## YMCA highlights

The Farmington Area YMCA provides a variety of services for youth and adults in the community. Further information may be obtained by calling 553-4020 between 9 a.m. and 10:30 p.m. daily.

PRESIDENTS BACQUETBALL TOURNA-MENT — For all Farmington YMCA members, Held Feb. 18, 19, 20 with men class A. B. C. Novice and 50 and over open division, along with womens class B and Novice. Cost is 38 which includes a T-shirt and top-notch competition. Register by Feb.

18. SLEEP OVER — Jan. 29 is the date set for this exciting first-time event. Youth must be in Middle School (grades 5-3) to attend. The event will feature all the favorites, such as gym games, late night swim, pitza, slong with two special activities. All youth should bring a towel, swimsuit; aleeping bag and tollet articles. The time is from 8 p.m. to 9 a.m. Fee for members is \$8 and \$41 for non-members.

JOIN THE 1983 FARMINGTON FLYERS, JOG-GING AND RUNNNING CLUB — 1983 will be the Jogging Club's third year. Your membership fee will provide you with Flyers Rusning Club Newsletter, area running information, charts for mileage, along with running tips and a 7-shirt award that will be presented when your goal is completed. Annual dues are §5.

YOUTH BASKETBALL (YBA) — Youth Basket-ball Association (YBA) was started by the YMCA and the NBA players association in 1978. Since that time, over one million players, coaches and parents have been invered throughout the U.S. and Canada. The NBA players are proud of YBA. It combines good bask those and play and fun for boys and girts allie. Registration begins Jan. 10. Practices begin the work of Jan. 11 at area grade schools. Two divi-sions as followed:

sions as follows:
Junior Division - played on rims that are extended to eight feet and smaller basketballs that provide kids with the opportunity to have a fun game with a lot of scoring, For grades 1-3.
Senior Division - For grades 4-5. The program involves fast action, fair play, quality instruction and helps each player develop their own skills.

FLOOR HOCKEY — Grades 1.5. Games for Jan. 22. Stanley Cup Finals - Larkshire Wolverines va Kenbrook Forest Wildcatt, Larkshire North Stars va Wooddale Red Wings; Wooddale Irish va Beechvlew Huskles; Wooddale Maple Leafs vs Eagle Rangers; Woodcreek Hot Rods vs Beechvlew Huskles; Woodcreek Blues vs Beechvlew Huskles; Woodcreek Blues vs Beechvlew Langacre Black Hawks vs Kenbrook Capitals; Forest Flyers vs Beechvlew Bombers; Kenbrook Kings vs Wooddale Caputck; Woodcreek Whalers vs Longacre Jeis; Forest Flames vs Eagle Ollers.

## Project coordinator appointed

Michele A. Collet has been named special projects coordinator for the University of South Florida's Media Relations Office in Tampa.

She is a 1968 graduate of North Farmington High School.

According to Michael Simmons, director of Me-dia Relations and Publications at USF, Collet was serve as information specialist for selected Univer-sity colleges and also will plan and coordinate me-dia relations for special events. Collet has 10 years experience in marketing com-nunications. She has worked as a free-lance writer and public relations consultant in the St. Peters-

Whiripool
Saunas
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Tokyo Oriental Health Spa

burg area, most recently with Swanson Films Ltd. in Glearwater. Prior to establishing her own business of the Communication of the Comm



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## PRACTICAL PARENTING SERIES

THE 2 THROUGH 5 YEAR OLD CHILD The focus of this program is on the psychological development of the young child, typical problem parents face, and developing skills for handling problem:

oblems.

\*The series consists of three Monday sessions from 10 a.m. - 11:30 a.m.

January 31, February 7, February 14

\*Limited to 10 participants \*Fee 323

Leader for the series:

Dr. Alice Segal, Consulting Psychologist

more information and registration, please call

ORCHARD HILLS PSYCHIATRIC CENTER 23800 Orchard Lake Rd. Suite 201, Farmington Hills 474-1144

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FANTASTIC SAVINGS Starts: Frl. Jan. 21 thru Jan. 31

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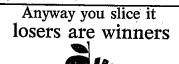


ART SALE

This Sunday, January 23 HOLIDAY INN - FARMINGTON HILLS

10 Mile and Grand River 11 sm to 5 pm Hundreds of original oil paintings priced from \$10 to \$95

La Petite Galleries Stevensville, Mich.



## AHF • Weight Control Program

Lose those excess pounds forever Now you can lose weld without pills, gimnle or restrictive dieta, and never gain it back. It AHF else Weight Control Program is based years of admittin research and has proven tin and again to be successful, even with those whe have failed before. Our sound, senable are one pour own weight lose expert.

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For the first time you'll find losing weight to be
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DATE and TIME

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