## Emergency chief named at Ford

Dr. Brack Allen Bivins, the co-found-er of the "Society of Hillbilly Surgeons", (while at the University of Kentucky Medical School) and an expert in care of the critically ill, has been appointed head of Henry Ford Hospital Division of Iranum and generacement

head of Henry Ford Hospital Division of trauma and emergency surgery.

Bivina of Farmington Hills succeeds the late Dr. Paul Horan, who died in March following heart surgery in Ann Arbor.

"Coming to Detroit from Kentucky isn't as big a transition as one might blink," says Bivins. "The problems of large hospitals everywhere are similar. And, like Detroit, we dealt with a significant indigent patient population in Kentucky."

Bivins came to HFH from the University of Kentucky.

versity of Kentucky Medical Center where he held a joint appointment as

associate professor of surgery and pharmacy. He previously had served as associate discussion of the Emergency Medical Services. His suffered to a Services. He surged appects of nutrition and metabolic discase of a dour-member staff which deals with the surgical needs of, for example, accident victims, emergency appendectomy and other surgical patients, and the critically III. HFH's Trauma Emergency and Surgery Division was founded in 1978 and sees more than 600 patients annually, most of whom come through Emergency Medicine at the Detroit campus.

At HFH, he plans to develop the trauma and emergency surgery service as a "recognized center of excellence" with a high volume of research produc-

tivity. "HFH has been doing the same work in this specialty as other institu-tions but it has not been as well recog-nized. I also plan to help develop a high quality nutritional support team to deal with the critically ill patient."

with the critically ill patient."

BIVINS SAID he was attracted to HFH because "It has a superb national regulations it is more than the production of the production of the production of the production of the next decade because, unlike state-supported ones, its administration over the respond to problems within a reasonable period of time without getting bogged down with the governmental process."

trition, Bivins is also involved in care of the morbidly obeso patient, the person who is at least 100 pounds overweight. The largest patient he has treated, a Kentucky man, weighed 625 pounds. The man underwent a gastric bypass.

Bivins received his undergraduate degree from Western Kentucky University and his M.D. from the University of Kentucky College of Medicine. He served both his internship and residency at the U.K Medical Center. While there, he and a colleague, Dr. Richard Belh, founded the "Society of Hilbilly Surgeons" for surgeons trained at U.K. "It was fun, in a way, but we have nice certificates (showing a surgeon playing a banjo) and we're proud of our training."



Dr. Brack Bivins

## Stress seminar features psychologist

A three-hour program on "Mnnaging Stress" will be presented at two local medical facilities and is designed to teach individuals how to cope more effectively with stress in their lives. It will be given at Providence Hospital in Southfield from 7-10 p.m. on Tuesday and at Woodland Medical Center in Novi from 7-10 p.m. on Tuesday, Feb. 15. As part of the program, participants will be offered the chance to prevent and minimize all types of stress.

The techniques are effective, easy to learn, and can be readily used in a person's normal living and working environment, according to Dr. Don R. Powell, the developer and instructor for the program.

ell, the developer and massives.

Powell is a nationally recognized leader in the field of behavioral medicine and stress management. He received his doctorate from the University of Michigan where he held an appointment in the psychology department for seven years and served as a

The program includes how to determine your present stress level and reduce it, how to identify the causes of stress in your life, how to relar your mind and body, and how to recognize and replace erroneous self-defeating thoughts.

"Stress is a complex pattern of blochemical and behavioral changes organized by the body in order to cope with any increased demand placed upon it. We begin life with a natural stress level and a capacity to adapt to life events. Over time, this adaptation energy is slowly spect lighting emerginated and physical emergencies. Every stress event leaves an invisible scar that causes our bodies to become more and more run down," he said, and more run down." he sald.



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## Since his puppy disappeared it's been a dog-eat-dog world

If Chris's dog Leo ever comes back, the 5-year-old Farmington Hills boy says, "I'd kias him."

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Five-year-old Christopher Cafolla sald If his cocker spaniel disapdog Leo ever came back, he'd kis him.

The three-month-old and Shiawassee the evening of January 2.

Leo for several days and have posted signs on teleters Lisa, 17, and Brenda, here poles throughout he neighborhood.

"I'm just waitin for 
im to come back," said 
Christopher, a performing to come a control of the metal of the posted signs on teletion of the metal of the posted signs on teletion of the metal of the posted signs on teletion of the metal of the posted signs on teletion of the metal of the posted signs on teletion of the metal of the posted signs on teletion of the metal of the posted signs on teletion of the metal of the posted signs on teletion of the metal of the posted signs on teletion of the metal of the posted signs on teletion of the metal of the posted signs on teletion of the metal of the posted signs on teletion of the metal of the posted signs on teletion of the metal of the posted signs on teletion of the metal of the metal of the posted signs on teletion of the metal of the m

schooler at Alameda in Farmington.
"He's friendly but sometimes he bites. He licks me when he's sleepy. I give him hugs and kisses."

sleepy. I give him hugs ant kasse."

The youngster is so onesome for Leo that he pleads with his baby-sitter, Gall Massey, to bring her dog to the Cafollar house.

"T've been taking him over every day, and Christopher loves him to death. Chris really loved Leo. He had wanted a dog for a long time, and he spent a lot of time with him." said Massey, who has had no response from a lost-and-foomd as the placed in the Observer.

Leo is caramel-colored with long cars and a short tall, and wears a white flea collar and belt.

She's "very rambune-tious, loves people and is very well behaved. She probably would go to myone," said Massey, who is playing with his cars and rucks a lot lately, would appreciate a call at 474-0138 from anyone who's seen Leo.

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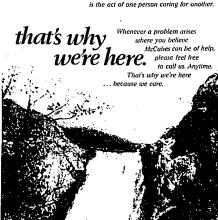
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