/2 tsp caraway seed

Cook bacon in large skillet until crisp; remove to absorbent paper. Cook onions in bacon drippings 2 to 3 minutes, stirring occasionally. Pour off drippings. Add sauerkraut, apple, water, brown sugar and caraway seed, stirring to combine. Arrange sausages on top of sauerkraut mixture, cover tightly and simmer 20 minutes. Remove cover and continue cooking 5 minutes. Sprinkle with bacon. 4 servings.

Wine facts to mull over

Wine has been interwoven in all the known civilizations of the world. Here are some facts about it you might not know:

- No one knows who the first winemakers were. Wine's origins have been traced to the days of the early Egyptians.
- Poets have sung the praises of wine. Omar Khayyam immortalized the drink in his verse "A Jug of Wine, a Loaf of Bread, and Thou" and Homer, Pliny and Shakespeare all wrote of the friendliness of wine.
- The Bible makes many references to wine and it has come down through the ages as part of religious celebrations such as the Roman Catholic mass, Jewish ceremonies and some Protestant Communion services.
- The Greek God Dionysus not only was the God of Wine but was also considered the God of Good Living.
- Wine has become so popular in the United States that it outsold all spirits combined in 1980.
- You can now order name brand wines by the glass. As tastes in wine become more refined, people prefer to specify a good quality wine.
- Wine is produced in many countries of the world, including Germany, France, Italy, Spain and the United States.

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