Workshop address career planning

The career planning and placement office at St. Mary's College has an-nounced a series of career planning workshops to be held each Tuesday in March, open to the public and free of charge. The workshops will be held in the Dombrowski Fieldhouse on the campus of St. Mary's College. Following is a list of the subjects and times:

Following Is a list of the subjects and times:
"Resume Writing" will be presented twice by Sr. M. Danatha, director of Cooperative Education and Placement at Madonna College, 4:30-6 pm. and 7-8:30 pm. March 1. Those attending may choose either time.
"Job Interviewing Techniques," the dos and don'ts of the interview and videotaping of practice interviews will be conducted by Diane Pike, M.A., Guldance and Counseling, 4:30-6 pm. March 8.

March 8.
"Job Hunting Skills," issues such as employment outlook, career options, self-awareness and decision making will be discussed twice by Sr. M. Dana-tha and Helen Wilson, M.S.W., director of the Office of Career Planning and

Placement at St. Mary's College, 4:30-6 p.m. and 7-8:30 p.m. March 15.

A presentation of "Michigan Occupational Information System" (MOIS), an up-to-date and easy-to-use source of occupational and related educational information, which includes a comprehensive list of occupations to match needs and inforests of Individuals, will need and inforests of Individuals, will need and inforests of Individuals, and 7-8:30 p.m. March 22.

A career panel, consisting of speakers from education, business, science, religion, and communication arts, will discuss employment outlook, salary, job description, career advancement, and job pre-requisites, 4:30-6 p.m. March 29. Participants can ask individual questions of the panelists.

The workshops can fill a need for those who are unemployed or are changing positions and wish to develop some proficiency in preparing for another job.

St. Mary's College is at Commerce and Orchard Lake Road, Orchard Lake, For further information, call 682-1885.

Improve relationship through therapy

The University of Detroit Psychology Clinic is now forming therapy groups for adults 18 and older who want to improve their Interpersonal relationships and increase their social skills.

Dr. Paul Kay, director of the new program, said its purpose is to help adults identify and overcome obstacles to establishing and maintaining meaningful relationships with others.

"The therapist helps the participants examine their exchanges on both group and individual levels," he said. "That enables them to increase their understanding of effective Interpersonal communication and, individually, to see the things they are doing that interfere with their relationships. The group also provides a controlled environment in which each participant can work on developing more rewarding patterns of social interaction."

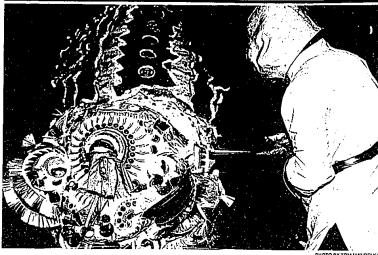
In addition to benefiting people who

have had difficulty with interpersonal relationships, group therapy helps those who are dealing with stressful situations.

"The group becomes a support system for its participants," Kay said.
Each group of five to eight adults will meet one night weekly at the Paychology Clinic of U-D's McNichols! Campus, Both short-term groups, meeting 10 to 14 weeks, and longer-term groups will be formed.
Graduate students in the University's Ph.D. program in clinical psychology will serve as the group therapitst, onder the supervision of licensed psychologists.

Fees for the therapy will be set on a sliding scale to enable adults to participate, regardless of their income.

For additional information, call the University of Detroit Psychology Clin-ic, 927-1269.



Нарру New Year

The Chinese New Year was hailed at Farmington Hills' Wing Hong restau-rant Sunday with rant Sunday with the performance of the lions' dance by the White Crane Kung Fu Club. The "teaser" (right) led the lion (left) through the kitchen and dining area. The dance, an ancient Chinese new year's tradition, is meant to bring good luck and prosperity to the business. The lion deveured a pot full of money, vegetables and a money tree — a good sign tree — a good sign tree - a good sign for the Year of the

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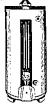
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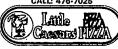
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