

Red cherries are Valentines perfect

Color perception depends upon many complex scientific factors. Conditioning and training, however, influence color perception of many objects, including foods. For instance, apples are expected to be red, green or yellow and never blue.

Valentines and George Washington's cherry tree create expectations of the color red. Home economists have developed two timely recipes that permit us to fulfill color and taste expectations of the ingredients. Maraschino cherries flavor, as well as color, Angie Souffle. Red tart cherries add color and excitement to Date-Cherry Crumble Dessert.

ANGIE SOUFFLE
1 package white angel food cake mix
1 package (8 ounces) cream cheese, softened
1 cup sugar
1 tsp vanilla
2 cups chilled whipping cream
1 jar (10 ounces) maraschino cherries, drained
1 cup miniature marshmallows

Bake and cool cake as directed on package. Tear cake into about 1-inch pieces. Beat cream cheese, sugar and vanilla in small bowl on medium speed, scraping bowl occasionally, until smooth and creamy. Beat whipping cream in chilled bowl until stiff. Gently fold whipped cream, cherries and marshmallows into cream cheese mixture.

Press cake pieces and cream cheese mixture. Make 4-inch band of aluminum foil 2 inches longer than circumference of 6-cup souffle dish. Ex-

tend dish by securing band around outside of dish. Turn angel food mixture into dish. Refrigerate until set, about 8 hours. Refrigerate any remaining souffle. 12 to 16 servings.

DATE-CHERRY CRUMBLE DESSERT
1 package date bar mix
1 can (16 ounces) pitted dark sweet or red tart cherries, drained and coarsely chopped
Whipped cream or ice cream
Heat oven to 375°. Prepare date mix and crumb mix as directed on package. Stir cherries into date mixture. Press half of the crumb mixture lightly in ungreased square pan, 8x8x2 inches.

Top with cherry mixture. Sprinkle remaining crumb mixture over cherry mixture. Bake until crumb mixture is golden brown, 30 to 35 minutes. Serve warm with whipped cream. About 8 servings.

These two desserts which feature the color red are ideal for Valentine's Day or George Washington's Birthday.



pilot light Greg Melikov

Get spaghetti from pot easily

Are you a gadget grabber? Do you reach for some gizmo hanging from a supermarket hook even though you aren't sure when you will use it? Later, does the gadget go into the kitchen drawer with your other time-saving devices?

You probably wished you could have seen the empty card — "Keep me full because customers want me" — the supplier's ingenious way of telling shoppers that an item has sold out.

In the interest of helping you kick the gadget-grabbing habit, Pilot Light from time to time will test inventive devices, but the purchase price will be close to one figure. There will be two ratings: try it or forget it.

Pasta lovers, meet the spaghetti server. When pouring the cooked strands into a colander, do you get a face full of steam? This clever creation allows you to transfer the pasta directly from pot to bowl with ease.

The server is pure nylon, with a handle about eight inches long that bends inward in the middle. The serving end resembles a hollowed out back scratcher with teeth. It also can fish out boiling eggs and works with meatballs.

When dipping into the pot of spaghetti, keep the teeth face up. The strands catch, the water drains back into the pot and you deposit the pasta where you desire. When most of the spaghetti is removed, empty most of the water and snap the remainder. If you cooked the spaghetti with a little oil, nothing should stick to the pot.

After placing the pasta in a serving bowl for mixing with sauce, meat, fowl or vegetables, it can be dished out to smaller bowls or plates with equal efficiency.

The spaghetti server should cost less than a buck. It is a change well spent.

TURKEY TETRAZZINI
2 tbsp margarine
2 tbsp chopped onion
1 cup chicken broth
1 can (10 1/2 oz.) cream of mushroom soup
2 cups cubed cooked turkey
1 tsp chopped parsley
1/4 tsp white pepper
1 can (4 oz.) mushroom stems and pieces, drained
1 package (8 oz.) spaghetti, cooked

In Dutch oven, melt margarine on medium heat, lightly brown onion, add broth, then soup and stir until smooth. Add turkey, parsley, pepper and mushrooms, reduce heat to low and cook 5-7 minutes, occasionally stirring. Drop in spaghetti, stir and heat through. Yields 4 heaping portions.

CHICKEN AND SPAGHETTI
2 chicken breasts, boned, skinned and diced
1 stick margarine
1 tsp olive oil
8 mushrooms, sliced
1 tsp salt
Milled black pepper to taste
1 package (1 lb.) spaghetti, cooked
2 tbsp grated Parmesan cheese

In large skillet, cook chicken in 6 tbsp melted margarine mixed with oil on medium high heat 10-12 minutes, stirring often. Add mushrooms, cook 2-3 minutes, stir in salt and pepper, remove from heat and keep warm. In large bowl, toss spaghetti with remaining margarine and cheese, then with half of chicken-mushroom mixture. Serve in soup bowls and top with remaining chicken-mushroom mixture. Yields 8 heaping portions.

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