

# Educator says, Female stereotypes haunt textbooks

By Sharon Dargay  
staff writer

More teachers today are aware of women's history — but sex-role stereotyping still pervades many social studies textbooks.

That's the observation of Grace Kachaturoff of West Bloomfield, a social studies professor at the University of Michigan-Dearborn campus. Kachaturoff was honored last week for her leadership in promoting equal rights for women, specifically in the area of textbook evaluation.

She's a member of the state Board of Education's textbook evaluation committee and a recipient of the university's Susan B. Anthony Award. The honor is given annually to a member of the campus who contributes to the advancement of women.

"There's been very little change in textbooks, but I think there's a greater awareness of teaching about women," Kachaturoff said.

"There are more books than there used to be that depict women in a variety of occupations rather than just as housewife. But women aren't made an integral part of the text. Generally, women are dealt with in a special section inserted in the book. That's also true of other minority groups."

KACHATUROFF EDITED THE 1978-79 report on Michigan social studies texts, which found numerous examples of sex bias in learning materials. She

updated the report in 1980-81 and is involved in co-going study.

"One thing that was interesting about the last study is that we used teachers for the first time to (evaluate) the books," she said. "Some of them had never looked at their textbooks carefully. They weren't aware of how and what (women's history) they were teaching."

"But even a book that's biased can be excellent to use in the class. You can start off by talking about why it doesn't include anything about women or how it treats the subject."

Kachaturoff became interested because interested in women's issues and textbook evaluation while teaching social studies in the Dearborn school sys-

tem from 1947-70. One of five women who have attained full professorship at the Dearborn campus, Kachaturoff joined U-M in 1970.

"I helped initiate a chapter of the Commission for Women on this campus. And I'm very concerned about the number of women represented on the faculty."

COLLEAGUES ALSO contend that Kachaturoff provides a role model for other women on campus.

"She's a hard-working, dedicated woman with high standards. I'd like to see her become a coordinator of the campus Women's Center," she said. "She's a scholar, an activist and an author. The fact that she has worked to see that women are included in textbooks is admirable."

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# Nursing and law discussed at Mercy

Lucie Young Kelly, R.N., will teach a Nursing and the Law workshop at Mercy College of Detroit, 8:30 a.m. to 5 p.m. Tuesday, April 5.

Kelly has been involved in nursing through her writings, teachings and practice. A baccalaureate and master's graduate from the University of Pittsburgh School of Nursing, she received her Ph.D. from the School of Education with a major in higher education and a minor in nursing education.

She holds a dual appointment as professor of public health and nursing in the school of public health and school of nursing, Columbia University, where she has developed a program for nurse administration. She is also an elected fellow of the American Academy of Nursing.

IN RECENT years because of an increase in health-related lawsuits, nurses have found it increasingly important that they know and understand their legal rights and responsibilities. Nurses will have the opportunity to examine the Nurse Practice Act and its influences on the profession during the workshop, sponsored by the Mercy College Office of Continuing Education and Center for Nursing.

Workshop topics will include: determining what you can legally do, newer trends in nurse licensure, common negligent acts in nursing, accountability, common charging mistakes, and rights of nurses.

MAJOR CURRENT issues in patients' rights will also be addressed including the patient's access to records, informed consent, the confidentiality of records, and the rights of the helpless.

Co-sponsors of the workshop are: Botsford General Hospital, Farmington; Mount Carmel Mercy Hospital, Detroit; Mercy Hospital, Port Huron; Huron Hospital, Detroit; William Beaumont Hospital, Royal Oak; Samaritan Health Center, Detroit; Catherine McAuley Health Center, Ann Arbor; St. Joseph Hospital, Pontiac; and Holy Cross Hospital, Detroit.

THE \$50 workshop fee includes registration, lunch, materials, and refreshment breaks. Nurses employed at hospitals listed as co-sponsors will be charged a reduced fee of \$30. Registration deadline is March 21.

For further information or to register, call 592-6101.

# Cheese is distributed

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All of us want good health. But many of us forget that everyone is responsible for maintaining his or her good health. It's not a matter of luck. You've got to work at it. Test yourself. Find out how much you know about first aid, accident prevention, reducing your risk of heart disease and home nursing skills. This is not a pass or fail test. Its purpose is to tell you how well you're doing in maintaining good health.

- What should you do in control bleeding from a wound?  
a. Apply pressure directly over the wound.  
b. Run cold water over the wound.  
c. Apply a tourniquet.
- What is the most effective way to begin changing a personal risk factor for heart disease?  
a. Don't worry about it.  
b. Set a deadline date for change.  
c. Identify the situations and conditions which influence the behavior(s) you wish to change.  
d. Work harder at developing willpower.
- The best place to check the pulse in an emergency is at the:  
a. Upper arm.  
b. Neck.  
c. Wrist.  
d. Thigh.
- Which heat burns may be cooled in water?  
a. Thin burns that are not open.  
b. Deep burns that are open.  
c. All heat burns.  
d. No heat burns.
- You should wait at least 10 minutes before taking the temperature if the person has been:  
a. Running.  
b. Smoking.  
c. Drinking coffee.  
d. Eating ice cream.  
e. All of the above.
- Overweight individuals are at greater risk for:  
a. Diabetes.  
b. Gall bladder disease.  
c. High blood pressure.  
d. All of the above.
- What are the most common symptoms of high blood pressure?  
a. Dizziness.  
b. Headaches.  
c. Heart palpitations.  
d. No symptoms, usually.
- How can you tell if your blood pressure is up or down?  
a. By how you feel, physically.  
b. By your emotions.  
c. By your pulse rate.  
d. By having it checked regularly.
- After an accident, there is no sign of blood. The victim is cold, moist skin and feels pain and tenderness in the abdomen. The victim probably has:  
a. Pulmonary arrest.  
b. An infection.  
c. An internal injury.  
d. Cardiac arrest.
- Which of the following nutritional statements is not correct?  
a. Eggs are a good source of protein.  
b. Vitamin D helps build strong bones and teeth.  
c. Vitamin C maintains muscle tone.  
d. Good sources of vitamin A are green and yellow vegetables.

**ANSWERS:**  
(1)c (2)c (3)d (4)b (5)c (6)d (7)d (8)d (9)c (10)c

Score 10 points for each correct answer.  
100 or 90 — Excellent! Your answers show you're aware of the importance of maintaining good health. Just remember, you can call Red Cross anytime anyone in your family needs health instruction.

80 or 70 — Good! But, there's room for improvement. Call Red Cross for a listing of the health and safety courses available at your local chapter.

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