YMCA highlights

The Farmington Area YMCA provides a variety of services for youth and adults in the community. Further information may be ob-tained by calling 553-4020 between 9 a.m. and 10:30 p.m. daily.

MICHIGAN PANTHER FAN CLUB — Enjoy the best football in town by going to watch the Michigan Panther professional football team in action on Sunday, April 17. See live USFL action at the Fonitae Silverdome. One price includes game licket and transporta-tion to and from the game. Game time is 1:30 p.m. The van leaves the YMCA at 12 non. Fee is \$10 for member and \$14 for non-member.

DROP IN SLEEP OVER - Middle school only. An electronic sleep over with five electronic games, swimming, racqueiball, movies and gym games.

The Y will be sponsoring two skeep overs with special themes. The first one is March 19. (suitoring games (free for all to play) and the sale-ond is a Spring Frever skeep over on April 16. For both skeep over, all mid-die school students should bring aleep-ing bog, swim suit, gym ahoes and towel. Enrollment in both is limited. Drop off time is 8 p.m. with pick up at 9 a.m. the following morning, March 19 Electronic Skeep Over. 310 member and 317 for non-member (fee includes free games.)

SPECTACULAR SPORTS SHORTS "VACATION PLUS" - For grades 1-5, the Spectacular Sports Shorts, from 1:30-4 pm., April 4-8, will feature ac-tivities such as indoor soccer, racquet-ball, team handball, kitch ball, baseball, floor hockey, relays and more. Each day will include a free swimming per-ied. Fee for members is \$13 and non-

members is \$20. HAVE A YMCA HEALTHY BACK — A medically approved exercise pro-gram for persons with a bad back. This class teaches stretching, relaxation and strength acrecises. A book and take-home cassette tape are given to each student. Wear comfortable clothing. Persons under doctor's care must bring a release note to the first class. Class runss from 8-9 p.m. Tuesday and Thursday. First class meets Tuesday, March 15. Fee is \$35 for members and \$50 for non-members. \$50 for non-members.

YOUTH T-BALL (grades 1-3) — T-Ball is limitar to baseball. The ball is placed on a tee to insure that each child has the opportunity to hit the ball. No walks, no strike outs. A program de-signed for each individual to develop (undamental baseball skills along with teamwork. Registration date is April 1-25. Practices played on Saturdays be-ginning May 7. Fee Is \$15 or members and \$20 for non-members.





The Academy of the Sacred Heart, Bioomfield Hills, has announced plans for a new program, Summer at Sacred Heart. The program will ran June 27 through July 28 and Will ofter a variety of co-educational courses for children ages 4-18 as well as adults. Course offerings will be divided into five categories: scademic enrichment, recreational, fine arts, business skills

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Informal Modeling Friday, March 18 11 a.m. to 4 p.m. Birmingham Comfortable, casual, easy-to-wear: that is the message from today's young fashion innovators Join us for a day of informal modeling and see these fresh, lovely fashlons by an array of talented individuals including Norma Kamali and Willi Smith...crisp, carefree apparel for the lighthearted woman, 4-14,

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