

Emergency chief named at Ford

Dr. Brack Allen Bivins, the co-founder of the "Society of Hillbilly Surgeons" (while at the University of Kentucky Medical School) and an expert in care of the critically ill, has been appointed head of Henry Ford Hospital Division of trauma and emergency surgery.

Bivins of Farmington Hills succeeds the late Dr. Paul Horan, who died in March following heart surgery in Ann Arbor.

"Coming to Detroit from Kentucky isn't as big a transition as one might think," says Bivins. "The problems of large hospitals everywhere are similar. Here, like Detroit, we dealt with a significant indigent patient population in Kentucky."

Bivins came to HFH from the University of Kentucky Medical Center where he held a joint appointment as

associate professor of surgery and pharmacy. He previously had served as associate director of Emergency Medical Services. His special interests relate to the surgical aspects of nutrition and metabolic disease.

At HFH, he will head a four-member staff which deals with the surgical needs of, for example, accident victims, emergency appendectomy and other surgical patients, and the critically ill. HFH's Trauma, Emergency and Surgery Division was founded in 1978 and sees more than 600 patients annually, most of whom come through Emergency Medicine at the Detroit campus.

At HFH, he plans to develop the trauma and emergency surgery service as a "recognized center of excellence" with a high volume of research produc-

Stress seminar features psychologist

A three-hour program on "Managing Stress" will be presented at two local medical facilities and is designed to teach individuals how to cope more effectively with stress in their lives.

It will be given at Providence Hospital in Southfield from 7-10 p.m. on Tuesday and at Woodland Medical Center in Novi from 7-10 p.m. on Tuesday, Feb. 15. As part of the program, participants will be offered the chance to prevent and minimize all types of stress.

The techniques are effective, easy to learn, and can be readily used in a person's normal living and working environment, according to Dr. Don R. Powell, the developer and instructor for the program.

Powell is a nationally recognized leader in the field of behavioral medicine and stress management. He received his doctorate from the University of Michigan where he held an appointment in the psychology department for seven years and served as a

staff psychologist at the student counseling center. He television and radio talk shows including "Good Morning America," "Sonya," and "Kelly and Company."

The program includes how to determine your present stress level and reduce it, how to identify the causes of stress in your life, how to relax your mind and body, and how to recognize and replace erroneous self-defeating thoughts.

"Stress is a complex pattern of biochemical and behavioral changes organized by the body in order to cope with any increased demand placed upon it. We begin life with a natural stress level and a capacity to adapt to life events. Over time, this adaptation energy is slowly spent fighting emotional and physical emergencies. Every stress event leaves an invisible scar that causes our bodies to become more and more run down," he said.

Since his puppy disappeared it's been a dog-eat-dog world

Five-year-old Christopher Catolla said if his dog Leo ever came back, he'd kiss him.

The three-month-old cocker spaniel disappeared near the Catolla residence near 10 Mile and Shiawassee the evening of January 2.

Christopher and his sisters Lisa, 17, and Brenda, 12, combed the area for Leo for several days and have posted signs on telephone poles throughout the neighborhood.

"I'm just waitin' for him to come back," said Christopher, a preschooler at Alameda in Farmington.

"He's friendly but sometimes he bites. He licks me when he's sleepy. I give him hugs and kisses."

The youngster is so lonesome for Leo that he pleads with his babysitter, Gail Massey, to bring her dog to the Catollas' house.

"I've been taking him over every day, and Christopher loves him to death. Chris really loved Leo. He had wanted a dog for a long time, and he's spent a lot of time with him," said Massey, who has had no response from a lost-and-found ad she placed in the Observer.

Leo is caramel-colored with long ears and a short tail, and wears a white flea collar and bell.

She's "very rambunctious, loves people and is very well behaved. She probably would go to anyone," said Massey.

Christopher, who is playing with his cars and trucks a lot lately, would appreciate a call at 474-0138 from anyone who's seen Leo.

If Chris's dog Leo ever comes back, the 5-year-old Farmington Hills boy says, "I'd kiss him."

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