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daily

married every day to keep the relationship strong, the experts said

"You have to keep working at the process of building and growing to-gether." Tolles said.

"It's an ongoing process," Hughes agreed. "The decision has to be made each day to committ yourself to marriage and keep working on it. And it doesn't come naturally — it just isn't so. But that (working on it) is where the satisfaction comes in.

For reference

A list of books to consult on marriage

Those who want to further explore the issues surrounding marriage may consult the following books:

"Mirages of Marriage" written by William J. Lederer and Don Jackson; published in 1968 by Norton in New York, N.Y. Addresses the false assumptions of marriage, types of marriage, the major elements of a satisfactory marriage, the destructive elements in marriage and how to get help from a professional. Also includes an comparison test for compatibility of values.

"A Couple's Guide to Communica-ilon" written by J. Gottman, C. No-tarius, J. Gonso, H. Markham; pub-lished in 1976 by Research Press Co.

in Champaign, Ill.
"Making It Together as a Two Career Couple" by Marjorie and Morton Shaevitz; 1979, Houghton Milllin in Boston, Mass.

"Unconditional Love" by John Powell: 1978. Argus Communica-

tions, Allen, Texas.
"Pairing" by George Bach and Ronald Deutsch; 1971, Avon, New York, N.Y.

"Why Marriage: A Reality Thera-pist Looks at Married Life" by Edward Ford; 1974, Argus Communications, Allen, Texas.

This list was compiled by marriage counselor Bob Tolles of Associated Counseling Services, Plymouth.

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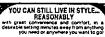
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